

amoena

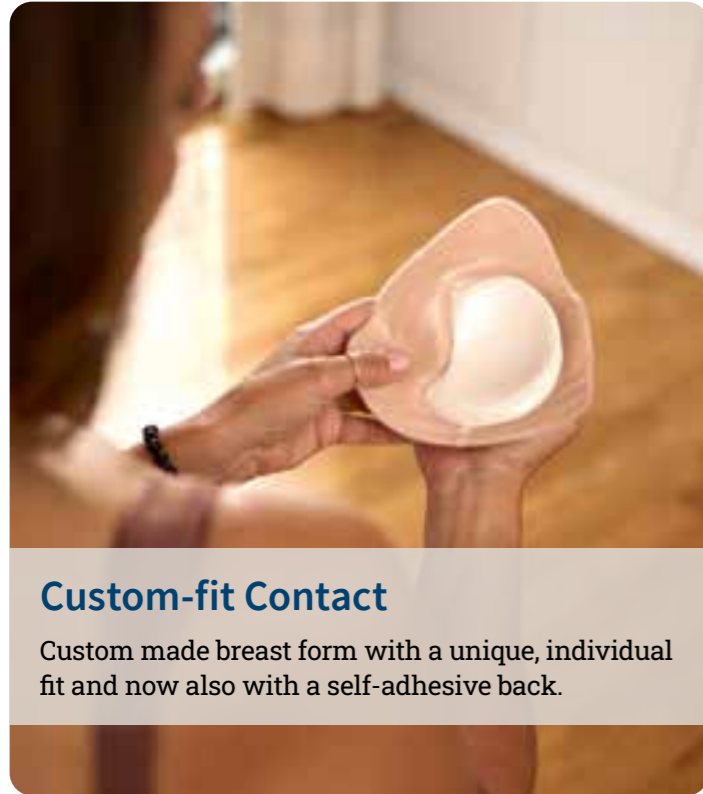
Breast Care. Empowering women.



# PRODUCT CATALOGUE 2024/25

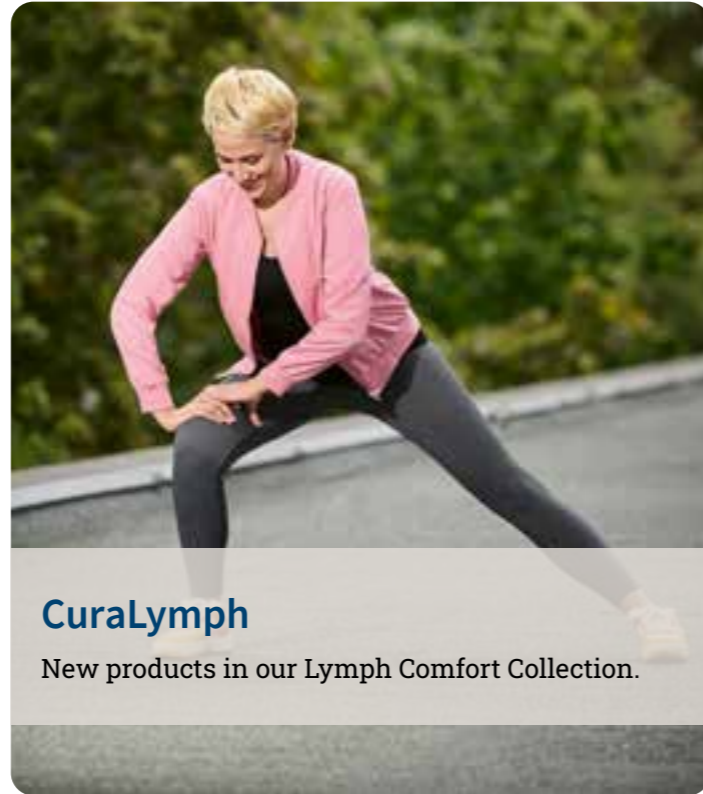
Amoena. Your solution.

# NEW RANGE 2024



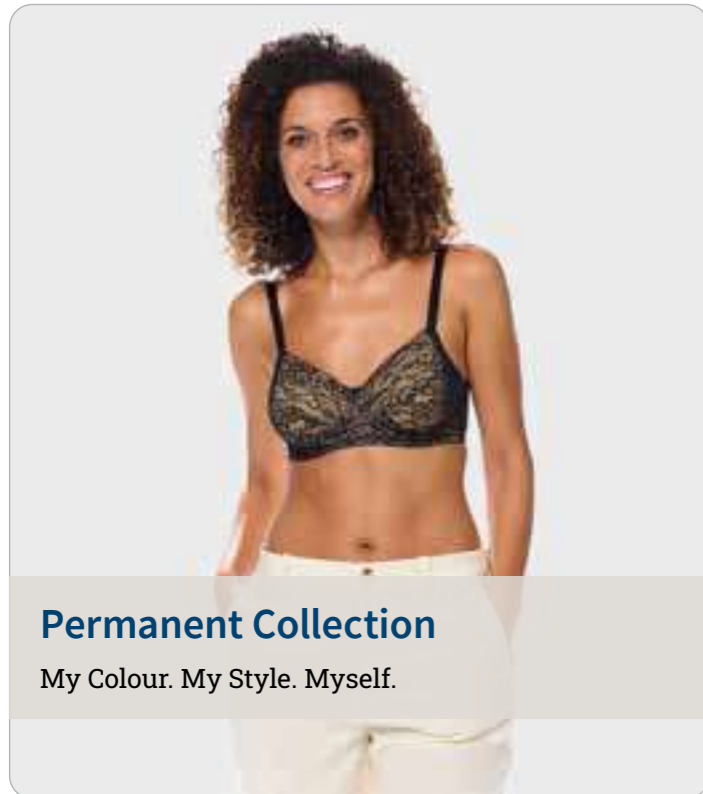
## Custom-fit Contact

Custom made breast form with a unique, individual fit and now also with a self-adhesive back.



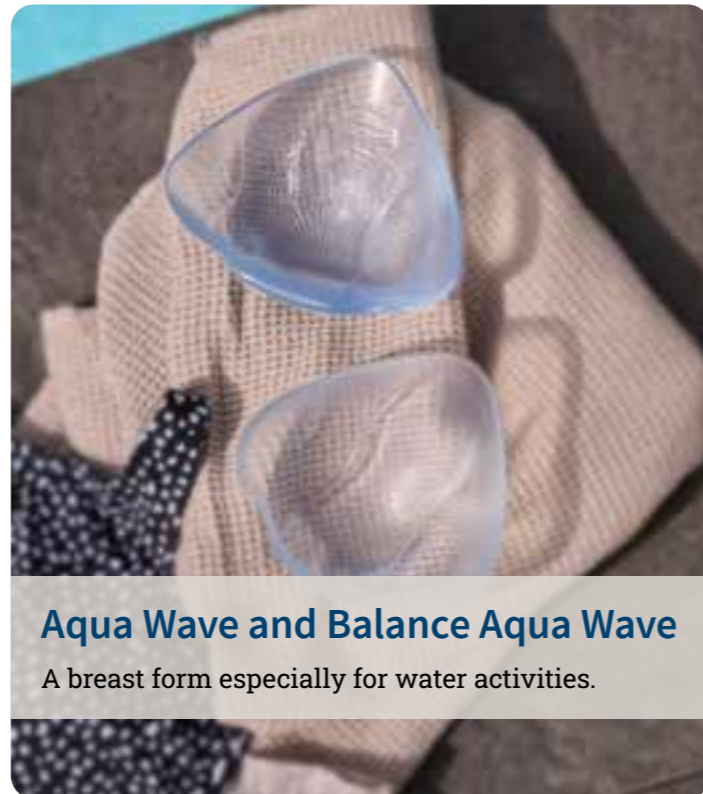
## CuraLymph

New products in our Lymph Comfort Collection.



## Permanent Collection

My Colour. My Style. Myself.



## Aqua Wave and Balance Aqua Wave

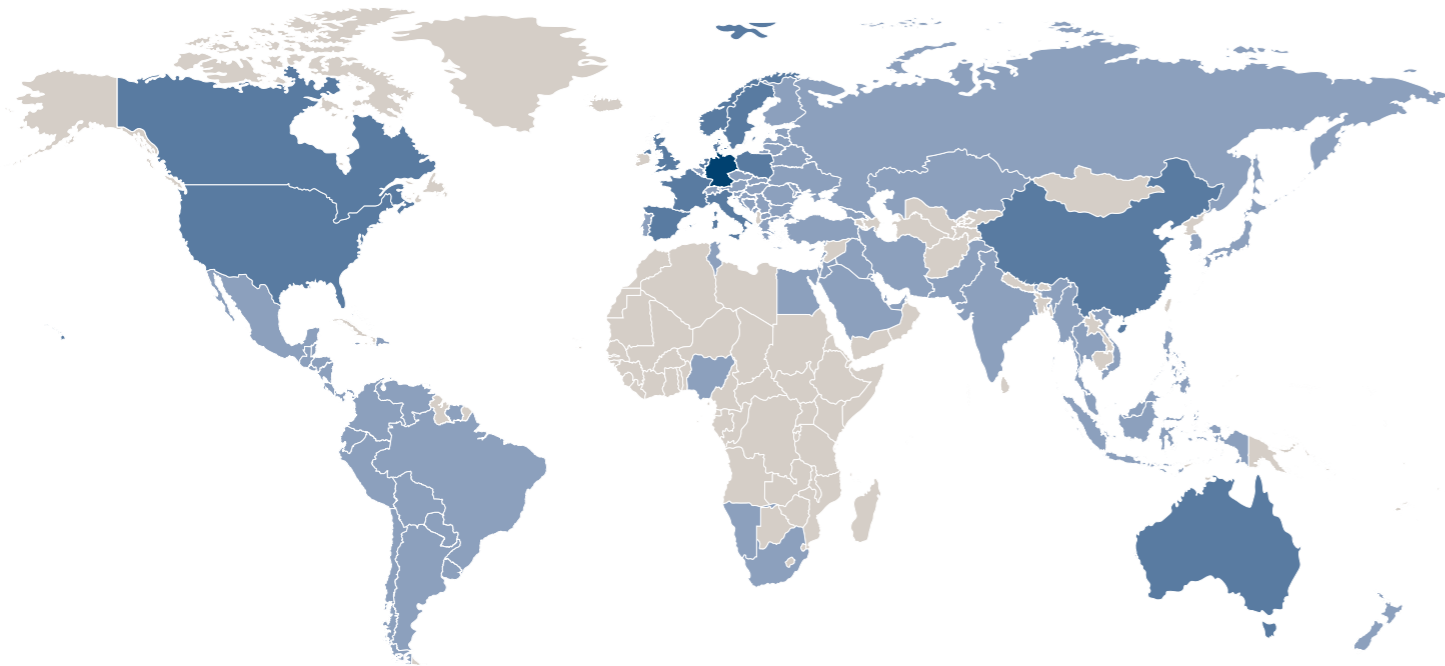
A breast form especially for water activities.

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# AMOENA AT A GLANCE



- Head office in Raubling, Bavaria
- 14 Subsidiaries
- Distributors

# AMOENA IN NUMBERS



Approx. **380 employees**, 210 of them are located at the production site in Raubling



Represented in more than **75 countries**



**Every minute, five** Amoena products are purchased



Approx. **250 tons** of silicone being processed in a year



Approx. **16,000** retailers worldwide



Approx. **6,000** product variants



Produced over **18 million** breast forms



Over **36 million** Breast Care Textiles sold

## Leading the way in modern breast care:

Amoena is the world's leading breast care brand and the developer of the first silicone breast form.

Almost 50 years of experience and the strictest quality guidelines guarantee the highest product quality. To support women on their journey through breast cancer, Amoena offers product solutions that are designed to complement each other and work together perfectly.

From Recovery Care to Breast Forms, Lingere & Swimwear and Lymph Care, Amoena products are designed to support women from diagnosis to the return to their everyday lives and beyond.

**Amoena – by women for women. 81% of our employees are female.**

## Quality – handmade in Germany

With passion and our worldwide unrivalled expertise, we develop and manufacture products that restore enjoyment for life and self-confidence. Our breast forms are handcrafted with the greatest care, exclusively at our production site in Raubling. This is the site where our recovery care products and special textiles are developed and designed. Through good and close relationships we inspire, strengthen and support our partners. We want to ensure that women receive the best possible service and products which are tailored exactly to their needs.

Today, around 380 employees worldwide are working towards this goal – around 210 of them in Raubling, Bavaria – passionately and fully committed.

# AMOENA – YOUR PARTNER IN BREAST CARE



## AMOENA. YOUR SOLUTION.

**Amoena – Your partner to accompany you along your way, committed to supporting you rebuild your confidence.**

Trust and experience are two major foundations of our company. Our history is characterised by quality, innovation, decades of medical knowledge and our constant striving for the best materials and technologies. Our passion becomes your solution – from diagnosis to your return to everyday life. We are more than just a company, we are there for you on your journey after a breast cancer diagnosis to make your life easier. Our customised solutions are designed with functionality in mind, they're also about style, because you deserve to feel great in every situation.

**Let's be strong together. #EmpoweringWomen**

# THE STORY BEHIND THE



Our model, Matea, has had breast cancer surgery

In the context of the word **amoena**, the letter **O** doesn't have a specific meaning by itself. **Amoena** is a Latin word, an adjective that means **pleasant** or **lovely** in English.

It describes something that is delightful, agreeable, charming, or pleasing. The word **amoena** itself is derived from the verb **amo**, which means **I love** or **I like**. So, while the **O** is pronounced when we say **Amoena**, it's no more significant than a sound.

Perhaps in the context of breast cancer, **O** brings to mind the word oncology. The medical professionals and specialists involved in breast cancer care can include surgical oncologists, medical oncologists, and radiotherapy oncologists, all of whom play crucial roles.

But we prefer to give the **O** much more heartfelt meaning. When you see it in our branding, we hope you think of:

### The Original.

Amoena is the original – We created the first film-covered silicone breast form in 1975. Then, we built on that to create the first 2-layer breast form, the first breast form with an adjustable Air Chamber, the first Valletta top, and many other innovations.

### Options.

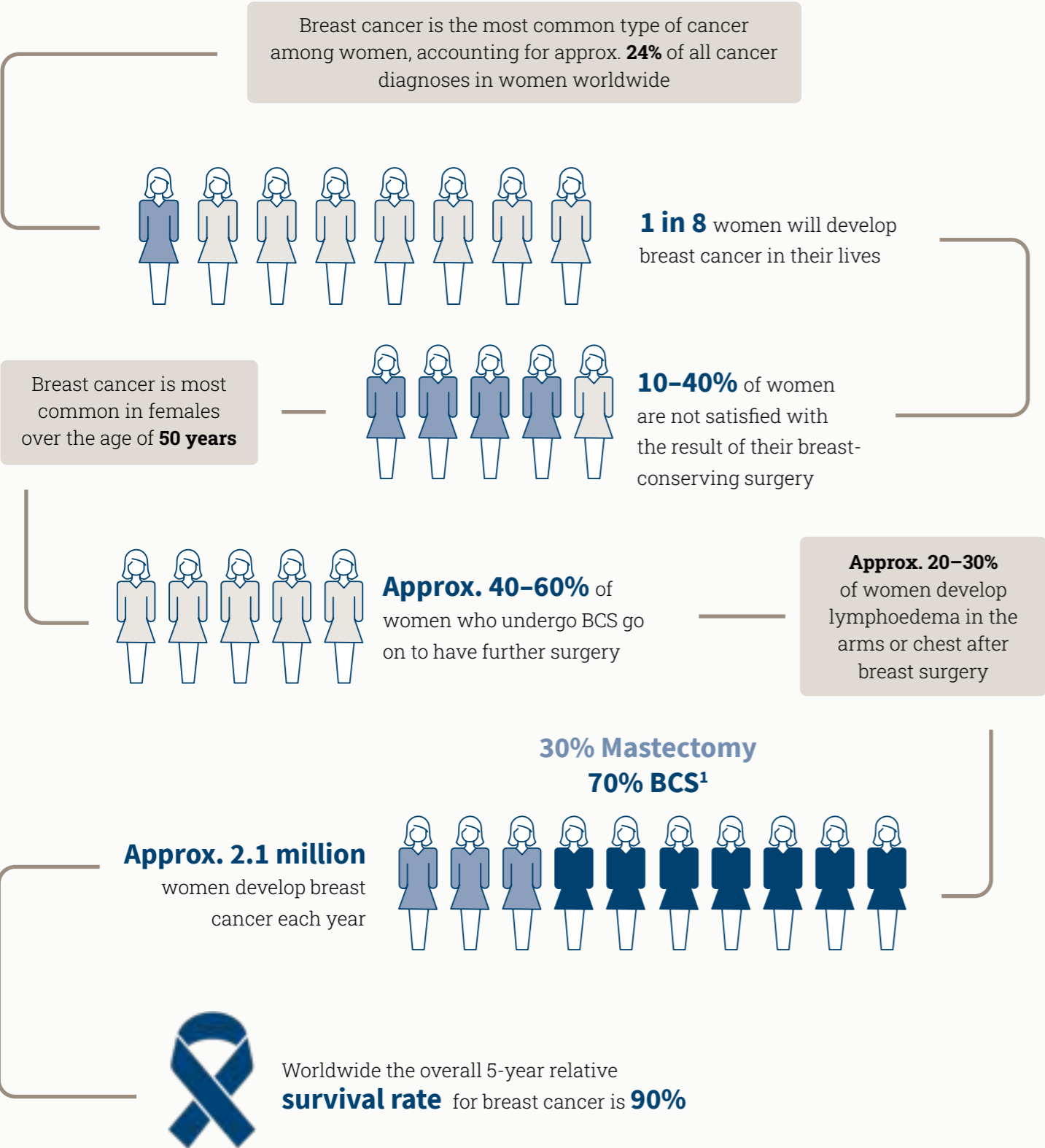
At Amoena we know that one size doesn't fit all. We recognise the importance of choice, and our comprehensive portfolio supports finding what works best for each woman. Our products are designed to complement each other and provide care for every step of the patient's journey. With our Amoena Solution we support women from diagnosis right up to the return to their everyday lives.

### Own It.

Your body is unique and your own. Our mission has always been to support you, and now we are taking it further: We want to emphasise that our goal is for you to own your confidence, and embrace your body.

The positive feedback from the women who are supplied with our products motivates us to work on even better solutions. We work with the highest passion to provide the best possible care and empower women throughout their journey.

# BREAST CANCER GLOBAL FACTS & FIGURES



Sources: American Cancer Society, Global Cancer Facts & Figures 4th Edition (2018), cancer.org, WHO  
1) Breast conserving surgery

# AMOENA'S COMMITMENT TO HIGH QUALITY

More than 16,000 specialist retailers worldwide trust in our products. Thanks to them, ever since 1975 we have been able to provide more than 30 million women with optimal product solutions for recovery care, breast forms and lingerie.

- ✓ **A perfect fit**
- ✓ **Smart sizing**  
For in-between cup sizes and smaller bra bands
- ✓ **Tried-and-tested sizing system**
- ✓ **Easy to use**
- ✓ **Wide range of products**
- ✓ **Medical devices**
- ✓ **Oeko-Tex-100 certified materials**
- ✓ **Pollutant-free**
- ✓ **Sustainable materials and work processes**  
We constantly strive to use sustainable and raw materials, and will continue to expand and increase their usage for future collections. We continually revise and update our work processes to be sustainable wherever possible.

