ACTIVESHOP®

USER MANUAL

Balance Eso 2 Electric Rehabilitation Table for Massage and Physical Therapy

YH-8934 Grey



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Thank you for choosing our product.
Please read the user manual before first use and keep it for future reference.

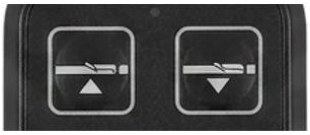
The Balance Eso 2 rehabilitation table for massage and physical therapy with electric height adjustment was designed for professional physical therapy, rehabilitation, and massage practices. It is ideal for manual therapies, rehabilitation treatments, and working with patients who require individualized positioning. Its refined design and aesthetic finish make this model a perfect fit the furnishings of modern physical therapy, rehabilitation, and wellness centers.

Technical Specifications	
Upholstery material	Synthetic leather
Filling	High-density foam
Number of actuators	1
Input voltage	220–240 V / 50 Hz
Maximum lifting capacity	200 kg
Remote control	wired

Safety warning

Be sure to lock all casters before the patient gets onto the table.

Remote Control Functions



Height adjustment—press and hold the button to raise or lower the table; release the button to stop the movement.



Lock: Hold the button for 3 seconds to activate or deactivate the function

Before adjusting the height, check the space under the table and remove any obstacles. Once the table is positioned, lock all the casters.
For added convenience, you can hang the remote control on the holder by the tabletop, which prevents it from getting in the way while you work.

Headrest Adjustment

The backrest is equipped with a built-in gas spring for manual adjustment to multiple angles of inclination.

- Adjusting upward: Gently pull the headrest upward until the desired angle is achieved. The gas spring will automatically engage the lock (within the range of 0° to 44° upward).
- Lowering: Hold the headrest with your hand, pull the release lever located underneath, and slowly lower the backrest. Releasing the lever will lock the headrest in place (within the range of 0° to 37° downward).



Replacing the headrest cushion inserts—change them as needed:

- Flat cushion – creates a uniform, flat surface for treatments while lying on your back or stomach (Fig. 1).
- Contoured cushion – used for treatments in the prone position (Fig. 2).
- Integrated round face hole, built directly into the table's structure. It allows for unrestricted breathing without having to turn the head to the side, protects the cervical spine and shoulders from muscle tension, and maintains the spine in a completely neutral, safe position (Fig. 3).



Fig. 1



Fig. 2

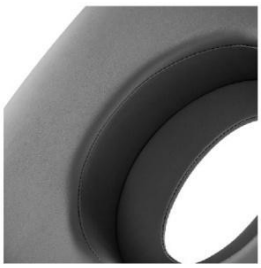


Fig. 3

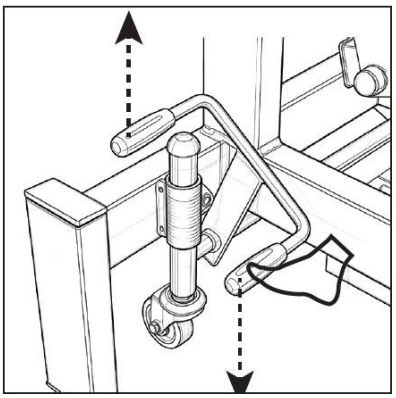
Towel or sheet holder for rolls

A practical holder located near the footrest allows you to conveniently hang a towel or roll of padding.



Moving the Table and Operating the Casters

1. Lift the wheel brake to unlock the wheels; grasp the table frame to move it smoothly.
2. Press the brake pedal with your foot to securely lock all casters before seeing patients.



Cleaning, Care, and Maintenance

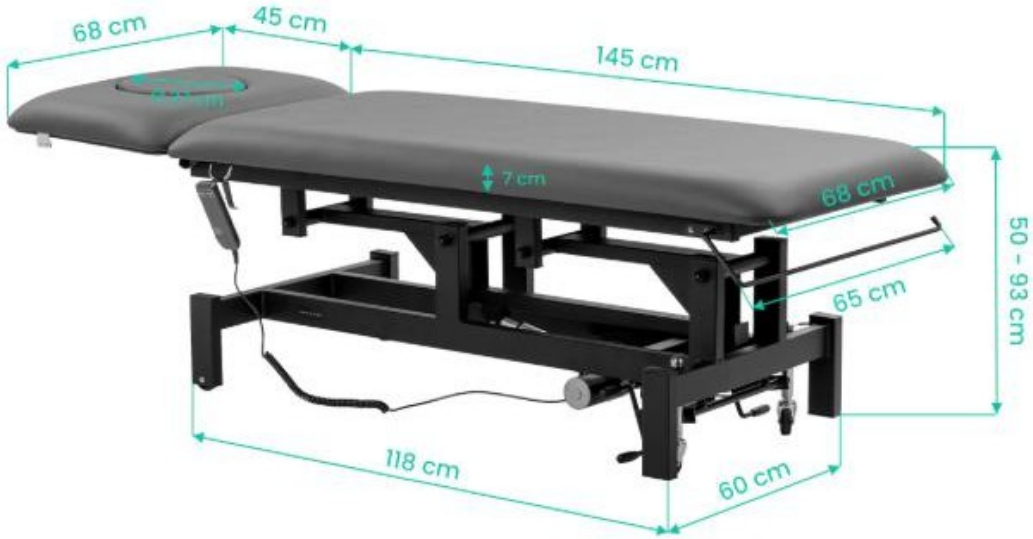
- **Daily Cleaning**
  - Upholstery: Wipe the synthetic leather surface with a cloth dampened with a neutral disinfectant. Avoid strong bleaches and corrosive solvents.
  - Metal frame: Remove dust and stains with a soft, dry cloth.
  - Remote control: Wipe only the surface of the casing; never submerge or spray liquids directly onto the electrical components.
- **Regular maintenance**
  - Check that the wheel locks are working properly and remove any debris from the wheel axles.
  - Inspect the gas spring bolts and the backrest; tighten any loose fasteners.
  - Clean the lifting frame joints; lubricate them if you hear any grinding noises.