## OUR APPROACH TO SUSTAINABILITY

Economic success combined with ecological and social responsibility – sustainability is an important issue for us.

We have combined and expanded our long-term activities in the area of sustainability.

We are far from the end of our journey, but we have defined for ourselves **4 PILLARS OF SUSTAINABILITY**, which we use to reinforce and consistently pursue our sustainability strategy.

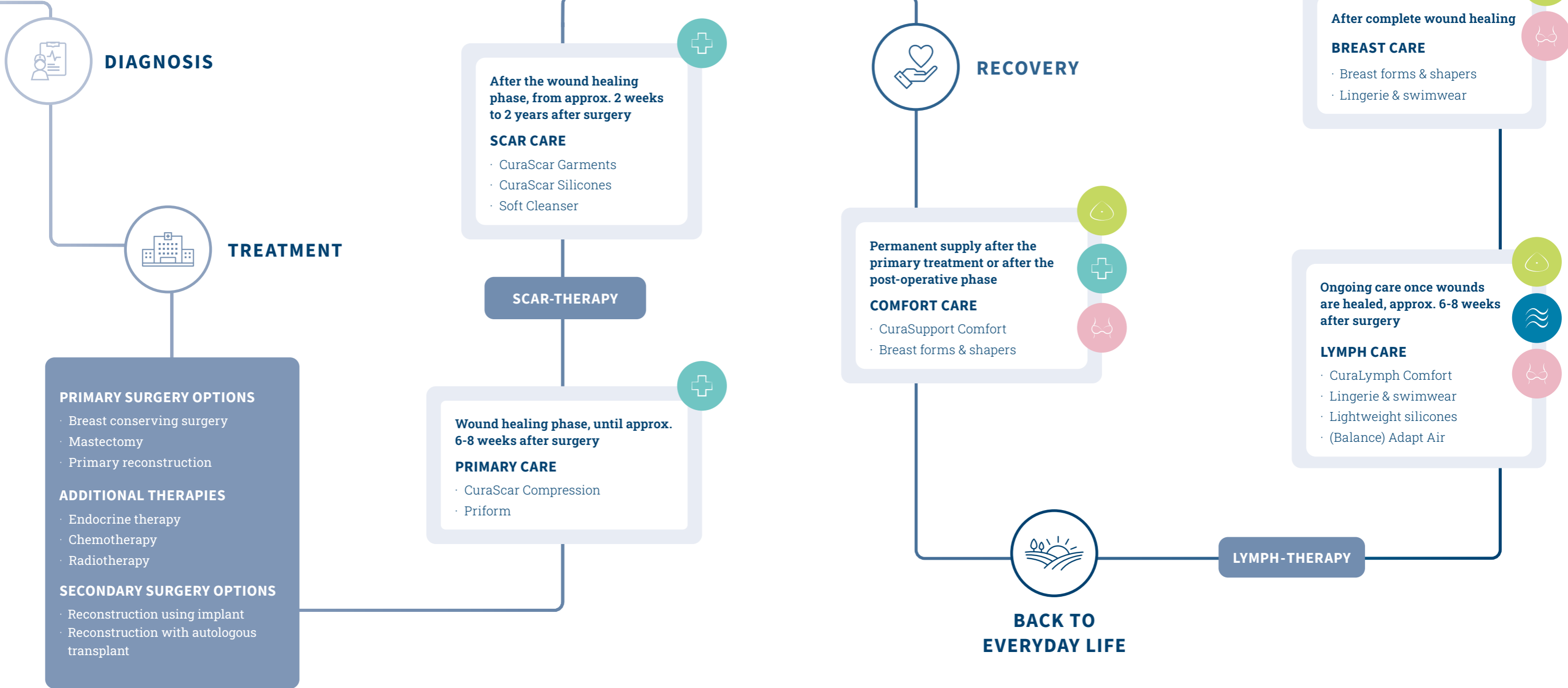
### The four pillars of sustainability:

Each of the four pillars reflects an area for which we have formulated relevant steps and goals.



# PATIENT JOURNEY

Every woman is different – as is every case of breast cancer. We understand the challenges you and your patients face. This is why all of our product solutions are designed to complement each other and work together perfectly. You can choose from a range of combinations to support your patient on every step of her journey. Amoena is with you to provide optimal care solutions every step of the way:



 **RECOVERY CARE**  
WHERE HEALING BEGINS

 **BREAST FORMS & SHAPERS**  
WHERE CONFIDENCE GROWS

 **LINGERIE AND SWIMWEAR**  
WHERE EVERYDAY LIFE CONTINUES

 **LYMPH CARE**  
WHERE THE FLOW BEGINS

# UNIQUE HIGHLIGHTS

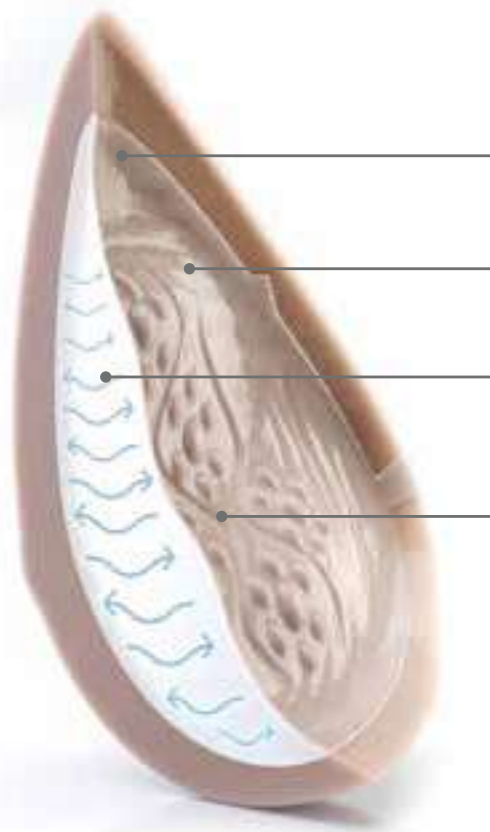
As the industry leader in high-quality medical breast care, we are continuously setting new, technological standards. Our comprehensive research and innovative development ensures the highest quality. Amoena breast forms have been proven to have the most natural feel – which is one of paramount importance.







## Adapt Air Breast Form

Customisation for a perfectly symmetrical silhouette – **the gold standard in breast care**. Our innovative and award-winning **AirChamber Technology** of the Adapt Air breast form, allows easy volume adjustments for a perfect fit.

A simple adjustment to the volume can help with weight fluctuations, uneven scar tissue, or lymphoedema.



- 
**Flexible, individually adjustable back**  
 Particularly close fit even with uneven chest wall.
- 
**Comfort+ technology**  
 For less heat build-up and sweating behind the breast forms
- 
**AirChamber technology**  
 Precisely and individually adjustable in volume
- 
 Soft, matte film and premium silicone for an extra-soft and natural feel.  
 Lightweight thanks to **InTouch Light or Xtra Light silicone** (25% to 40% lighter)

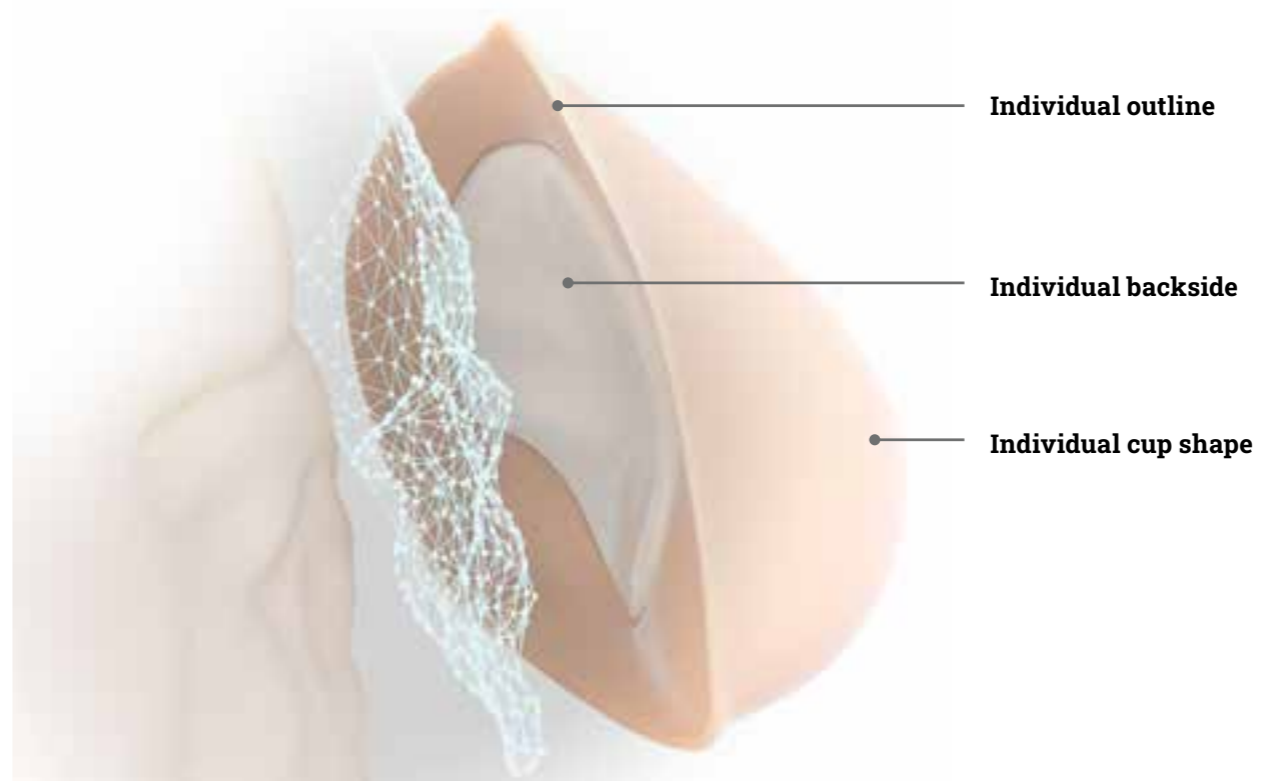
Our innovative product designs have been awarded recognition by:



## Custom-fit Breast Form

For particularly challenging surgical results, our Custom-fit breast form sets new standards in modern breast care. It is 100% customisable and the latest technologies allow for precise custom fits.

Using the latest 3D Scan Technology, the Custom-fit breast form is precisely made to the woman's contours and measurements for a perfect fit..



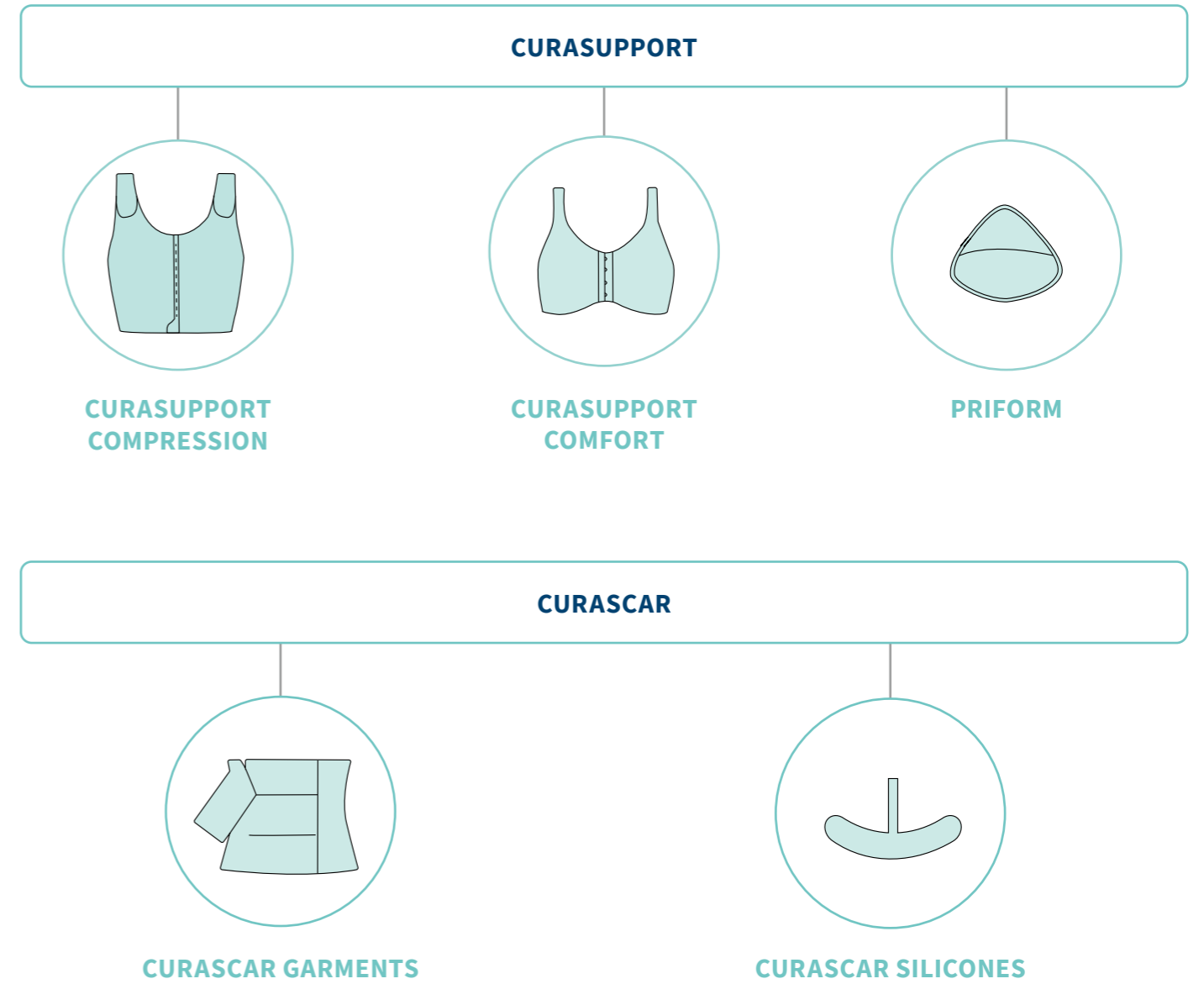
## RECOVERY CARE

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WHERE HEALING  
BEGINS



# RECOVERY CARE PORTFOLIO OVERVIEW



# CURASUPPORT COMPRESSION

## Seamless post-op bras

Our seamless compression bras have been specially developed for wear after breast surgery. They support the wound healing process by keeping the operated breast secure and supported. In addition, they protect sensitive skin and scar tissue and can ease post-operative oedema and pain.

### Leyla



#### Light compression

- A special compression zone supports the breast without applying direct pressure to its entire surface
- Specific pressure zones apply light pressure to the side and back sections to encourage lymphatic drainage and support the healing process

### Sina



#### Medium compression

- Keep the breast supported and secure by applying pressure to the entire breast surface
- Specific pressure zones apply light pressure to the side and back sections to encourage lymphatic drainage and support the healing process

### Pamela



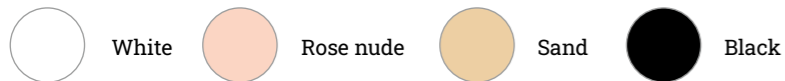
#### High compression

- Keep the breast supported and secure by applying pressure to the entire breast surface
- High compression levels and specially knitted panels promote optimal lymphatic drainage

### 3 reasons to try our seamless post-op bras

1. Seamless design without troublesome seams, which supports the healing process without further irritating the skin.
2. Specially knitted areas that apply targeted pressure, encouraging lymphatic drainage and minimising the risk of post-operative oedema.
3. Varying pressure levels for use after different surgical methods to suit the patient's individual needs and requirements.













### Colours



### Features









- Knitted-on wide, soft underbust band
- Wide, adjustable straps for a comfortable fit and weight distribution on the shoulders
- Flat, soft hook and loop fastenings for a simple look (ideal to wear under a T-shirt or blouse)
- Integrated seamless pockets for breast forms and shapers

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>LEYLA</b> Soft Bra Front Closure premium 	28/30 –56/58 Cup: Universal   <b>44605</b> white  <b>44604</b> rose nude  <b>44606</b> black	<ul style="list-style-type: none"> <li>• Light compression</li> <li>• Seamless knitted securing ring around the pre-formed cup to secure the breast without applying pressure</li> <li>• Prewashed and ready for use in a clinical setting</li> <li>• Zip closure at the front with hook and eyes underneath</li> <li>• High cotton content for optimal comfort</li> </ul> <p>49% Polyamide 43% Cotton 8% Elastane</p>
<b>SINA</b> Soft Bra Front Closure premium 	28/30 –56/58 Cup: Universal  6 rows: 28/30, 32/34, 36/38 8 rows: 40/42, 44/46 10 rows: 48/50, 52/54, 56/58   <b>45007</b> white  <b>45006</b> rose nude  <b>45008</b> black	<ul style="list-style-type: none"> <li>• Medium compression</li> <li>• Seamless, knitted cups secure the operated breast, applying even pressure across the whole cup area</li> <li>• Prewashed and ready for use in a clinical setting</li> <li>• With hooks and eyes for additional width adjustment</li> </ul> <p>98% Polyamide 2% Elastane</p>
<b>PAMELA</b> Soft Bra Front Closure premium 	28/30 –56/58 Cup: Universal   <b>45010</b> white  <b>45009</b> rose nude  <b>45011</b> black	<ul style="list-style-type: none"> <li>• High compression</li> <li>• Seamless, knitted cups secure the operated breast, applying even pressure across the whole cup area</li> <li>• Prewashed and ready for use in a clinical setting</li> <li>• Zip closure at the front with hook and eyes underneath</li> </ul> <p>98% Polyamide 2% Elastane</p>

See page 91 for sizing chart.

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>COMPRESSION BELT</b> advanced 	30-54  <b>0776N</b> white  <b>45043</b> rose nude  <b>0789N</b> black	<ul style="list-style-type: none"> <li>Developed for optimal post-op care. Holds the operated breast in place to prevent the implant from moving during the healing process</li> <li>Velcro strip in the centre of the back panel to aid attachment to compression bras from the CuraSupport Compression product range</li> <li>Individual adjustment possible</li> </ul> <p>50% Polyamide 21% Elastane 18% Polyester 11% Cotton</p>
<b>ANATOMIC COMPRESSION BELT</b> premium 	30-54  <b>45044</b> white  <b>45046</b> rose nude  <b>45045</b> black	<ul style="list-style-type: none"> <li>Holds the operated breast in place</li> <li>Ideal fit, especially under the arms, for increased comfort</li> <li>Securely attaches to the compression bras from the CuraSupport compression product line</li> <li>Individual adjustment possible</li> </ul> <p>50% Polyamide 21% Elastane 18% Polyester 11% Cotton</p>

See page 91 for sizing chart.

### EXPERT TIP

**Suitable for use straight after surgery in the operating theatre.**






Our post-op compression bras (Leyla, Sina, and Pamela) are delivered prewashed.

### FITTING TIP

**Guaranteed fit with seamless post-op compression bras**

No need to try Leyla, Sina, and Pamela compression bras beforehand. Thanks to our innovative measurement system, the underbust measurement is enough to determine which size is required. The universal cups fully enclose the breast, thanks to the special processing technology used to make them.

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>SARAH</b> Soft Bra Front Closure advanced 	34-46 A, B, C, D, DD Hook and eye fasteners: 7 rows: 34 A 8 rows: 36-38 A; 34-36 B; 34 C 9 rows: 40-42 A; 38-40 B; 36-38 C; 34-36 D; 34 DD 10 rows: 44-46 A; 42-44 B; 40-42 C; 38-40 D; 36-38 DD 11 rows: 46 B; 44-46 C; 42-44 D; 40-42 DD 12 rows: 46 D; 44-46 DD  <b>0778</b>   white  <b>0779</b>   black	<ul style="list-style-type: none"> <li>Medium compression</li> <li>Moulded cup and flat seams help to prevent skin irritation</li> <li>Double-layered material in the front section for additional support</li> <li>With hooks and eyes for additional width adjustment</li> <li>High cotton content for sensitive skin</li> <li>Wide adjustable straps</li> </ul> <p>82% Cotton 11% Elastane 5% Polyester 2% Polyamide</p>
<b>THERAPORT</b> Soft Bra Front Closure advanced 	S: 30-34 A; 30-32 B; 30 C; M: 36-40 A; 34-38 B; 32-36 C; 30-34 D; 30-32 DD; 30 E L: 42-46 A; 40-44 B; 38-42 C; 36-40 D; 34-38 DD; 32-36 E; 30-34 F, G XL: 48-52 A; 46-50 B; 44-48 C; 42-46 D; 40-44 DD; 38-42 E; 36-40 F; 36-38 G 2XL: 54-56 A; 52-56 B; 50-54 C; 48-52 D; 46-50 DD; 44-48 E; 42-46 F; 40-44 G  <b>2161</b>   white	<ul style="list-style-type: none"> <li>Medium compression</li> <li>Soft Cotton bra with hook and loop front fastener, specially designed for wear after various types of breast surgery. Ideal for partial breast radiotherapy (e.g. brachytherapy)</li> <li>Grey inserts that can be easily cut at the sides to accommodate the patient's drainage tubes</li> <li>Seamless underbust band ensures optimal comfort and can hold a pocket for a drainage pouch</li> <li>Velcro fastenings on front part and straps</li> <li>Integrated pockets for breast forms and shapers</li> </ul> <p>81% Cotton 12% Polyamide 7% Elastane</p>

See page 91 for sizing chart.

## CARE INSTRUCTIONS

CuraSupport Compression bras are designed to be worn 24 hours a day and only removed for daily hygiene purposes. In order to ensure constant, effective compression throughout the care period, compression garments should be washed on a daily basis. Patients should be advised to keep a spare garment for this reason.

# CURASCAR GARMENTS

## Scar compression therapy

Our CuraScar garments are ideal for women who have undergone breast reconstruction using autologous tissue. The risk of excessive scarring at the site where tissue has been removed is significantly minimized by using a scar compression garment. Compression garments are used as part of a conservative therapeutic approach in scar therapy. When used early in the treatment phase, CuraScar garments can support the wound healing process and help to ensure a successful surgical outcome.

## Compression in scar therapy

Compression in scar therapy involves applying pressure at a therapeutically effective level on the closed wound area. Even pressure applied to the surface of the wound reduces blood flow to the scar area and increases the elasticity of the tissue. As a result, the scarring appears flatter and fainter.

### Why choose Curascar Garments?

1. Prompt availability and precise sizing.
2. High quality workmanship with no troublesome seams thanks to innovative bonding technologies that support lymphatic flow.
3. Material can easily be cut for drainage tubes to pass through.
4. Breathable materials that are kind to skin and ensure maximum comfort and are therefore likely to be used consistently for the duration of treatment.
5. Apply medically effective pressure (20-23mmHg) to support the scar healing process.

## Colours



### EXPERT TIP

Compression and silicone are considered the gold standard in scar therapy, which is why we recommend combining all of our CuraScar garments with a corresponding product from our CuraScar silicones range. Please see the following page for more information on our CuraScar silicone range.

### FURTHER INDICATIONS










CuraScar garments are specially designed for use on tissue removal sites during the course of autologous breast reconstruction. They can also be used in numerous types of interventions for reconstruction and aesthetic surgery (e.g. skin tightening) to stabilise the area operated on and reduce scarring and aid the healing process.

## CARE INSTRUCTIONS

CuraScar garments are designed to be worn 24 hours a day and only removed for daily hygiene purposes.

In order to ensure constant, effective compression throughout the care period, compression garments should be washed on a daily basis. Patients should be advised to keep a spare garment for this reason.

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>BELLY BANDAGE</b> Abdominal compression bandage premium 	S/M-2XL/3XL   45004   nude  45005   black	<ul style="list-style-type: none"> <li>• Applies medically effective pressure to the abdomen area to aid the scarring and wound healing processes until the scar is completely healed</li> <li>• Three closures (height: 24cm) enable easy opening and closure and provide the perfect fit for the patient's body</li> </ul> Nude: 59% Polyamide, 31% Elastane 8% Cotton, 2% Polyester  Black: 33% Polyamide, 31% Elastane, 29% Polyester, 7% Cotton
<b>PANTY</b> Scar compression brief premium 	XS-2XL   45000   nude*  45001   black*	<ul style="list-style-type: none"> <li>• Applies medically effective pressure to the abdomen and upper legs to aid the scarring and wound healing processes until the scar is completely healed</li> <li>• 2 zips on the sides for easy dressing and undressing</li> </ul> 56% Polyamide 42% Elastane 2% Cotton
<b>BERMUDA</b> Long scar compression Briefs premium 	XS-2XL   45002   nude*  45003   black*	<ul style="list-style-type: none"> <li>• Applies medically effective pressure to the abdomen and legs to aid the scarring and wound healing processes until the scar is completely healed</li> <li>• 2 zips on the sides for easy dressing and undressing</li> </ul> 56% Polyamide 42% Elastane 2% Cotton

See page 91 for sizing chart.

\*while stocks last

# CURASCAR SILICONE

## Scar compression therapy with silicone

Our CuraScar silicones are ideal for the treatment of pathological scars following a surgical procedure as the use of silicone pads and compression significantly minimises the risk of excessive scarring in the wound area. Curascar silicones are used as part of a conservative/non-invasive therapeutic approach in scar therapy. When applied early on in the treatment phase (after wound closure), CuraScar silicones aid the scarring and wound healing processes and create optimal healing conditions for the skin.

Silicone reduces water loss in the upper layer of the skin. A moist environment creates the ideal conditions for scarring, making the scar smoother and reducing itching. Our breathable silicone pads also guarantee sufficient oxygen exchange.

### Why choose Curascar Silicone?

1. Breathable and highly elastic silicone that adapts perfectly to the body's contours
2. Completely self-adhesive
3. Reusable up to 6 weeks

### Features

- Can be cut to size individually
- Available with additional cover strips for better storage after cleaning



### CLEANING INSTRUCTIONS

We recommend using Amoena Soft Cleanser on CuraScar silicones on a daily basis.











### EXPERT TIP

Silicone and compression are considered the gold standard in scar therapy. Therefore you should recommend combining the corresponding product from our CuraScar garment range for each CuraScar silicones product. Please see the CuraScar Garments page for more information.



VIDEO TUTORIAL

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>STRIPS</b> advanced 	Measurements: 260 x 35 mm 1 pack contains: 4 pcs  010 (4)   clear	<ul style="list-style-type: none"> <li>• Long, narrow silicone strips in a handy set of 4</li> </ul> Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
<b>STRIPS</b> advanced 	Measurements: 260 x 35 mm 1 pack contains: 1 pcs  010 (1)   clear	<ul style="list-style-type: none"> <li>• Long, narrow silicone strips sold individually</li> </ul> Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
<b>SQUARES</b> advanced 	Measurements: 260 x 100 mm 1 pack contains: 2 pcs  011   clear	<ul style="list-style-type: none"> <li>• Long, broad silicone strips for complete coverage of larger scarring areas</li> </ul> Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
<b>MAMMILLA CIRCLES</b> advanced 	Measurements: interior Ø : 20 mm / outer Ø : 75 mm 1 pack contains: 2 pcs  012   clear	<ul style="list-style-type: none"> <li>• Silicone strips for scarring in the breast area (nipples)</li> </ul> Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
<b>ANCHORS</b> advanced 	Measurements: 230 x 145 mm 1 pack contains: 2 pcs  013   clear	<ul style="list-style-type: none"> <li>• Silicone strips for scarring in the breast area (e.g. following a mastopexy)</li> </ul> Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips

# CURASUPPORT COMFORT

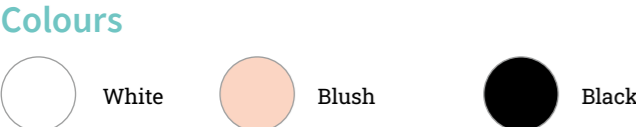
## Comfort bras and tops

Our comfort bras and camisoles are the ideal solution for patients in the post-op phase and on their journey back to everyday life. After the wound healing phase (6-8 weeks after the operation), the skin and fresh scar tissue are still extremely sensitive. For this reason standard bras are not always suitable - our comfort bras and camisoles are designed to offer comfy support and be easy to use.







### Emilia






- ### 3 reasons to choose our comfort bras
1. Wide straps and soft closures that don't cut into the skin ensure maximum comfort.
  2. Front closure makes it easy for patients with restricted movement to put the bra on and take it off.
  3. Integrated pockets keep breast forms and shapers securely in place.



## Overview





Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>EMILIA</b> Soft Bra Front Closure advanced 	32/34-52/54 Cups: Universal   <b>45013</b> white  <b>45012</b> blush  <b>45014</b> black	<ul style="list-style-type: none"> <li>• Perfect fit and optimal comfort thanks to seamless circular knit technology</li> <li>• Breathable insert on each side and along the underbust area for a pleasant feel against the skin</li> <li>• Zip with hooks and eyes at the front</li> <li>• High coverage for good support</li> <li>• Straps are adjustable at the back</li> <li>• Drain management can be attached</li> </ul> 69% Cotton 25% Polyamide 6% Elastane
<b>HANNAH</b> Soft Bra Front Closure advanced 	XS (28/30); S (32/34); M (36/38); L (40/42); XL (44/46); Cups: A/B; C/D  Hook and eye fasteners: 4 rows: XS (A/B); S (A/B); M (A/B); XS (C/D) 5 rows: L (A/B); XL (A/B); S (C/D); M (C/D); L (C/D); XL (C/D)	<ul style="list-style-type: none"> <li>• Comfort bra with high cotton content</li> <li>• Feminine lace edges at neckline</li> <li>• Front fastening with hook/eye</li> </ul> 85% Cotton 15% Elastane
<b>MICHELLE</b> Camisole advanced 	XS (32/34); S (36/38); M (40/42); L (44/46); XL (48/50); 2XL (52/54)	<ul style="list-style-type: none"> <li>• Comfort camisole with a high cotton content</li> <li>• Stretchy, elastic neckline makes it easy to put on (by stepping into it)</li> <li>• Band at underbust to attach drain management</li> </ul> 85% Cotton 15% Elastane

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<p><b>CLARA</b> Soft Bra Front Closure <b>basic</b></p> 	<p>S, M, L, XL, 2XL Hook and eye fasteners: 5 rows: S, M 6 rows: L, XL 7 rows: 2XL</p> <p>44743   blush</p>	<ul style="list-style-type: none"> <li>• Comfort straps for optimal weight distribution</li> <li>• Seamless knit technology for optimal comfort</li> </ul> <p>50% Viscose (bamboo fibres) 26% Polyamide 21% Cotton 3% Elastane</p>
<p><b>FRANCES</b> Soft Bra Front Closure <b>basic</b></p> 	<p>XS (28/30); S (32/34); M (36/38); L (42/42); XL (44/46); 2XL (48/50)</p> <p>Cups: A/B; C/D; DD/E</p> <p>Hook and eye fasteners: 4 rows: XS (A/B, C/D); S (A/B); M(A/B) 5 rows: XS (DD/E); S (C/D, DD/E); M (C/D, DD/E); L (A/B, C/D) 6 rows: L (DD/E); XL (DD/E) 7 rows: 2XL (DD/E)</p> <p>2128 white    2128 sand    2128 black</p>	<ul style="list-style-type: none"> <li>• Comfort bra with a very high cotton content</li> <li>• Cotton absorbs moisture, keeping the skin nice and dry</li> <li>• High percentage of cotton fabric, thus particularly kind to sensitive skin. Cotton absorbs moisture (sweat)</li> </ul> <p>90% Cotton 10% Elastane</p>
<p><b>FLEUR</b> Soft Bra Front Closure <b>basic</b></p> 	<p>XS (28/30); S (32/34); M (36/38); L(40/42); XL (44/46); 2XL (48/50)</p> <p>Cup: A/B, C/D, DD/E</p> <p>Hook and eye fasteners: 4 rows: XS(A/B;C/D); S(A/B); M (A/B) 5 rows: XS (DD/E); S (C/D, DD/E); M (C/D, DD/E); L (A/B, C/D) 6 rows: L (DD/E); XL (DD/E) 7 rows: 2XL (DD/E)</p> <p>44672 white    44671 sand    44695 grey melange*    44853 black NEW</p>	<ul style="list-style-type: none"> <li>• High percentage of cotton fabric, thus particularly kind to sensitive skin. Cotton absorbs moisture (sweat)</li> <li>• Padded straps ensure a high level of comfort, relieve pressure on the shoulders, avoid cutting into the skin so that lymphatic drainage is not impeded</li> <li>• Straps are adjustable at the back for a perfect fit</li> </ul> <p>90% Cotton 10% Elastane</p>

See page 97 for sizing chart.  
\*while stocks last

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<p><b>SANDRA</b> Soft Bra Front Closure <b>basic</b></p> 	<p>S (32 A); M (34 A/B); L (36 B), XL (38 B/C); 2XL (40 B/C); 3XL (42 C); 4XL (44 C/D) Hook and eye fasteners: 5 rows: S; M 6 rows: L 7 rows: XL; 2XL 8 rows: 3XL; 4XL</p> <p>0622   white</p>	<ul style="list-style-type: none"> <li>• Feminine stretchy lace design</li> <li>• Includes cotton padding for filling each of the cotton pockets as desired</li> </ul> <p>50% Polyamide 45% Cotton 5% Elastane</p>
<b>BREAST FORMS AND ACCESSOIRES</b>		
<p><b>REMOVABLE DRAINAGE POUCH</b> <b>basic</b></p> 	<p>S (approx. 15x18 cm) L (approx. 20x20 cm)</p> <p>2107   white</p>	<ul style="list-style-type: none"> <li>• With hook and loop fastening to keep the pouches securely in place</li> <li>• Standard format and size to fit any drainage system</li> </ul> <p>95% Cotton 5% Elastane</p>
<p><b>PRIFORM</b> <b>premium</b></p> 	<p>1/2, 3/4, 5/6, 7/8, 9/10, 11/12, 13/14</p> <p>216   nude</p>	<ul style="list-style-type: none"> <li>• Very soft fabric for temporary use after surgery, filled with light cotton padding for adapting the volume as desired</li> <li>• Soft cotton material on the back for optimal comfort</li> </ul> <p>Front: 86% Polyamide 14% Elastane</p> <p>Back: 100% Cotton</p>
<p><b>PRIFORM</b> <b>basic</b></p> 	<p>1/2, 3/4, 5/6, 7/8, 9/10, 11/12, 13/14</p> <p>214   nude</p>	<ul style="list-style-type: none"> <li>• Very soft fabric for temporary use after surgery, filled with light cotton padding for adapting the volume as desired</li> <li>• Soft cotton material on the back for optimal comfort</li> </ul> <p>Front: 100% Polyamide</p> <p>Back: 100% Cotton</p>

See page 97 for sizing chart.

**BREAST FORMS AND SHAPERS..... 28**

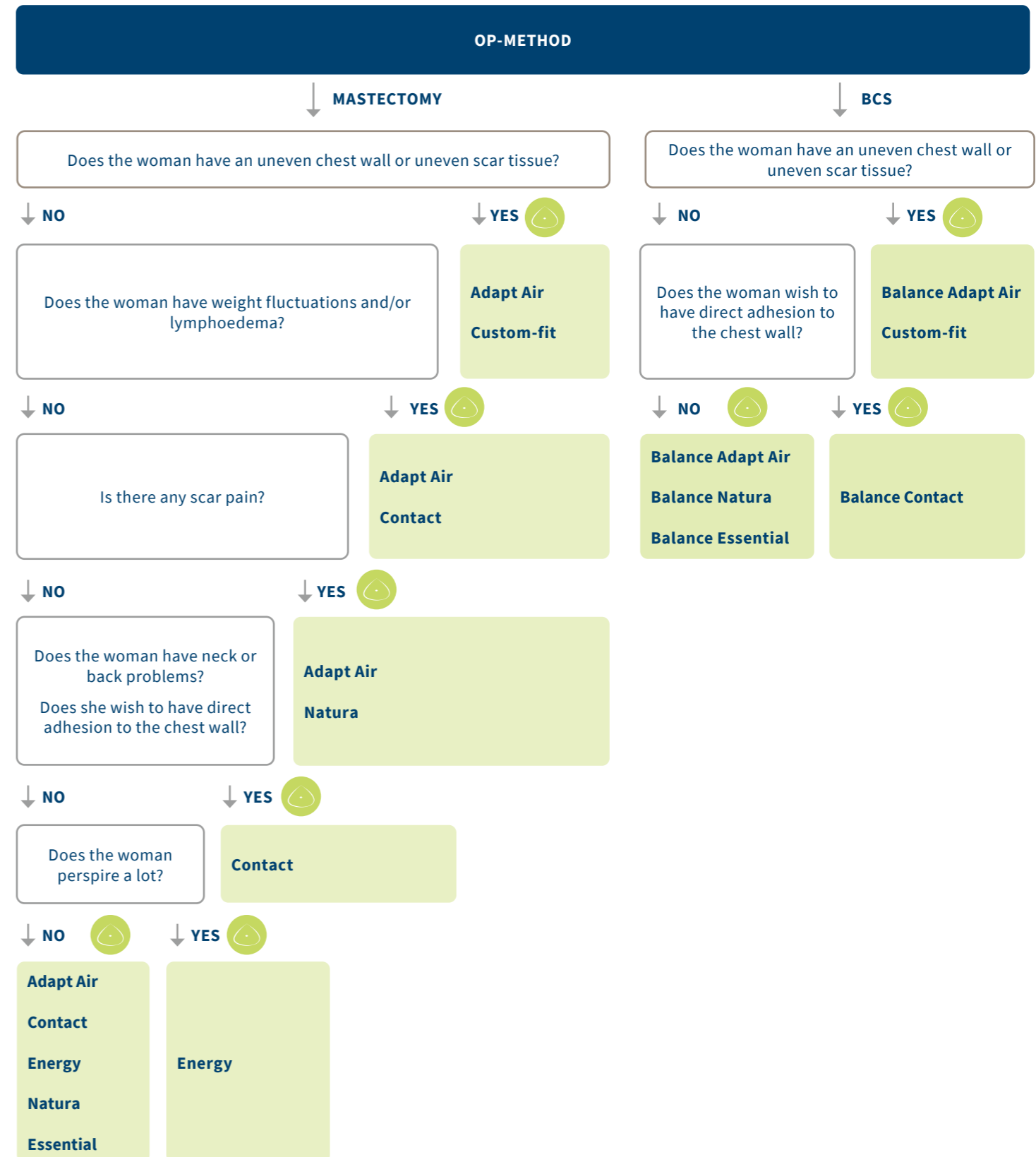
OUR TECHNOLOGIES & INNOVATIVE BREAST CARE..... 30  
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     BALANCE ADAPT AIR ..... 34  
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WHERE  
CONFIDENCE  
GROWS

# BREAST FORMS AND SHAPERS

**Custom-fit:** custom made breast form  
**Energy:** with breathable back  
**(Balance) Adapt Air:** with adjustable back  
**(Balance) Natura:** with temperature-regulating back  
**(Balance) Contact:** with a self-adhesive back  
**(Balance) Essential:** for basic care



# OUR TECHNOLOGIES

Constant innovation and setting new standards are driving forces at Amoena. In close cooperation with doctors, medical retailers and women who have had breast surgery, we continuously develop new technologies to optimally respond to patient needs after breast surgery.