- Inspect the power cord for wear, cracks, or damage.
- Test the full range of height adjustment to detect any unusual motor noise.
- Make sure the gas spring holds the backrest securely at the desired angles.
- Inspect the frame welds and all fasteners.

Recommendations

1. The maximum load is 200 kg. Do not jump on the device or place heavy objects on the tabletop.
2. During electric height adjustment, keep your hands, feet, and foreign objects away from the lifting frame.
3. Before the patient gets onto the table, make sure all casters are locked. Casters may only be unlocked while moving the table.
4. The wired handheld remote control may only be operated by trained personnel. Children should not be left unattended near the device.
5. Do not spray water or liquid disinfectants directly onto the electric motor, wiring, or lifting mechanism.
6. Stop use immediately if you hear unusual noises, experience jamming, or notice structural deformation. Do not disassemble the motor, gas spring, or without the manufacturer's authorization.
7. This device is intended for indoor use. Prolonged, direct exposure of the upholstery to sunlight is prohibited.

Device Dimensions



The maximum table load is 200 kg.

Troubleshooting Guide

Symptom	Possible cause	Solution
Unable to adjust ; remote control buttons do not respond	Power disconnected; loose plug; remote control is locked	Check the power outlet; press and hold the lock button for 3 seconds to unlock
The table makes an unusual noise when lifting	Lack of lubrication at the lifting frame joints	Clean the moving parts and lubricate them

The backrest does not maintain the set angle	Worn gas spring or loose connecting parts	Stop using the product and contact the service department
The wheels do not lock securely	Brake jammed by debris	Remove foreign objects from inside the wheel mechanism
Discoloration on the leather surface	Contact with a corrosive disinfectant or prolonged exposure to sunlight	Replace the upholstery and improve conditions at the place of use

If the above solutions do not resolve the issue, stop using the product immediately and contact customer service. Unauthorized repairs performed on your own will void the warranty.

Recommendations

1. Make sure you install the device on a flat, stable surface to reduce the risk of it falling and becoming damaged.
2. Never leave the device plugged in and unattended.
3. Use the device only for its intended purpose as described in the manual.
4. Never use this device if the cord or plug is damaged.
5. Do not use the device if it is not working properly or if it has been dropped, damaged, or submerged in water.
6. Do not pull directly on the cord to unplug the device from the outlet.
7. This product is for indoor use only. Do not expose it to direct weather conditions.
8. Clean the device periodically to prevent dirt buildup. It is best to clean the device with a damp cloth.
9. Do not wrap the power cord around the device.

Safety Precautions

1. This device is professional equipment intended for use in beauty salons. To avoid adverse effects during treatment, the device must be operated exclusively by qualified beauty professionals.
2. Do not disassemble the device or attempt to use it for purposes other than those specified in this user manual. All maintenance and repairs must be performed exclusively by an authorized service technician (ACTIVESHOP Sp. z o.o.).
3. Do not install or operate the device near liquids, in wet areas, or with wet hands. Ensure that no liquids enter the device.
4. Immediately unplug the device from the outlet and contact the authorized service center provided by ACTIVESHOP Sp. z o.o. in the following cases: a) liquid has entered the device, b) the device emits a strange odor, smoke, or makes unusual noises, c) the power cord has been damaged, d) the device has been knocked over or its housing has been damaged.
5. Do not place any objects on the cables. Do not install the device in locations where someone might step on the power cord.
6. For safety reasons, unplug the power cord from the outlet after each use of the device.
7. Do not place any foreign objects inside the device. If a foreign object gets inside, unplug the power cord from the outlet and contact the distributor or manufacturer.
8. Do not place the device on an unstable cart, shelf, or vehicle. If it falls, the device may be damaged.
9. To ensure the device’s specified service life, it is recommended to wait one minute before pressing the power button again (between turning it on and off and vice versa).

10. The power supply must comply with the specifications listed on the nameplate. Otherwise, there is a risk of the device malfunctioning, being damaged, or even catching fire.

CAUTION

1. In the event of damage to the power cord or other malfunctions, contact an authorized service center— this will help prevent danger.
2. This device may be used by children aged 8 and older, by persons with reduced physical or mental capabilities, as well as by persons unfamiliar with the operation of this equipment, provided they are given appropriate supervision or instruction on how to use it safely and understand the associated risks.
3. Do not leave the device unattended when children or people who lack sufficient knowledge of how to use the device are nearby.
4. This device is not intended for use by children as a toy. Do not allow children to play with the device.
5. This electrical device is not a toy. Improper use of or contact with the may pose a risk of injury or death; therefore, the device must be used and stored out of the reach of children.

Disposal of the device



To protect the environment, in accordance with Directive 2012/19/EC on waste electrical and electronic equipment, used electrical devices must be collected separately and taken to collection points for waste electrical and electronic equipment. Follow the guidelines for disposing of this type of equipment and do not dispose of it in household waste bins.

At the end of their useful life, these devices still contain valuable components suitable for recycling; therefore, they should be sent for recycling to appropriate collection points or to ACTIVESHOP Sp. z o.o.

Storage and Transport

The device should be transported at temperatures ranging from (–)20°C to (+)40°C exclusively in its original packaging. Store it in a well-ventilated room with a relative humidity of no more than 90%. Operating temperature range: from (+)10°C to (+)40°C. During storage and transport, the device must not be thrown or dropped, nor should it be exposed to mechanical shocks or the elements.