## Easy adaptation thanks to innovative AirChamber technology

Innovative air chamber technology allows the volume to be adjusted so that a close fit can be achieved, even on an uneven chest wall, enabling the form to be adjusted to the individual needs of your patients at any time.



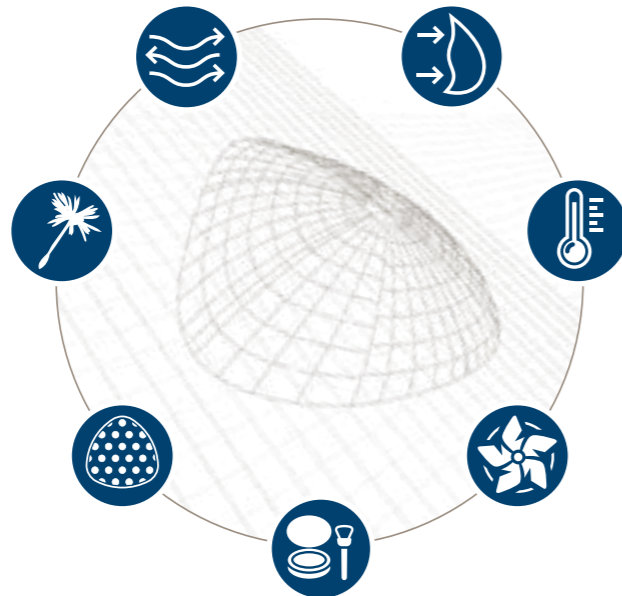
## Flexible, individually adjustable back

Particularly close fit even with uneven chest wall.



## Soft and natural thanks to InTouch silicone

A special silicone formulation combined with a smooth and soft film creates a breast form that is as natural as possible in appearance and feel.



## Relief and natural comfort from self-adhesive forms

The Amoena Contact breast forms adhere directly to the skin. Amoena Contact silicone keeps its adhesion with correct care over the entire life span of the breast form.



## Natural look with natural feel

A combination of lightweight and standard silicone that looks, feels and moves like a real breast. For a lightweight breast form with an ultra-soft feeling and a natural-looking drape.



## Temperature equalization from Comfort+ technology

The Comfort+ technology ensures constant and gentle temperature regulation between the body and form. In this way, it prevents unpleasant heat build-up behind the form.

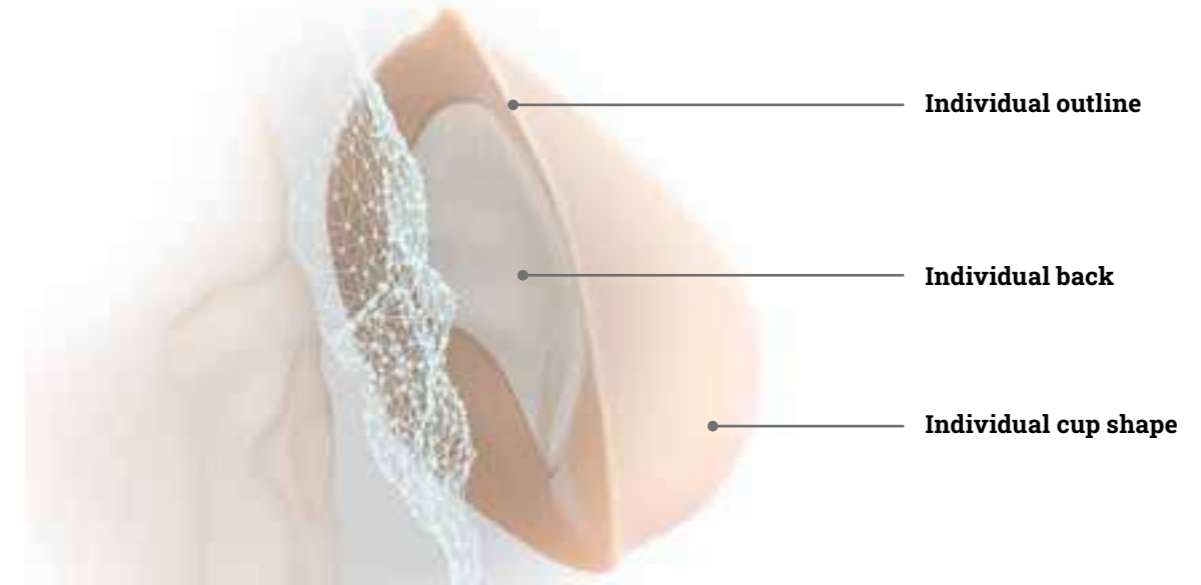


## Integrated air circulation

A structure consisting of three-dimensional pearls on the back of the form ensures air circulation and allows moisture to evaporate. This has been confirmed by Hohenstein Laboratories in Germany after extensive testing.

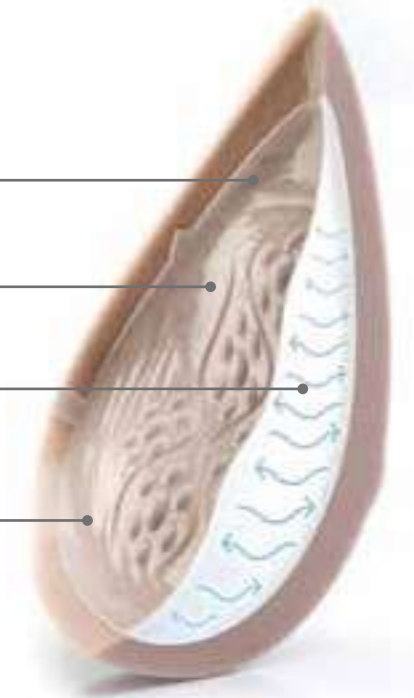
# INNOVATIVE BREAST CARE

## Custom-fit breast form

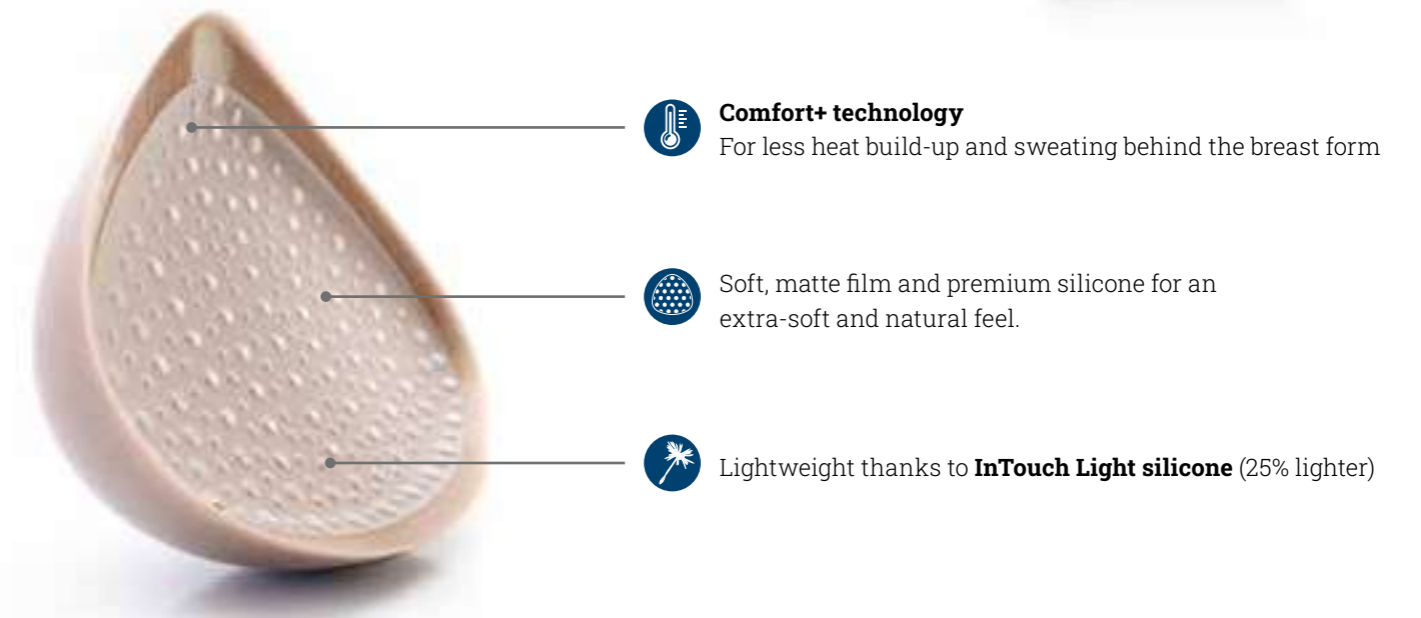


## Adapt Air breast form

- Flexible, individually adjustable back**  
Particularly close fit even with uneven chest wall.
- Comfort+ technology**  
For less heat build-up and sweating behind the breast form
- AirChamber technology**  
Precisely and individually adjustable in volume
- Soft, matte film and premium silicone for an extra-soft and natural feel.**  
Lightweight thanks to **InTouch Light or Xtra Light silicone** (25% to 40% lighter)



## Contact breast form



- Comfort+ technology**  
For less heat build-up and sweating behind the breast form
- Soft, matte film and premium silicone for an extra-soft and natural feel.**
- Lightweight thanks to InTouch Light silicone** (25% lighter)

# AMOENA BALANCE

## PORTFOLIO OVERVIEW

Amoena breast shapers balance out asymmetry after breast-conserving therapy, breast reconstruction, multiple biopsies, or in the case of natural uneven breast development. The soft silicone shapers fit snugly against the natural curves of the remaining breast tissue and fill the bra cup for a symmetrical silhouette, preventing tension, improving posture and correcting muscular imbalances.

### AVAILABLE COLOURS



- **Invisible** – fine edges ensure a natural fit between the shaper and the body
- **Versatile** – various shapes, sizes and thicknesses available for optimal customisation
- **Simple** – required thickness can be determined using our simple, tried-and-tested cup difference method

### BALANCE ADAPT AIR

Breast shaper with an adjustable back (page 34)

Premium



### BALANCE CONTACT

Breast shaper with a self-adhesive back (page 34)

Premium



### BALANCE NATURA

Breast shaper with a temperature-regulating back (page 35)

Advanced



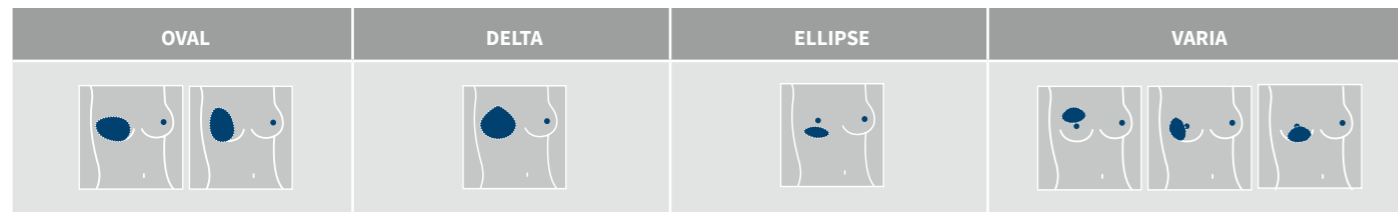
### BALANCE ESSENTIAL

Breast shaper for basic care (page 35)

Basic



# BALANCE – BREAST SHAPERS



## BALANCE ADAPT AIR

Breast shaper with an adjustable back

- Precisely and individually adaptable thanks to integrated AirChamber Technology – the perfect fit every time, even for patients who experience weight fluctuations or swelling due to lymphoedema.
- Sits close to the body thanks to flexible, adjustable back
- Fine volume adjustment offers greater flexibility when choosing a bra
- Reduces heat and perspiration thanks to Comfort+ technology

**Premium**

VIDEO

Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	<b>Balance Adapt Air MD</b>	233	Delta	Average/volume (adjustable)	1–2cm and >2 cm	2–12	Ivory	3
	<b>Balance Adapt Air SV</b>	234	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	3

## BALANCE CONTACT

Breast shaper with a self-adhesive back

- Adapts especially well to the movement of the body
- Stays firmly in place
- Reduces heat and perspiration thanks to Comfort+ technology

**Premium**

Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	<b>Balance Contact MD</b>	229	Delta	Medium	1–2cm	2–12	Ivory	2
	<b>Balance Contact VD</b>	230	Delta	Volume	> 2cm	3/4–9/10	Ivory	2
	<b>Balance Contact SV</b>	286	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	2

## BALANCE NATURA

Breast shaper with a temperature-regulating back

- Reduces heat and perspiration thanks to Comfort+ technology

Advanced



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	<b>Balance Natura TO</b>	227	Oval	Thin	< 1cm	S–XL	Ivory	2
	<b>Balance Natura TD</b>	217	Delta	Thin	< 1cm	1–10	Ivory	2
	<b>Balance Natura MD</b>	220	Delta	Medium	1–2cm	2–12	Ivory	2
	<b>Balance Natura VD</b>	222	Delta	Volume	> 2cm	3/4–9/10	Ivory	2
	<b>Balance Natura Light VD</b>	221	Delta	Volume, 25% lighter	> 2cm	3/4–11/12	Ivory	2
	<b>Balance Natura SE</b>	231	Ellipse	Special shape	Cup difference method not applicable	S–XL	Ivory	2
	<b>Balance Natura SV</b>	285	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	2

## BALANCE ESSENTIAL

Breast shaper that provides the basic care needed for a symmetrical appearance

Basic



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	<b>Balance Essential TO</b>	228	Oval	Thin	< 1cm	S–XL	Ivory	1
	<b>Balance Essential TD</b>	218	Delta	Thin	< 1cm	1–10	Ivory	1
	<b>Balance Essential MD</b>	223	Delta	Average	1–2cm	2–12	Ivory Tawny 4–10	1
	<b>Balance Essential VD</b>	225	Delta	Volume	> 2cm	3/4–9/10	Ivory	1
	<b>Balance Essential Light VD</b>	224	Delta	Volume, 25% lighter	> 2cm	3/4–11/12	Ivory Tawny 3/4 – 9/10	1
	<b>Balance Essential SE</b>	232	Ellipse	Special shape	Cup difference method not applicable	S–XL	Ivory	1

Sizing chart, fitting tips and advice regarding the cup difference method on page 92 and 93.

# BREAST FORMS

## PORTFOLIO OVERVIEW

AVAILABLE COLOURS



CUSTOM-FIT

Custom-fit breast form for an individual fit (page 38)

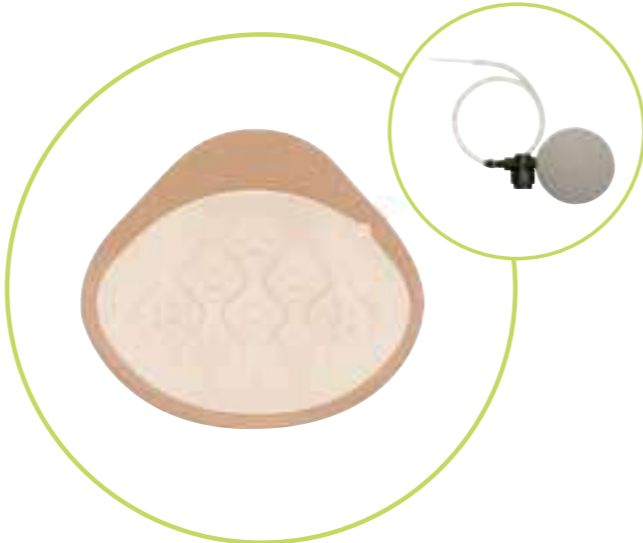
Premium



ADAPT AIR

Breast form with an adjustable back (page 40)

Premium



CONTACT

Breast form with a self-adhesive back (page 42)

Premium



ENERGY

Breast form with a breathable back (page 44)

Advanced



NATURA

Breast form with a temperature-regulating back (page 46)

Advanced



ESSENTIAL

Breast form that provides the basic care needed for a symmetrical appearance (page 48)

Basic

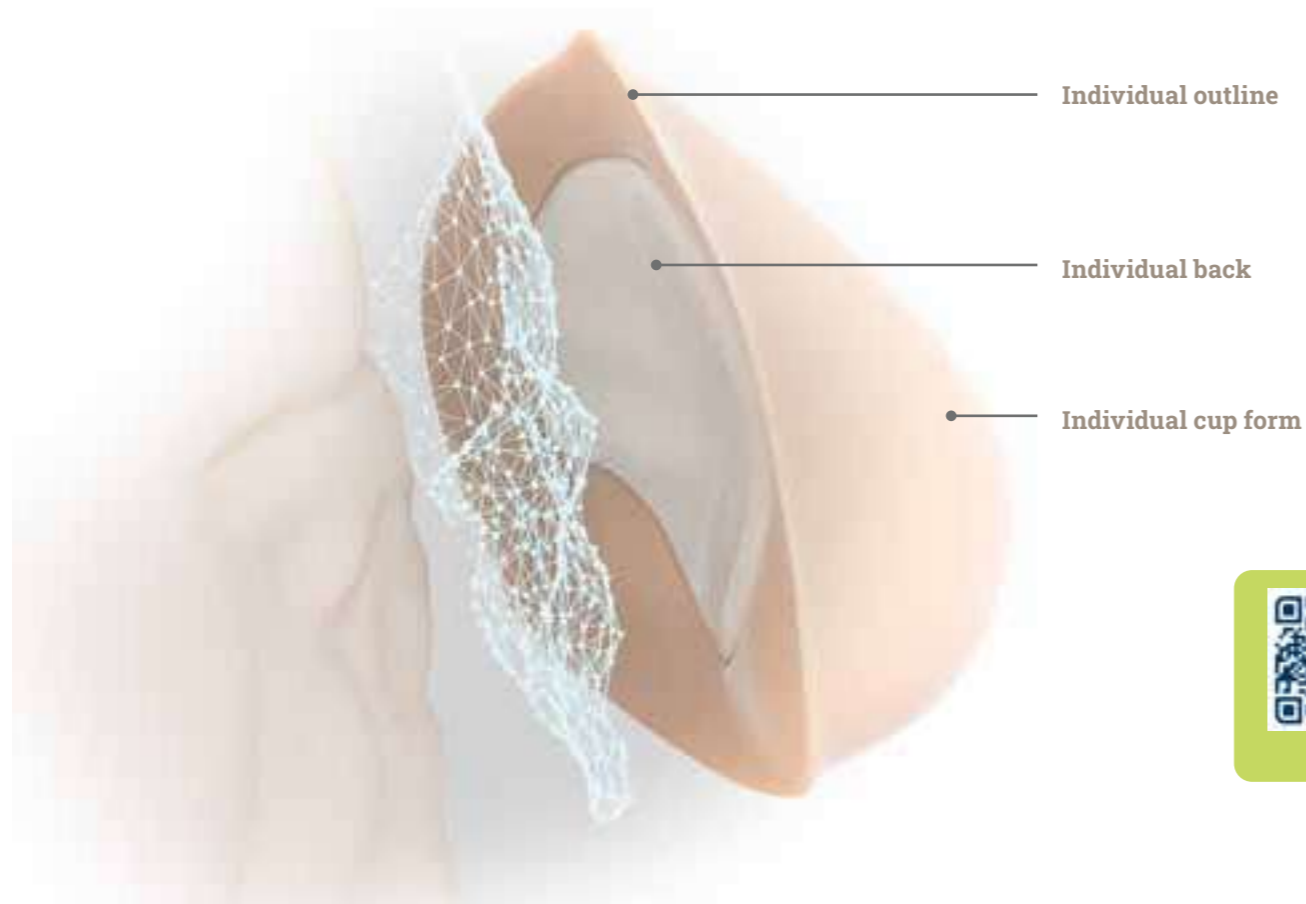


# NEW CUSTOM-FIT BREAST FORM

Premium

## The perfect fit, specially made according to your patient's needs

Amoena Custom-fit breast forms represent the leading standard in custom breast care and feature the latest 3D-scan technology to fit the individual requirements and body shape of your patient. This breast form is the ideal solution when it's not possible to find a good fit using a standard breast form, whether after a mastectomy or breast-conserving operation.



- **Individual fit:** The footprint, back and cup are all specially tailored to your patient's body.
- **Colour:** Choose between a lighter (ivory) or darker (tawny) skin tone.
- **Nipples:** Choose the perfect product for your patient from our range of different colours and sizes.
- **3 weight options available:**
  - Standard: Regular weight
  - Light: ~25% lighter<sup>1</sup>
  - Xtra Light: ~40% lighter<sup>1</sup>

Select further product features for customised care according to the needs of your patient.

<sup>1</sup> Compared to a breast form made of standard silicone of the same shape and size.

## CHOOSE FROM THESE DIFFERENT OPTIONS<sup>2</sup>:

### Custom-fit +

Made from InTouch silicone

- InTouch silicone covered with a special coating for an extra soft and natural feel

**Recommended for women who:**

- Are looking for a simple, custom-made breast form for a symmetrical silhouette

### Custom-fit ++

With a temperature-regulating back

- InTouch silicone covered with a special coating for an extra soft and natural feel
- Patented Comfort+ technology reduces overheating and perspiration

**Recommended for women who:**

- Experience hot flushes due to menopause or medication

### Custom-fit +++

With an adjustable back

- InTouch silicone covered with a special coating for an extra soft and natural feel
- Patented Comfort+ technology reduces overheating and perspiration
- Integrated AirChamber technology for individual adjustment in the event of slight weight fluctuations or lymphoedema, providing optimal flexibility when choosing a bra

**Recommended for women who:**

- Experience hot flushes due to menopause or medication
- Experience weight fluctuations (and the resulting fluctuations in cup size)
- Experience other size fluctuations due to lymphoedema

### Custom-fit +++

With a self-adhesive back

- InTouch silicone covered with a special coating for an extra soft and natural feel
- Patented Comfort+ technology reduces overheating and perspiration
- Self-adhesive back for relief of the shoulder and neck area

**Recommended for women who:**

- Have pain in the shoulder/neck area
- Have been diagnosed with lymphoedema

NEW!

## Contact our experts to discuss personalised breast care options

Offer your patients expert advice and a comprehensive range of products for optimal care. For more information, contact your territory manager or get in touch with our customer service team.

### CONTACT US



**Telephone**  
0845 072 4024



**Via Email**  
ukenquiries@amoena.com

<sup>2</sup> Depending on the size/shape of the custom-made breast form, some technologies may not be available.

# ADAPT AIR





Premium

Overview

Breast form with an adjustable back



## ADAPT AIR triple-layer breast form

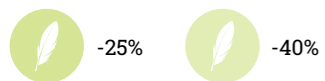
-  Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
-  **Comfort+**  
Reduces heat and perspiration behind the breast form
-  **AirChamber Technology**
  - Precisely and individually adaptable thanks to integrated AirChamber Technology – the perfect fit every time, even for patients who experience weight fluctuations or swelling due to lymphoedema
  - Fine volume adjustment offers greater flexibility when choosing a bra
  - Reduces heat and perspiration thanks to Comfort+ material
  - Lightweight: InTouch Light and Xtra Light silicone make the breast form 25-40% lighter
-  **Flexible, individually adjustable back**  
Particularly close fit even with uneven chest wall.

### PARTICULARLY SUITABLE FOR WOMEN WHO:

- have uneven scar tissue
- experience weight fluctuations (and the resulting fluctuations in cup size)
- have swelling from lymphoedema



### WEIGHT OPTIONS



### COLOURS



Image	Product name	Item no.	Cup form <sup>1</sup>	Weight	Shape <sup>2</sup>	Sizes	Layers	Colour*
	<b>Adapt Air Xtra Light 1S<sup>N</sup></b>	328	 1 – shallow	– 40%	S	1–14	3	Ivory
	<b>Adapt Air Xtra Light 2S<sup>N</sup></b>	326	 2 – average	– 40%	S	1–14	3	Ivory Tawny (upon request)
	<b>Adapt Air Light 1S<sup>N</sup></b>	329	 1 – shallow	– 25%	S	1–14	3	Ivory
	<b>Adapt Air Light 2S<sup>N</sup></b>	327	 2 – average	– 25%	S	1–14	3	Ivory

For fitting tips and sizing chart see page 94 and 95.



#### 1) OVERVIEW OF CUP FORMS:

**1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form

**2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

**3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

#### 2) OVERVIEW OF FORMS:

**S = Symmetrical:** Can be worn on the left and right side interchangeably

**A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm

**E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

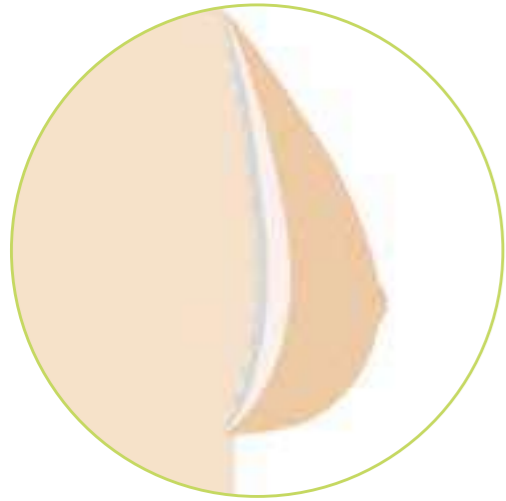
\*Light und Xtra Light forms have a more muted colour.

# CONTACT




Premium

Overview

Breast form with a self-adhesive back



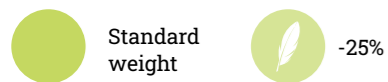
## CONTACT triple-layer breast form

-  Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
-  **Comfort+**  
Reduces heat and perspiration behind the breast form
-  **Contact**
  - Adapts to body movements just like a natural breast
  - Provides relief for neck and shoulders thanks to direct adhesion to the chest wall
  - Offers more flexibility when choosing clothes

### PARTICULARLY SUITABLE FOR WOMEN WHO:

- suffer from shoulder/neck pain
- have a larger cup size
- have lymphoedema

### WEIGHT OPTIONS



### COLOURS



Image	Product name	Item no.	Cup form <sup>1</sup>	Weight	Shape <sup>2</sup>	Sizes	Colour*	Layers
	<b>Contact Light 2S</b>	380	 2 – average	– 25%	S	1–14	Ivory	3
	<b>Contact Light 3S</b>	385	 3 – volume	– 25%	S	0–10	Ivory	3
	<b>Contact 1S</b>	384	 1 – shallow	full even weight distribution	S	1–14	Ivory	3
	<b>Contact 2S</b>	381	 2 – average	full even weight distribution	S	1–12	Ivory	3
	<b>Contact 2A</b>	383	 2 – average	full even weight distribution	A	0–12 L/R	Ivory	3
	<b>Contact 3S</b>	382	 3 – volume	full even weight distribution	S	0–10	Ivory Tawny	3
	<b>Contact 3E</b>	386	 3 – volume	full even weight distribution	E	1–14 L/R	Ivory Tawny (upon request)	3

For fitting tips and sizing chart see page 94 and 95.

#### 1) OVERVIEW OF CUP FORMS:

- 1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

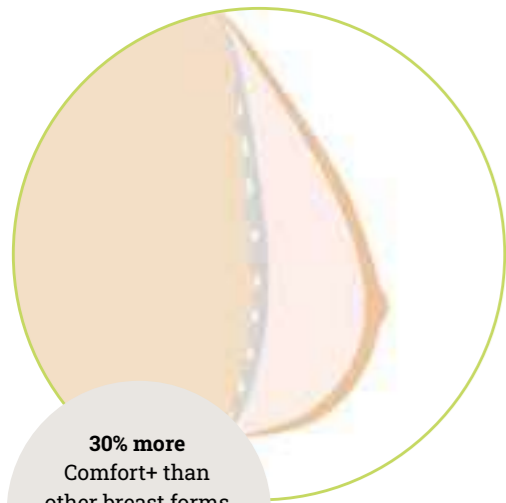
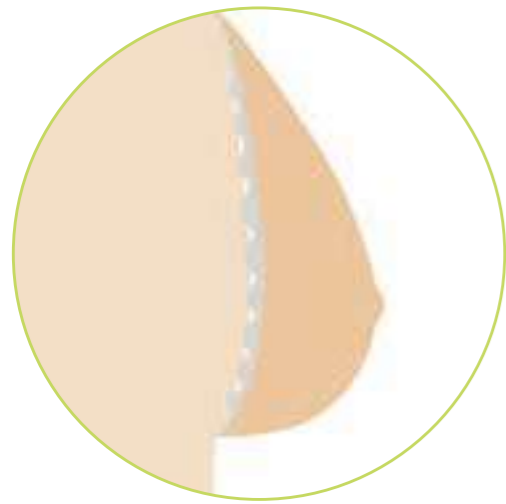
#### 2) OVERVIEW OF FORMS:

- S = Symmetrical:** Can be worn on the left and right side interchangeably
- A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

\*Light und Xtra Light forms have a more muted colour.




# ENERGY

Breast form with a breathable back





**30% more**  
Comfort+ than  
other breast forms  
for even better  
temperature  
regulation

## Energy triple-layer breast form

-  Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
-  **Comfort+**  
Reduces heat and perspiration behind the breast form
-  **3D pearls**  
Ensure optimal air circulation and allow moisture to evaporate

## Energy Cosmetic triple-layer breast form

-  **Comfort+**  
Reduces heat and perspiration behind the breast form
- +**
-  **Cosmetic**  
Lightweight form with a natural appearance

### PARTICULARLY SUITABLE FOR WOMEN WHO:

- experience hot flushes due to menopause or medication
- have a tendency to perspire in hotter temperatures
- take part in sports

### WEIGHT OPTIONS






### COLOURS



Advanced

Overview

Image	Product name	Item no.	Cup form <sup>1</sup>	Weight	Shape <sup>2</sup>	Sizes	Colour*	Layers
	<b>Energy Light 2 S</b>	342	 2 – average	– 25%	S	1–14	Ivory Tawny (upon request)	3
	<b>Energy Cosmetic 2S*</b>	310	 2 – average	– 20%	S	1–14	Ivory	3
	<b>Energy Cosmetic 3S*</b>	311	 3 – volume	– 20%	S	1–12	Ivory	3
	<b>Energy 1S</b>	349	 1 – shallow	full even weight distribution	S	1–12	Ivory	3

For fitting tips and sizing chart see page 94 and 95.

\*while stocks last until 2025

#### 1) OVERVIEW OF CUP FORMS:

**1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form

**2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

**3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

#### 2) OVERVIEW OF FORMS:

**S = Symmetrical:** Can be worn on the left and right side interchangeably

**A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm

**E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

\*Light und Xtra Light forms have a more muted colour.

# NATURA

Breast form with a temperature-regulating back.



## NATURA double-layer breast form

- Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
- Comfort+**  
Reduces heat and perspiration behind the breast form

### PARTICULARLY SUITABLE FOR WOMEN WHO:

- have soft breast tissue (Natura 1S and 3E)
- want or need a very light breast form (Natura Xtra Light)

## NATURA triple-layer breast form

- Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
- Comfort+**  
Reduces heat and perspiration behind the breast form



### Soft gel back

Sits comfortably against sensitive scar tissue

or

- Cosmetic**  
Lightweight form that comes in plain, natural colours

### PARTICULARLY SUITABLE FOR WOMEN WHO:

- have sensitive scar tissue

## WEIGHT OPTIONS



## COLOURS



Advanced

## Overview

Image	Product name	Item no.	Cup form <sup>1</sup>	Weight	Shape <sup>2</sup>	Sizes	Colour*	Layers
	Natura Xtra Light 1S <sup>N</sup>	401	1 – shallow	– 40%	S	1–14	Ivory	2
	Natura Xtra Light 2S <sup>N</sup>	400	2 – average	– 40%	S	1–17	Ivory Tawny	2
	Natura Light 1S <sup>N</sup>	402	1 – shallow	– 25%	S	1–14	Ivory	2
	Natura Light 1S	664	1 – shallow	– 25%	S	1–14	Ivory	3
	Natura Light 2S	390	2 – average	– 25%	S	1–17	Ivory Tawny	3
	Natura Light 2A	392	2 – average	– 25%	A	0–14 L/R	Ivory	3
	Natura Light 3S	391	3 – volume	– 25%	S	0–12	Ivory	3
	Natura Cosmetic 2S <sup>N*</sup>	323	2 – average	–20%	S	1–14	Ivory	3
	Natura Cosmetic 2S	320	2 – average	–20%	S	1–14	Ivory	3
	Natura Cosmetic 3S*	321	3 – volume	–20%	S	1–12	Ivory	3
	Natura Cosmetic 3E*	322	3 – volume	–20%	E	1–14 L/R	Ivory	3
	Natura 1S	396	1 – shallow	full even weight distribution	S	1–14	Ivory	2
	Natura 2S	398	2 – average	full even weight distribution	S	1–10	Ivory	3
	Natura 2A	393	2 – average	full even weight distribution	A	0–12 L/R	Ivory	3
	Natura 3S	395	3 – volume	full even weight distribution	S	0–12	Ivory	3
	Natura 3E	397	3 – volume	full even weight distribution	E	1–14 L/R	Ivory	2

For fitting tips and sizing chart see page 94 and 95.

\*while stocks last until 2025

### 1) OVERVIEW OF CUP FORMS:

**1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form

**2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

**3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

### 2) OVERVIEW OF FORMS:

**S = Symmetrical:** Can be worn on the left and right side interchangeably

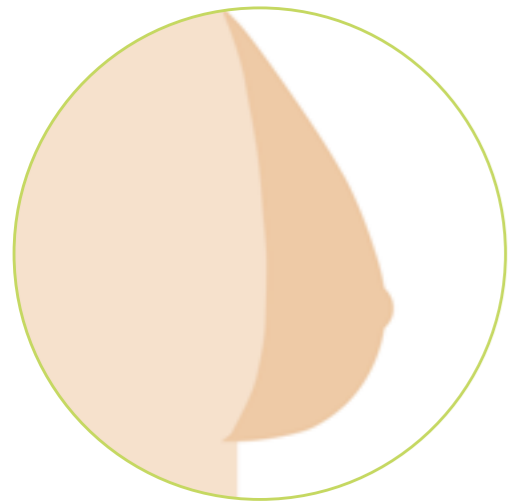
**A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm

**E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

\*Light und Xtra Light forms have a more muted colour.

# ESSENTIAL

Breast form that provides the basic care your patient needs for a symmetrical appearance



## Single-layer breast form



Soft, matte PU film and high-quality silicone guarantee a pleasant feel

Standard and lightweight breast forms to create a symmetrical appearance and restore a feminine silhouette.

## Basic

## Overview

Image	Product name	Item no.	Cup form <sup>1</sup>	Weight	Shape <sup>2</sup>	Sizes	Colour <sup>*</sup>	Layers
	<b>Essential Light 1S<sup>N</sup></b>	314	1 – shallow	– 25%	S	1–14	Ivory	1
	<b>Essential Light 2S</b>	442	2 – average	– 25%	S	1–17	Ivory Tawny	1
	<b>Essential Light 3E</b>	556	3 – volume	– 25%	E	1–14 L/R	Ivory Tawny (upon request)	1
	<b>Essential 3S</b>	363	3 – volume	full even weight distribution	S	0–12	Ivory	1

For fitting tips and sizing chart see page 94 and 95.

## WEIGHT OPTIONS



## COLOURS



### 1) OVERVIEW OF CUP FORMS:

**1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form

**2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

**3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

### 2) OVERVIEW OF FORMS:

**S = Symmetrical:** Can be worn on the left and right side interchangeably

**A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm

**E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

<sup>\*</sup>Light und Xtra Light forms have a more muted colour.

# ACCESSORIES

## Additional breast forms and accessories


Image	Product name	Item no.	Special features	Material	Form*	Size	Colour
	<b>Aqua Wave Swimform</b>	149	Blue transparent silicone form for water activities. Structured back allows water and air to pass through. Comes with waterproof case		S	1-14	blue/transparent
	<b>Balance Aqua Wave</b>	150	Blue transparent silicone shaper for water activities. Structured back allows water and air to pass through. Comes with waterproof case		S	1/2 - 11/12	blue/transparent
	<b>Self-adhesive nipples</b>	136   Ivory, 137   Almond 138   Bronze 139   Tawny	Supple, self-adhesive silicone. For use with our range of breast forms and shapers. Also suitable to wear on reconstructed breasts or nipples. Includes a 30ml bottle of Amoena Soft Cleanser for cleaning	2 pcs including 30ml SoftCleanser	-	S 3,4 cm, M 3,9 cm, L 4,9 cm	-
	<b>Demo Kit self-adhesive nipples</b>	134	Demo Kit with nipples in each colour and size to help patients determine which model they need (only available for stockists)	Kit with 12 nipples	-	-	-
	<b>Amoena Soft Cleanser</b>	087	Specially developed for cleaning the adhesive surface of self-adhesive Amoena products (Contact breast forms, Contact breast shapers and nipples). No oil-based ingredients. Also suitable for cleaning non-adhesive breast forms		-	150 ml	-
	<b>Amoena Soft Brush</b>	089	Specially developed for Amoena products. Very soft, round bristles that do not damage the adhesive surface	1 pcs	-	-	-
	<b>Adapt Air Pump</b>	070	Replacement pump for Adapt Air breast forms	1 unit in a polybag including instructions for use	-	-	-

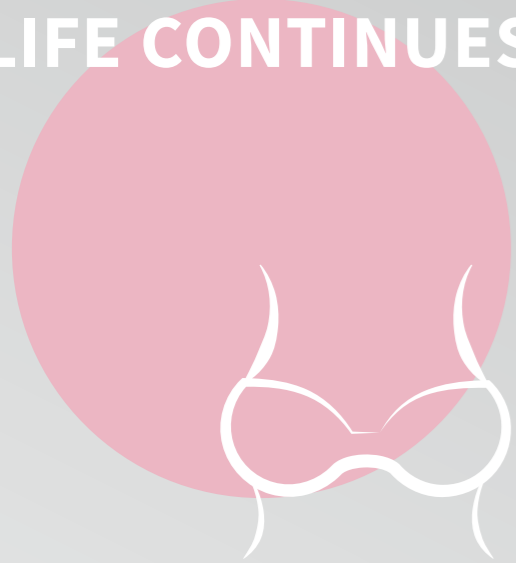
Image	Product name	Item no.	Special features	Material	Form*	Size	Colour
	<b>Breast Form Cover</b>	160	Protects breast forms, seamless front, soft fabric, opening on the back. Hand wash at 30 degrees. Suitable for breast forms 2S and 3S		-	1-17	-
	<b>Contact Back Pad and Foils</b>		Back pads make it possible to wear the Contact breast form in a bra pocket. The foils protect the adhesive back while they are being stored. Different shapes available for different breast form sizes	Includes 1 back pad and 2 foils	-	-	-
	<b>for items 380, 381 (2S)</b>	172			-	-	-
	<b>L/R for item 386 (3E)</b>	171			-	-	-
	<b>L/R for item 383 (2A)</b>	170			-	-	-
	<b>for item 384 (1S)</b>	167			-	-	-
	<b>for item 382, 385 (3S)</b>	168			-	-	-
	<b>for item 286 (SV)</b>	146			-	-	-
	<b>for item 229 (BMD), 230 (BVD)</b>	173			-	-	-

LINGERIE AND SWIMWEAR

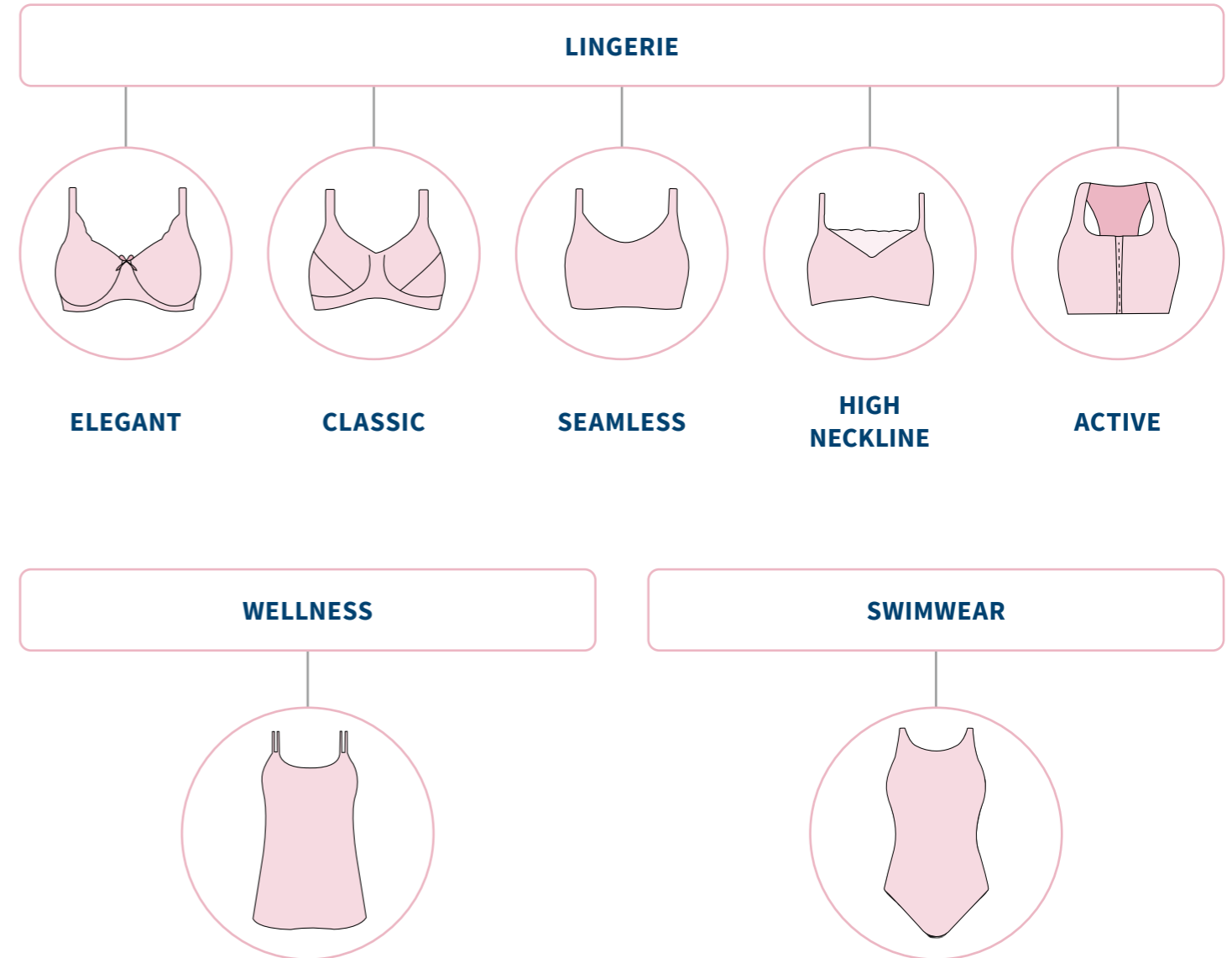
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WHERE EVERYDAY  
LIFE CONTINUES



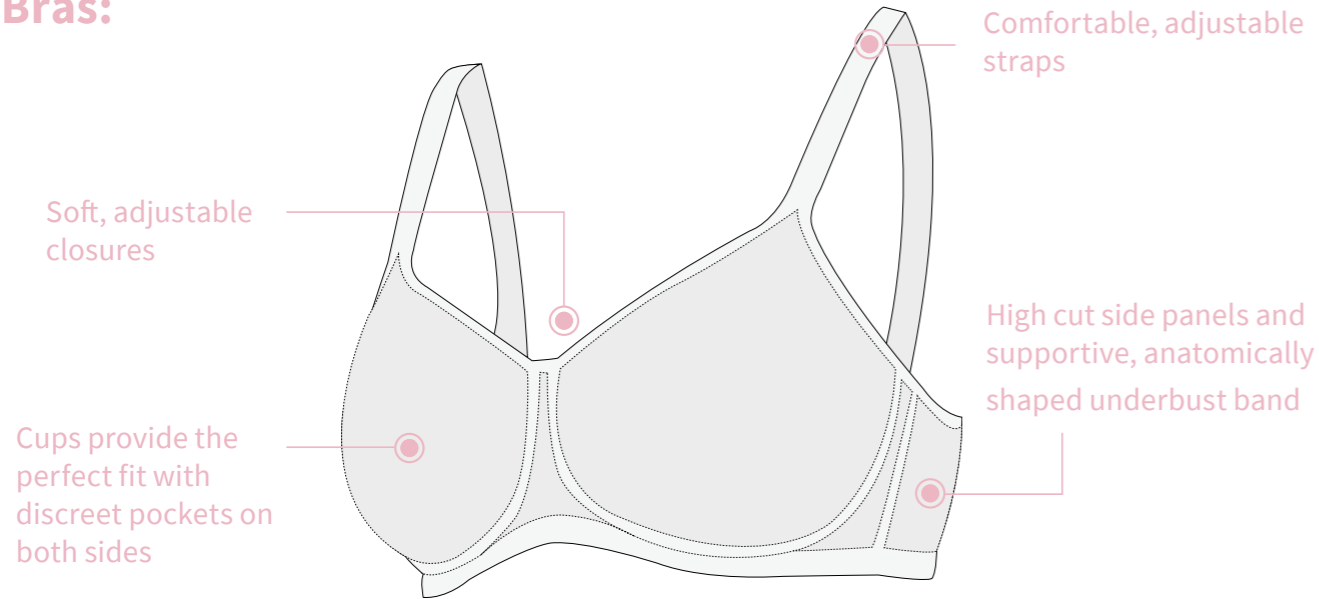
# LINGERIE AND SWIMWEAR PORTFOLIO OVERVIEW



# FEATURES

## LINGERIE AND SWIMWEAR

### Bras:



### Swimwear:



# MATERIALS

Our special bras and swimwear are made with only the highest quality materials.



### OekoTex®

OEKO-TEX® STANDARD 100 is one of the world's best-known labels for textiles tested for harmful substances. The OEKO-TEX® testing institutes use it for the globally standardised certification of the safety of textile products in terms of human health. This involves subjecting not only the textiles themselves, but also upstream products and all the components of the product to thorough testing. Products that pass this test are permitted to bear the label "OEKO-TEX® STANDARD 100 - Textiles you can trust." The certification is valid for one year. We only use materials certified by OEKO-TEX® in our production process.



### TENCEL™ Modal

- TENCEL™ Modal fibres are derived from wood grown under controlled, sustainable forestry conditions
- These fibres are produced through an innovative process with low environmental impact
- TENCEL™ fibres are very soft and breathable
- TENCEL™ is a trademark of Lenzing AG



### Bamboo

- Bamboo is a renewable resource
- It is an environmentally friendly fibre thanks to its lower water consumption, fast regrowth and pesticide-free cultivation
- The bamboo cellulose is manufactured by a viscose process and the resulting fibres can be processed into various textiles. Materials can be lightweight, breathable and have natural antibacterial properties.



### LYCRA® XTRA LIFE™

- LYCRA® XTRA LIFE™ Elastane ensures long lasting fit and shape retention
- It is up to 10x more resistant to harmful effects of the swim environment like suntan lotion, heat and chlorine than unprotected Elastane
- Swimwear looks like new for longer
- LYCRA® XTRA LIFE™ is a trademark of The LYCRA Company

# ELEGANT

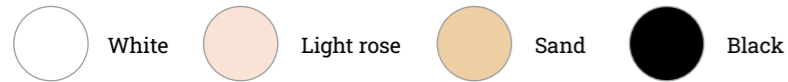
This feminine lingerie adorned with pretty lace, looks great and is comfortable too.



Our model, Karin, has had breast cancer surgery

Alina  
Soft Bra Padded

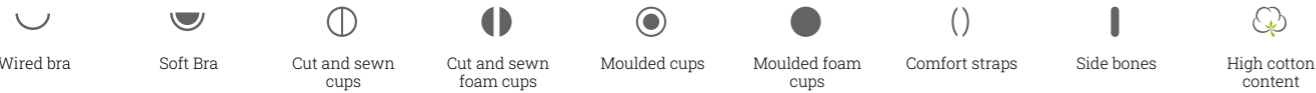
## COLOURS



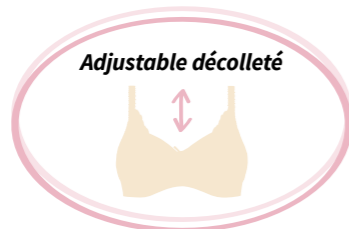
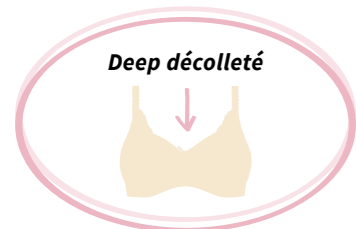
## FEATURES

- Eye-catching styles featuring plenty of lace
- Customisable styles that can be personalised
- Comfortable and adjustable with elastic straps
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 44 DD

## BRA FEATURES











## POCKET FEATURES



## Overview












Sizing charts  
see page 97.

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>ALINA</b> Soft Bra premium 	34-42 A, B, C, D 2 rows: 34-42 A; 34-40 B; 34-38C; 34-36 D 3 rows: 42 B; 40-42 C; 38-42 D   <b>44509</b>   light rose/grey	<ul style="list-style-type: none"> <li>• Adjustable for two wearing options: higher cut to conceal any skin irritation and scarring, or lower cut for a more open décolleté</li> </ul>  82% Polyamide 12% Elastane 6% Polyester
<b>ALINA</b> Soft Bra Padded premium 	34-42 A, B, C, D 2 rows: 34-42 A; 34-40 B; 34-38 C; 34-36 D 3 rows: 42 B; 40-42 C; 38-42 D   <b>44850</b>   light rose/grey	<ul style="list-style-type: none"> <li>• Deep décolleté ideal for our shapers and breast form 3E</li> <li>• Thinly padded cups hide unevenness and skin irritations</li> </ul>  56% Polyamide 25% Polyurethane 10% Polyester 9% Elastane
<b>ALINA</b> Briefs premium 	10-18   <b>44512</b>   light rose/grey	<ul style="list-style-type: none"> <li>• No visible lines under clothing thanks to soft, flat hems around the leg</li> <li>• Comfortable, soft gusset lined with cotton</li> </ul> 69% Polyamide 12% Elastane 10% Cotton 9% Polyester

Product colours may vary slightly from those shown in the photos.

Overview

Sizing charts  
see page 97.

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>KAROLINA</b> Soft Bra premium 	32-44 A, B, C, D, DD  2 rows: 32-42 A; 32-40 B; 32-38 C; 32-36 D; 32-34 DD 3 rows: 44 A; 42-44 B; 40-44 C; 38-44 D; 36-44 DD   <b>44505</b> white/light sand <b>44856</b> sand <b>44763</b> black/sand	<ul style="list-style-type: none"> <li>• Pockets made from breathable, temperature-regulating microfibre material</li> </ul>   75% Polyamide 20% Elastane 5% Viscose
<b>KAROLINA</b> Soft Bra Padded premium 	34-44 AA, A, B, C, D  2 rows: 34-44 AA; 34-42 A; 34-40 B; 34-38 C; 34-36 D 3 rows: 44 A; 42-44 B; 40-44 C; 38-44 D   <b>44506</b> white/light sand <b>44857</b> sand <b>44764</b> black/sand	<ul style="list-style-type: none"> <li>• Padded cups cover any unevenness and skin irritation</li> </ul>   55% Polyamide 27% Polyester 14% Elastane 4% Viscose
<b>KAROLINA</b> Wired Bra premium 	34-44 A, B, C, D, DD  2 rows: 34-42 A; 34-40 B; 34-38 C; 34-36 D; 34 DD 3 rows: 44 A; 42-44 B; 40-44 C; 38-44 D; 36-44 DD   <b>44507</b> white/light sand <b>44858</b> sand <b>44765</b> black/sand	<ul style="list-style-type: none"> <li>• Pockets made from breathable, temperature-regulating microfibre material</li> </ul>   77% Polyamide 20% Elastane 3% Viscose
<b>KAROLINA</b> Briefs premium 	8-20   <b>44508</b> white/light sand <b>44859</b> sand <b>44766</b> black/sand	<ul style="list-style-type: none"> <li>• Comfortable, soft gusset lined with cotton</li> </ul> 71% Polyamide 20% Elastane 7% Cotton 2% Viscose



Our model, Aurélie, has had breast cancer surgery

Product colours may vary slightly from those shown in the photos.

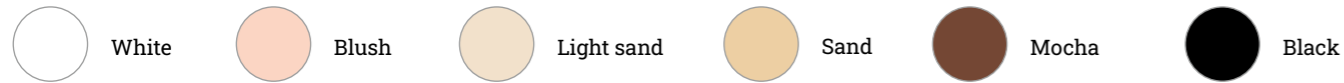
# CLASSIC

Lingerie that combines function with timeless design for everyday use – the perfect choice for any occasion



Isadora  
Soft Bra

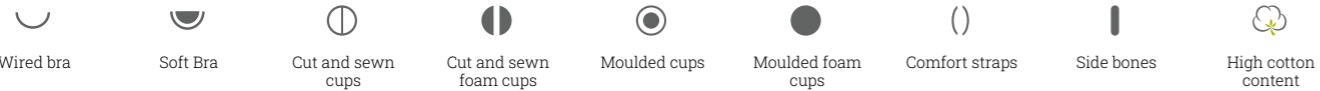
## COLOURS



## FEATURES

- Functional features such as a front closure and wide, padded and adjustable comfort straps provide relief for the neck and shoulders
- Functional materials: very skin friendly cotton and breathable microfibre
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 48 E / 42 F

## BRA FEATURES







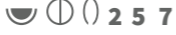







## POCKET FEATURES












## Overview

Sizing charts  
see page 97.



Product name   Price category Item No.   Colour	Sizes	Features   Material
<p><b>NEW</b> <b>CAMILLA</b> Soft Bra <i>advanced</i></p>  <p><b>44871</b> black/sand</p>	<p>34–44 A, B, C, D, DD</p> <p>2 rows: 34–44 AA; 34–42 A; 34–40 B; 34–38 C; 34–36 D; 34 DD</p> <p>3 rows: 44 A; 42–44 B; 40–44 C; 38–44 D; 36–44 DD</p>	<ul style="list-style-type: none"> <li>• 3-section cup for perfect support even for larger sizes</li> <li>• Wide, padded front straps for optimal comfort</li> <li>• Straps are adjustable at the back</li> <li>• Higher coverage at the side and back for high stability</li> </ul> <p>☪ ⊕ ⊖ 2 4</p> <p>86% Polyamide 14% Elastane</p>
<p><b>NEW</b> <b>CAMILLA</b> Soft Bra Padded <i>advanced</i></p>  <p><b>44928</b> black/sand</p>	<p>34–42 AA, A, B, C, D</p> <p>2 rows: 34–44 AA; 34–42 A; 34–40 B; 34–38 C; 34–36 D</p> <p>3 rows: 44 A; 42–44 B; 40–44 C; 38–44 D</p>	<ul style="list-style-type: none"> <li>• Padded foam cup covered with decorative all-over lace for an ideal cup shape</li> <li>• Wide, padded front straps for optimal comfort</li> <li>• Straps are adjustable at the back</li> <li>• Higher coverage at the side and back for high stability</li> </ul> <p>☪ ⊕ ⊖ ⊙ ⊖ 2 4</p> <p>82% Polyamide 18% Elastane</p>
<p><b>NEW</b> <b>CAMILLA</b> Wired Bra <i>advanced</i></p>  <p><b>44929</b> black/sand</p>	<p>34–42 B, C, D, DD, E</p> <p>2 rows: 34–40 B; 34–38 C; 34–36 D; 34 DD</p> <p>3 rows: 42 B; 40–42 C; 38–42 D; 36–42 DD; 34–42 E</p>	<ul style="list-style-type: none"> <li>• 3-section cup for perfect support even for large sizes</li> <li>• Straps are adjustable at the back</li> <li>• Higher coverage at the side and back for high stability</li> </ul> <p>☪ ⊕ 2 4</p> <p>81% Polyamide 19% Elastane</p>

Product name   Price category Item No.   Colour	Sizes	Features   Material
<b>ISADORA</b> Soft Bra <i>advanced</i> 	34-50 A, B, C, D, DD; 34-44 E, F  2 rows: 34-40 A; 34-40 B, C; 34-38 D 3 rows: 42-50 A, B; 42-46 C; 40-44 D; 34-42 DD; 34-40 E; 34-38 F 4 rows: 48-50 C; 46-50 D; 44-50 DD; 42-44 E; 40-44 F	<ul style="list-style-type: none"> <li>Cup construction with lateral support specially developed for larger sizes</li> <li>Ultra-soft breathable cotton pockets at lower part ideal for sensitive skin</li> </ul>  44% Polyamide 29% Polyester 14% Elastane 13% Cotton
 0947   white    44804   blush    0948   sand    44855   mocha    44114   black		
<b>JASMIN</b> Soft Bra <i>advanced</i> 	32-42 AA, A, B; 34-42 C  2 rows: 32-42 AA, A, B; 34-42 C	<ul style="list-style-type: none"> <li>Cotton lace detail with stretch, making the bra light and comfortable</li> <li>Ultra-soft breathable cotton pockets at lower part ideal for sensitive skin</li> </ul>  68% Cotton 18% Polyamide 7% Elastane 7% Polyester
 0900N white		
<b>NEW</b> <b>JENNA</b> Soft Bra <i>basic</i> 	34-46 A, B, C, D, DD, E  3 rows: 34-42 A; 32-40 B; 34-38 C; 34-36 D; 34 DD 4 rows: 44-46 A; 42-46 B; 40-46 C; 38-46 D; 36-46 DD; 34-46 E	<ul style="list-style-type: none"> <li>Cup construction is specially designed for larger sizes</li> <li>Ultra-comfy, softly padded straps and closures</li> </ul>  83% Polyamide 12% Cotton 5% Elastane
 44940 blush		



Product colours may vary slightly from those shown in the photos.

Product name   Price category Item No.   Colour	Sizes	Features   Material
<b>LESLIE</b> Soft Bra <i>premium</i> 	34-54 A, B, C, D, DD; 34-52 E; 34-50 F  2 rows: 34-38 A; 34-36 B; 34 C 3 rows: 40-44 A; 38-42 B; 36-40 C; 34-38 D; 34-36 DD; 75 E 4 rows: 46-54 A; 44-54 B; 42-54 C; 40-54 D; 38-54 DD; 36-52 E; 34-50 F	<ul style="list-style-type: none"> <li>Structured material, also on the pockets, provides a light massage effect</li> <li>Cup construction specially designed for larger sizes, wide range of sizes</li> <li>Higher coverage of side and back parts and wider underbust band for even greater wearing comfort</li> </ul>  88% Polyamide 12% Elastane
 44847   sand		
<b>NANCY</b> Soft Bra <i>basic</i> 	34-48 A, B; 34-52 C, D; 34-50 DD, E, F  2 rows: 34-42 A; 34-36 B; 34 C 3 rows: 44-48 A; 38-42 B; 36-40 C; 34-38 D; 34-36 DD, 34 E 4 rows: 44-48 B; 42-52 C; 40-52 D; 38-50 DD; 36-50 E; 34-50 F	<ul style="list-style-type: none"> <li>Pockets made from breathable, temperature-regulating material</li> </ul>  60% Polyester 31% Polyamide 9% Elastane
 44480   white    1151   light sand    44807   blush    44870   black		
<b>NANCY</b> Soft Bra Front Closure <i>basic</i> 	32-44 B; 34-52 C, D; 34-50 DD, E, F Front: 5 rows: 32 B; 38 B; 36 C; 34 D 6 rows: 34-36 B; 40 B; 34 C; 38 C; 36 D 7 rows: 42-44 B; 40-42 C; 46-48 C; 38-40 D; 44-46 D; 52 D; 34-36 DD; 40-42 DD; 48-50 DD; 34-36 E; 42-44 E; 34 F; 40-42 F 8 rows: 44 C; 42 D; 38 DD 9 rows: 50-52 C; 48-50 D; 44-46 DD; 38-40 E; 48-50 E; 36-38 F; 46-48 F 10 rows: 46 E; 44 F 11 rows: 50 F Back: 2 rows: 32-36 B; 34 C 3 rows: 38-42 B; 36-40 C; 34-38 D; 34-36 DD; 34 E 4 rows: 44 B; 42-52 C; 40-52 D; 38-50 DD; 36-50 E; 34-50 F	<ul style="list-style-type: none"> <li>Based on our best-selling Nancy Soft Bra with additional front closure</li> <li>Pockets made from breathable, temperature-regulating material</li> </ul>  60% Polyester 31% Polyamide 9% Elastane
 44808   blush    44739   light sand*    44740   dark grey*		

Product colours may vary slightly from those shown in the photos.  
\*while stocks last

Product name   Price category Item No.   Colour	Sizes	Features   Material
<p><b>NORA</b> Soft Bra <i>advanced</i></p>  <p>0555N   white*</p>	<p>36-46 A, B, C, D</p> <p>2 rows: 36-38 A, B, C, D 3 rows: 40-46 A, B, C, D</p>	<ul style="list-style-type: none"> <li>Cup construction with lateral support specially developed for larger sizes</li> <li>Ultra-soft breathable cotton pockets ideal for sensitive skin</li> </ul> <p>☾ ⊕ ⊖ ♻️ 2 5</p> <p>48% Cotton 44% Polyamide 8% Elastane</p>
<p><b>RITA</b> Soft Bra <i>basic</i></p>  <p>2004   white    2004   sand    2004   black</p>	<p>34-44 A, B, C; 34-46 D; 36-46 DD</p> <p>2 rows: 34-44 A; 34-38 B; 34-36 C 3 rows: 40-44 B; 38-44 C; 34-38 D; 36-38 DD 4 rows: 40-46 D, DD</p>	<ul style="list-style-type: none"> <li>Pockets made from breathable, temperature-regulating material</li> </ul> <p>☾ ⊕ 2 7</p> <p>77% Polyester 19% Polyamide 4% Elastane</p>

Product colours may vary slightly from those shown in the photos.  
\*while stocks last

Product name   Price category Item No.   Colour	Sizes	Features   Material
<p><b>RUTH</b> Soft Bra <i>basic</i></p>  <p>0872   sand*</p>	<p>32-46 AA, A, B; 32-44 C; 32-42 D, DD; 32-40 E</p> <p>2 rows: 32-46 AA; 32-44 A; 32-42 B; 32-40 C; 32-38 D 3 rows: 46 A; 44-46 B; 42-44 C; 40-42 D; 32-42 DD; 32-40 E</p>	<ul style="list-style-type: none"> <li>High ultra-soft cotton component ideal for sensitive skin (including pockets)</li> </ul> <p>☾ ⊕ ⊖ ♻️ 2 5</p> <p>100% Cotton</p>
<p><b>TESSA</b> Soft Bra <i>basic</i></p>  <p>44801   blush*</p>	<p>32-46 A, B, C, D, DD, E</p> <p>3 rows: 32-42 A; 32-40 B; 32-38 C; 32-36 D; 32-34 DD; 32 D 4 rows: 44-46 A; 42-46 B; 40-46 C; 38-46 D; 36-46 DD; 34-46 E</p>	<ul style="list-style-type: none"> <li>Cup construction specially developed for larger sizes</li> <li>Ultra-soft, breathable pockets made from a cotton mix, ideal for sensitive skin</li> </ul> <p>☾ ⊕ ⊖ 2 5</p> <p>96% Polyester 4% Elastane</p>

Product colours may vary slightly from those shown in the photos.  
\*while stocks last

# SEAMLESS

T-shirt bras with seamless cups ensure the bra is virtually invisible under clothing.



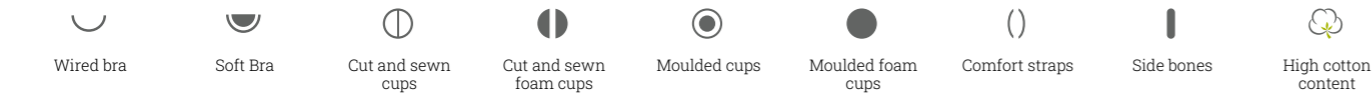
## COLOURS



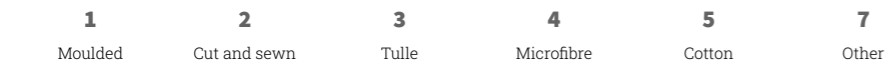
## FEATURES

- Smart sizing: innovative materials and technologies provide the perfect support for fluctuations in size and cover intermediate sizes
- Functional materials: very skin friendly (organic) cotton and breathable microfibre
- Moulded padded cups cover any unevenness
- Partially adjustable, wide straps provide relief for the shoulders and neck
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 46 E / 42 F

## BRA FEATURES

















## POCKET FEATURES






## Overview

Sizing charts see page 97.

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>AMY</b> Soft Bra <b>basic</b> 	S, M, L, XL, 2XL  S: 32-38 A; 32-36 B; 32-34 C; 32 D M: 38-42 A; 36-40 B; 34-38 C; 32-36 D; 34 DD L: 42-44 A; 40-44 B; 38-42 C; 36-40 D; 34-38 DD XL: 44-46 B; 42-46 C; 40-44 D; 38-42 DD 2XL: 46 C; 44-46 D; 42-46 DD   <b>44310</b>   blush  <b>44311</b>   black	<ul style="list-style-type: none"> <li>• Special manufacturing technology (bonding) without seams or closures for optimal comfort</li> <li>• Broad back support to provide relief</li> <li>• Entire bra made from breathable, temperature-regulating microfibre materials</li> <li>• Ideal for sleeping</li> </ul>   <b>1 4</b>  72% Polyester 28% Elastane
<b>AYLIN</b> Soft Bra <b>advanced</b> 	S, M, L, XL, 2XL  3 rows: S, M 4 rows: L, XL, 2XL  S: 32-38 A; 32-36 B; 32-34 C; 32 D M: 38-42 A; 36-40 B; 34-38 C; 32-36 D; 34 DD L: 42-44 A; 40-44 B; 38-42 C; 36-40 D; 34-38 DD XL: 44-46 B; 42-46 C; 40-44 D; 38-42 DD 2XL: 46 C; 44-46 D; 42-46 DD   <b>44851</b>   blush  <b>44852</b>   black	<ul style="list-style-type: none"> <li>• Special manufacturing technology without seams for ultimate wearing comfort</li> <li>• Broad back support to provide relief</li> <li>• Entire bra made from breathable, temperature-regulating microfibre materials</li> <li>• Ideal for sleeping</li> </ul>   <b>1 4</b>  72% Polyester 28% Elastane
<b>BARBARA</b> Wired Bra Padded <b>advanced</b> 	32-40 A, B, C; 32-38 D  3 rows: 32-40 A, B, C; 32-38 D   <b>0457</b>   sand	<ul style="list-style-type: none"> <li>• Perfect support for pairing with strapless garments</li> <li>• Various ways to wear the straps: strapless, halterneck, crossover, or classic; comes with additional transparent silicone straps</li> <li>• Silicone band on upper edge of the cup for a secure hold and to prevent slipping</li> </ul>   <b>1 4</b>  72% Polyamide 14% Polyester 14% Elastane




Product colours may vary slightly from those shown in the photos.

Product name   Price category Item No.   Colour	Sizes	Features   Material
<p><b>BECKY</b> Soft Bra basic</p>  <p>44676   off-white    44677   blush</p>	<p>S, M, L, XL, 2XL</p> <p>S: 32-38 A; 32-36 B; 32-34 C; 32 D M: 38-42 A; 36-40 B; 34-38 C; 32-36 D; 34 DD L: 34-44 A; 40-44 B; 38-42 C; 36-40 D; 34-38 DD XL: 44-46 B; 42-46 C; 40-44 D; 38-42 DD 2XL: 46 C; 44-46 D; 42-46 DD</p>	<ul style="list-style-type: none"> <li>• High ultra-soft organic cotton ideal for sensitive skin</li> <li>• Special manufacturing knit technology without seams or closures for optimal comfort</li> <li>• Broad back support to provide relief</li> <li>• Ideal for sleeping</li> </ul> <p>☾ ● 🌿 1 5</p> <p>60% Cotton (organic) 32% Polyamide 8% Elastane</p>
<p><b>ELIZA</b> Soft Bra basic</p>  <p>44802   blush    44803   black</p>	<p>S, M, L, XL, 2XL</p> <p>2 rows: S, M, 3 rows: L, XL, 2XL</p> <p>S: 32-38 A; 32-36 B; 32-34 C; 32 D M: 38-42 A; 36-40 B; 34-38 C; 32-36 D; 34 DD L: 42-44 A; 40-44 B; 38-42 C; 36-40 D; 34-38 DD XL: 44-46 B; 42-46 C; 40-44 D; 38-42 DD 2XL: 46 C; 44-46 D; 42-46 DD</p>	<ul style="list-style-type: none"> <li>• Special manufacturing knit technology for optimal comfort</li> <li>• Special knit structure that creates a gentle massaging effect (including pockets)</li> <li>• Light, soft padding in cups that can be removed as required</li> </ul> <p>☾ ● 1 7</p> <p>92% Polyamide 8% Elastane</p>
<p><b>KITTY</b> Soft Bra basic</p>  <p>44607   blush</p>	<p>S, M, L, XL, 2XL</p> <p>S: 32-38 A; 32-36 B; 32-34 C; 32 D M: 38-42 A; 36-40 B; 34-38 C; 32-36 D; 34 DD L: 42-44 A; 40-44 B; 38-42 C; 36-40 D; 34-38 DD XL: 44-46 B; 42-46 C; 40-44 D; 38-42 DD 2XL: 46 C; 44-46 D; 42-46 DD</p>	<ul style="list-style-type: none"> <li>• High cotton content ideal for sensitive skin</li> <li>• Special manufacturing knit technology without seams or closures for optimal comfort</li> <li>• Broad back support to provide relief</li> <li>• Ideal for sleeping</li> <li>• Light, soft padding in cups that can be removed as required</li> </ul> <p>☾ ● 🌿 1 5</p> <p>69% Cotton 25% Polyamide 6% Elastane</p>




Product colours may vary slightly from those shown in the photos.

Product name   Price category Item No.   Colour	Sizes	Features   Material
<p><b>KITTY</b> Top advanced</p>  <p>44736   blush*</p>	<p>S, M, L, XL, 2XL</p> <p>S: 32-38 A; 32-36 B; 32-34 C; 32 D M: 38-42 A; 36-40 B; 34-38 C; 32-36 D; 34 DD L: 42-44 A; 40-44 B; 38-42 C; 36-40 D; 34-38 DD XL: 44-46 B; 42-46 C; 40-44 D; 38-42 DD 2XL: 46 C; 44-46 D; 42-46 DD</p>	<ul style="list-style-type: none"> <li>• Based on the Kitty Soft Bra, designed to be worn as a top</li> <li>• High cotton content ideal for sensitive skin</li> <li>• Special manufacturing knit technology without seams or closures for optimal comfort</li> <li>• Ideal for sleeping</li> <li>• Lightweight soft cups can be removed</li> </ul> <p>☾ ● 🌿 1 5</p> <p>69% Cotton 25% Polyamide 6% Elastane</p>
<p><b>LARA</b> Soft Bra Padded advanced</p>  <p>0752   off-white    0674   sand    0675   black</p>	<p>32-44 AA, A, B, C; 34-44 D, DD</p> <p>2 rows: 32-44 AA; 32-42 A; 32-40 B; 32-38 C; 34-36 D; 34 DD 3 rows: 44 A; 42-44 B; 40-44 C; 38-44 D; 36-44 DD</p>	<ul style="list-style-type: none"> <li>• Moulded padded cups cover any unevenness</li> <li>• Moulded pockets made from breathable, temperature-regulating microfibre material</li> </ul> <p>☾ ●   1 4</p> <p>84% Polyamide 16% Elastane</p>

Product colours may vary slightly from those shown in the photos.  
\* while stocks last

Product name   Price category Item No.   Colour	Sizes	Features   Material
<p><b>LARA SATIN</b> Soft Bra Padded <i>advanced</i></p>  <p>44214   sand    44212   black</p>	<p>32-44 AA, A, B, C, D, DD</p> <p>2 rows: 34-44 AA; 34-42 A; 34-40 B; 34-38 C; 34-36 D; 34 DD</p> <p>3 rows: 44 A; 42-44 B; 40-44 C; 38-44 D; 36-44 DD</p>	<ul style="list-style-type: none"> <li>Moulded padded cups cover any unevenness and skin irritation</li> <li>Moulded pockets made from breathable, temperature-regulating microfibre material</li> </ul> <p>☾ ● ( ) 1 4</p> <p>74% Polyamide 15% Elastane 11% Polyester</p>
<p><b>MARA</b> Soft Bra Padded <i>basic</i></p>  <p>44534   off-white    1150   light sand    44805   blush    44864   mocha    44865   black</p>	<p>32-46 AA, A, B, C, D; 32-44 DD, E; 34-42 F</p> <p>2 rows: 32-40 AA; 32-38 A; 32-36 B; 32-34 C; 32 D</p> <p>3 rows: 42-46 AA; 40-46 A; 38-46 B; 36-46 C; 34-46 D; 32-44 DD, E; 34-42 F</p>	<ul style="list-style-type: none"> <li>Moulded pockets made from breathable, temperature-regulating microfibre material</li> </ul> <p>☾ ● 1 4</p> <p>83% Polyamide 11% Elastane 6% Polyester</p>
<p><b>MARA</b> Soft Bra Padded Front Closure <i>basic</i></p>  <p>44741   light sand*    44806   blush*    44742   dark grey*</p>	<p>32-46 AA, A, B, C, D; 32-44 DD, E; 34-42 F</p> <p>Front: 3 rows: 32-34 AA; 32 A 4 rows: 36-40 AA; 34-38 A; 32-36 B; 32-34 C; 32 D 5 rows: 42-46 AA; 40-46 A; 38-46 B; 36-42 C; 34-40 D; 32-38 DD; 32-36 E; 34 F 6 rows: 44-46 C; 42-46 D; 40-44 DD; 38-44 E; 36-42 F</p> <p>Back: 2 rows: 32-40 AA; 32-38 A; 32-36 B; 32-34 C; 32 D 3 rows: 42-46 AA; 40-46 A; 38-46 B; 36-46 C; 34-46 D; 32-44 DD, E; 34-42 F</p>	<ul style="list-style-type: none"> <li>Based on our best-selling Mara Soft Bra with additional front closure</li> <li>Pre-formed pockets made from breathable, temperature-regulating material</li> </ul> <p>☾ ● 1</p> <p>83% Polyamide 11% Elastane 6% Polyester</p>

Product colours may vary slightly from those shown in the photos.  
\*while stocks last

Product name   Price category Item No.   Colour	Sizes	Features   Material
<p><b>MIRA</b> Soft Bra <i>advanced</i></p>  <p>44610   light taupe</p>	<p>32-42 AA, A, B; 34-40 C, D; 34-38 DD</p> <p>2 rows: 32-40 AA, A; 32-38 B; 34-36 C, D, DD</p> <p>3 rows: 42 AA, A; 40-42 B; 38-40 C, D; 38 DD</p>	<ul style="list-style-type: none"> <li>Reinforced sides for more support</li> <li>Moulded pockets made from breathable, temperature-regulating microfibre material</li> </ul> <p>☾ ● ( ) 1 4</p> <p>79% Polyamide 21% Elastane</p>
<p><b>MONA</b> Soft Bra <i>advanced</i></p>  <p>0606   white    0568   off-white    0591   black</p>	<p>32-42 AA, A, B; 34-40 C, D; 34-38 DD</p> <p>2 rows: 32-40 AA, A; 32-38 B; 34-36 C, D, DD</p> <p>3 rows: 42 AA, A; 40-42 B; 38-40 C, D; 38 DD</p>	<ul style="list-style-type: none"> <li>Moulded pockets made from breathable, temperature-regulating microfibre material</li> </ul> <p>☾ ● ( ) 1 4</p> <p>79% Polyamide 21% Elastane</p>
<p><b>TIANA</b> Soft Bra <i>advanced</i></p>  <p>44889   off-white NEW    44809   sand    44931   mocha NEW    44890   black NEW</p>	<p>32-46 AA, A, B, C, D, DD, E</p> <p>2 rows: 32-44 AA; 32-42 A; 32-40 B; 32-38 C; 32-36 D; 32-34 DD; 32 E</p> <p>3 rows: 46 AA; 44-46 A; 42-46 B; 40-46 C; 38-44 D; 36-42 DD; 34-40 E</p> <p>4 rows: 46 D; 44-46 DD; 42-46 E</p>	<ul style="list-style-type: none"> <li>Inspired by the Amoena Dianna bra</li> <li>Breathable, temperature balancing material offers a good skin climate and a comfortable wearing feeling</li> <li>Soft padded front straps for maximum comfort and to relieve the shoulders</li> </ul> <p>☾ ● ( ) 1 4</p> <p>75% Polyamide 25% Elastane in base size 34 B</p>

Product colours may vary slightly from those shown in the photos.

# HIGH CUT

Camisole-style bras with decorative lace along the décolleté to cover high scarring.



Isabel  
Soft Bra

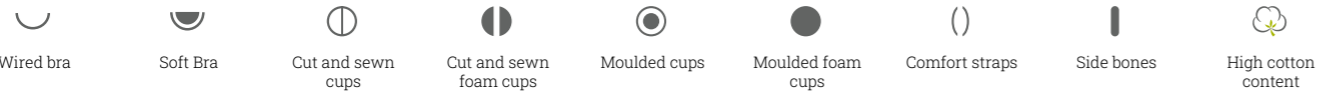
## COLOURS



## FEATURES

- High neckline with delicate lace inserts to cover high scarring or radiotherapy burns
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 42 DD

## BRA FEATURES










## POCKET FEATURES



## Overview

Sizing charts  
see page 97.

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>ISABEL</b> Soft Bra <b>basic</b> 	34-44 AA, A; 34-46 B, C; 34-42 D, DD  2 rows: 34-44 AA, A; 34-40 B, C 3 rows: 42-46 B, C; 32-40 D; 34-38 DD 4 rows: 42 D; 40-42 DD   2118   white  2118   black	<ul style="list-style-type: none"> <li>• Ultra-soft breathable cotton pockets ideal for sensitive skin</li> <li>• Cups with lateral support, specially designed for larger sizes for an even better fit</li> </ul>   40% Polyamide 32% Cotton 18% Polyester 10% Elastane
<b>ALINA</b> Soft Bra <b>premium</b> 	34-42 A, B, C, D  2 rows: 34-42 A; 34-40 B; 34-38C; 34-36 D 3 rows: 42 B; 40-42 C; 38-42 D   44509   light rose/grey	<ul style="list-style-type: none"> <li>• Adjustable for two wearing options: higher cut to conceal any skin irritation and scarring, or lower cut for a more open décolleté</li> </ul>   82% Polyamide 12% Elastane 6% Polyester

Product colours may vary slightly from those shown in the photos.

# ACTIVE

Designed for playing sport with functional, breathable materials for optimal support and comfort.



Jolie  
Soft Bra

## COLOURS



## FEATURES

- Good coverage and broad underbust band ensure optimal support
- Functional materials and breathable mesh inserts ensure better moisture absorption and temperature regulation
- Pockets made primarily from breathable, temperature-regulating microfibre materials
- Wide padded and adjustable comfort straps to provide relief for the shoulders and back
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 42 DD

## BRA FEATURES



## POCKET FEATURES



## Overview

Sizing charts  
see page 97.

Product name   Price category	Sizes   Support Level   Item No.   Colour	Features   Material
<b>ESTER</b> Soft Bra Front Closure <b>advanced</b> 	32-44 A, B, C, D; 36-42 DD  7 rows: 32-38 A, 32-36 B, 32-34 C, 32 D 8 rows: 40-44 A, 38-42 B, 36-40 C, 34-38 D, 34-36 DD 10 rows: 44 B, 42-44 C, 40-44 D, 38-42 DD   42576   white    42577   black/grey	<ul style="list-style-type: none"> <li>• Front closure makes it easy to put the bra on and take it off</li> </ul>  83% Polyamide 17% Elastane
<b>JOLIE</b> Soft Bra <b>advanced</b> 	32-42 AA, A, B, C, D, DD  2 rows: 32-42 AA, A; 32-40 B; 32-38 C 3 rows: 42 B; 40-42 C; 32-40 D; 32-38 DD 4 rows: 42 D; 40-42 DD   44872   black/grey	<ul style="list-style-type: none"> <li>• Innovative new material with special technology: very breathable structured fabric provides a perfect skin climate</li> <li>• Wider padded front straps for shoulder relief</li> <li>• Adjustable, elastic back straps with racerback function to individually adjust the wearing style for different movements during various sports activities</li> </ul>  74% Polyester 20% Polyamide 6% Elastane
<b>GLORIA</b> Soft Bra Front Closure <b>advanced</b> 	S, M, L, XL, 2XL**   44070   black	<ul style="list-style-type: none"> <li>• Racer-back high-cut sports bra with front closure</li> <li>• Hidden hook closure beneath the zipper on the inside for additional support</li> </ul>  82% Micro-Polyamide 18% Elastane

Product colours may vary slightly from those shown in the photos.  
\*\*for size definition see sizing chart on page 97.

# WELLNESS

Cosy, comfortable styles that provide support day and night – the perfect choice to help you feel good any time.



## COLOURS



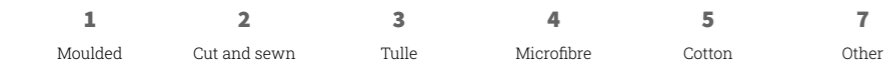
## FEATURES

- Very soft modal (Tencel) material offers exceptional comfort – for both day and night
- Built-in bra with integral pockets and soft, padded cups to hold breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms and shapers
- Adjustable double spaghetti straps
- Wide range of sizes up to 28

## FEATURES






## POCKET FEATURES



Sizing charts see page 97.

## Overview

Product name   Price category Item No.   Colour	Sizes	Features   Material		
<b>VALLETTA</b> Top advanced 	8–28	<ul style="list-style-type: none"> <li>• Ultra-soft TENCEL™ Modal material, which is extremely soft, breathable and offers a good skin climate</li> <li>• Ideal for women who are extra sensitive to traditional bras as a result of treatment effects</li> <li>• Supportive inner bustier with integrated bilateral pockets and soft padded cups holds a breast prosthesis or partial shaper securely in place,</li> </ul>  <p>90% Modal 10% Elastane</p>		
				
70230   white	44075   sand	44076   charcoal melange*	44873   mocha	70229   black

Product colours may vary slightly from those shown in the photos.  
\*while stocks last

## Accessories

Image	Product name	Item No.   Colour	Sizes	Features
	<b>Shoulder pads</b>	052   transparent	one size	<ul style="list-style-type: none"> <li>• Relieves the shoulders and prevents pressure marks</li> <li>• Transparent, soft and skin-friendly silicone for an inconspicuous appearance</li> <li>• Can help distribute weight and relieve pressure on the shoulder if needed</li> </ul>
	<b>Bra Extender</b>	121   black 122   white 123   off-white	2 Hook & Eye rows 3 Hook & Eye rows 4 Hook & Eye rows	<ul style="list-style-type: none"> <li>• Perfect match for Amoena bras</li> <li>• Suitable for volume fluctuations</li> <li>• Various heights</li> </ul>

# SWIMWEAR

Swimwear in sophisticated, fashionable styles and eye-catching colours.



**Manila**  
One Piece High Neck

**Manila**  
High Neck and High  
Waisted Briefs

## COLOURS



Black/white

## FEATURES



- Sustainable, high-quality materials such as LYCRA® XTRA LIFE™ ensure lasting fit and optimal chlorine resistance
- Material with excellent UV protection 50+ ensures optimal protection for sensitive skin and scars.
- Supportive bustier with integrated pockets and soft, padded cups to hold breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms, shapers and Aqua Wave breast forms
- Adjustable straps provide relief for the back and neck
- Wide range of sizes up to 52 DD

## FEATURES





- Wired bikini top
- Shelf Bra with super soft cups
- Moulded foam cups
- Full Bodice
- Anti-transparent lining in front
- Anti-transparent lining in front and back
- Light Shaping Effect
- Medium Shaping Effect
- High Shaping Effect
- 50 + Sun protection factor





## Overview

Sizing charts  
see page 97.

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<p><b>MANILA</b> One Piece High Neck <i>advanced</i></p> 	<p>34–48 B, C, D</p> <p> 71655   black/white</p>	<ul style="list-style-type: none"> <li>• High neckline hides scarring</li> <li>• Wide front straps for comfort and to relieve the shoulders</li> <li>• Adjustable back straps</li> </ul> <p></p> <p>80% Polyamide 20% Elastane</p>
<p><b>MANILA</b> Full Bodice <i>advanced</i></p> 	<p>34–52 B, C, D, DD</p> <p> 71656   black/white</p>	<ul style="list-style-type: none"> <li>• Lining in front and upper back shapes the figure and solid inserts at sides with princess seams slim the figure, therefore great for bigger sizes</li> <li>• Extra soft opaque lining in lower back for comfort</li> <li>• Wide front straps for comfort and to relieve the shoulders</li> </ul> <p></p> <p>80% Polyamide 20% Elastane</p>

Product colours may vary slightly from those shown in the photos.

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<p><b>MANILA</b> Sarong advanced</p> 	<p>34-48 B, C, D</p> <p>71657   black/white</p>	<ul style="list-style-type: none"> <li>• One piece with skirt in front for additional coverage</li> <li>• Opaque lining at the front and back for more opacity and coverage</li> <li>• Wide front straps for comfort and to relieve the shoulders</li> </ul>  <p>80% Polyamide 20% Elastane</p>
<p><b>MANILA</b> Blouson advanced</p> 	<p>34-48 B, C, D</p> <p>71658   black/white</p>	<ul style="list-style-type: none"> <li>• Flattering style fits every figure</li> <li>• Great for bigger sizes</li> <li>• Adjustable straps with contrast piping</li> </ul>  <p>80% Polyamide 20% Elastane</p>

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<p><b>MANILA</b> Soft Bikini Top High Neck advanced</p> 	<p>32-42 A, B, C</p> <p>71659   black/white</p>	<ul style="list-style-type: none"> <li>• Wide front straps for comfort and to relieve the shoulders</li> <li>• Adjustable back straps</li> <li>• Extra-long seam allowance at closure, allows for adjustment</li> </ul>  <p>80% Polyamide 20% Elastane</p>
<p><b>MANILA</b> High Waisted Briefs advanced</p> 	<p>8-24</p> <p>71660   black/white</p>	<ul style="list-style-type: none"> <li>• Elegant high waisted brief</li> <li>• Can be worn as highwaist midi brief by folding down the hemline</li> <li>• Great for bigger sizes</li> </ul>  <p>80% Polyamide 20% Elastane</p>

Product colours may vary slightly from those shown in the photos.

Additional breast forms

Image	Product name	Item No.	Features	Form	Size	Colour
	<b>Aqua Wave Swimform</b>	149	Silicone breast form especially for water activities, featuring raised waves that allow air and water to flow through	S	1-14	blue transparent
	<b>Balance Aqua Wave Swimform</b>	150	Silicone breast shaper especially for water activities, featuring raised waves that allow air and water to flow through	S	1/2-11/12	blue transparent

## LYMPH CARE

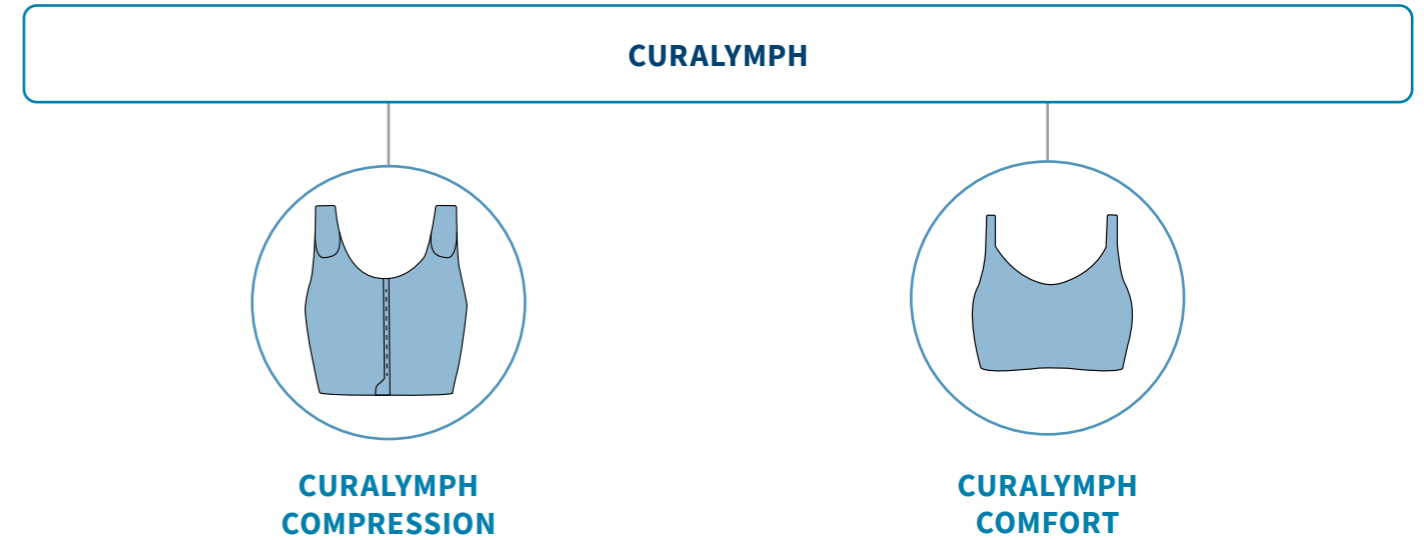
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WHERE THE  
FLOW BEGINS



# LYMPH CARE PORFOLIO OVERVIEW



The Amoena Lymph Care Concept is ideal for patients after breast cancer surgery with mild lymphatic disease in the thoracic and/or chest area.

Our care concept combines products from Recovery Care, Breast Forms & Shapers, Lymph Care and Lingerie & Swimwear. Our product solutions complement each other excellently and make a contribution to holistic care.

The **CuraLymph Comfort Products** and **Breast Care Textiles** are designed to prevent blocking of lymphatic drainage, which can be caused by pressure peaks or constrictions. Together with the **Adapt Air** or our lightweight breast forms, these products are suitable for patients with mild lymphoedema.

**Adapt Air**  
Breast forms & shapers



The perfect balance for  
maximum bra choice. Easy to  
adjust for the ideal volume.

Our **CuraLymph Compression products** provide optimal patient care. Medical compression supports lymphatic drainage by increasing interstitial pressure. This is ideal where lymphoedema has developed in the thoracic wall and/or chest. External pressure, in combination with movement of the thoracic area, has a positive effect on reducing the protein-rich lymph, as this pressure activates the lymphatic system.<sup>1</sup>

<sup>1</sup> cf. Hansdorfer-Korzon et al., Relevance of low-pressure compression corsets in physiotherapeutic treatment of patients after mastectomy and lymphadenectomy, Patient Preference and Adherence 2016:10 1177-1187

# CURALYMPH COMFORT

Sizing charts see page 97.

## Lymph care concept

The Amoena Lymph care concept is ideal for patients after breast cancer therapy with mild lymphatic disease in the thoracic and/or chest area. The CuraLymph Comfort Products are designed to prevent blocking of lymphatic drainage, which can be caused by pressure peaks or constrictions. Together with the Adapt Air or our lightweight breast forms, these products are suitable for patients with mild lymphoedema.

## Movement for wellbeing

After breast cancer therapy, especially if edematization occurs due to radiotherapy or lymph node removal, it is crucial to keep on moving. The right amount of exercise is essential – not too little and not too much. Exercise not only stimulates the circulation but also promotes lymphatic drainage.

Products with a light shaping effect and padded, wide straps are ideal for activities.




## Colours








## Features

- Wide shoulder straps for a high level of comfort and relief of shoulders, avoids cutting into the skin and does not impede lymphatic drainage.
- Higher cut sides and back for more support and therefore a higher level of comfort
- Integrated pockets to hold breast forms and shapers in place, concealing unevenness



Product name   Price category	Sizes   Item No.   Colour	Features   Material
<p><b>LIANE</b> Top <b>advanced</b></p> 	<p>S, M, L, XL, 2XL, 3XL</p> <p>  <b>44812</b> sand/light sand                      <b>44934</b> black <b>NEW</b> </p>	<ul style="list-style-type: none"> <li>• High level of comfort for women with mild lymphoedema</li> <li>• Light massage effect and microcirculation</li> <li>• Ideal for physical activities and to wear at night</li> </ul> <p>56% Polyamide 36% Polyester 8% Elastane</p>

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<p><b>NEW</b></p> <p><b>LIANE</b> Leggings <b>advanced</b></p> 	<p>S, M, L, XL, 2XL, 3XL</p> <p>  <b>44935</b> black/grey                     </p>	<ul style="list-style-type: none"> <li>• Light compression leggings in ankle length</li> <li>• Wide knitted waistband</li> <li>• Ideal for physical activities in combination with Liane Top</li> </ul> <p>56% Polyamide 36% Polyester 8% Elastane</p>
<p><b>LINDA</b> Soft Bra <b>premium</b></p> 	<p>S, M, L, XL, 2XL, 3XL</p> <p>4 rows: S, M, L, XL, 2XL, 3XL</p> <p>  <b>44811</b> sand                      <b>44936</b> black <b>NEW</b> </p>	<ul style="list-style-type: none"> <li>• Innovative bonding technology: Flat seams prevent cutting into the skin, lymphatic drainage is being supported</li> <li>• Innovative SensElast® – technology on the side panels: maintain a light massage effect in combination with movement and microcirculation</li> <li>• High back closure: Good coverage, thus increased comfort</li> </ul> <p>67% Polyamide 33% Elastane</p>

## IMPORTANT TO KNOW!



SensElast® - technology is an innovative 3D technology that joins materials together without seams. A wide range of effects can be achieved, from seamless finishes to textured surfaces.

# CURALYMPH COMPRESSION

Sizing charts  
see page 100.

## Compression therapy in lymphoedema care

Our CuraLymph Compression products complement our existing portfolio to provide optimal patient care. Medical compression supports lymphatic drainage by increasing interstitial pressure. This is ideal where lymphoedema has developed in the thoracic wall and/or chest. External pressure, in combination with movement of the thoracic area, has a positive effect on reducing the protein-rich lymph, as this pressure activates the lymphatic system.

Compression therapy is usually a long-term treatment and requires appropriate products, which are used by the patient if there is a medical indication, as advised by their medical team.



Our model, Barbara, has had breast cancer surgery







## Colours



## Features

- Wide, adjustable straps for a high level of comfort and support
- Medically effective pressure (medical compression class 1)
- High coverage
- Textured material on skin provides a light massaging effect and microcirculation



## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<b>LYMPH FLOW LONG</b> Soft Bra Front Closure advanced 	S, M, L, XL, 2XL   44813   white  44815   black	<ul style="list-style-type: none"> <li>• Medically effective pressure (medical compression class 1)</li> <li>• High level of comfort for women with mild lymphoedema</li> <li>• Light massage effect and microcirculation</li> <li>• Ideal for physical activities and to wear during the night</li> </ul> 89% Polyamide 11% Elastane
<b>LYMPH FLOW</b> Soft Bra Front Closure advanced 	S, M, L, XL, 2XL, 3XL   44814   white  44816   black	<ul style="list-style-type: none"> <li>• Medically effective pressure (medical compression class 1)</li> <li>• Innovative bonding technology</li> <li>• Flat seams prevent cutting into the skin, lymphatic drainage is supported</li> <li>• Innovative SensElast® – technology on the side panels: Maintain a light massage effect in combination with movement and microcirculation</li> <li>• High padded back closure: Good coverage, thus increased comfort</li> </ul> 50% Polyamide 38% Silicone, 11% Elastane, 1% Polypropylene

## EXPERT TIP:

**Lymph Flow SB FC** is ideal for breast oedema, or if increased compression is required. Through daily wear and washing, the material adapts to the body.



**Lymph Flow Long SB FC** has high-functioning concealment, which is most suitable for oedema on the thoracic wall and/or dorsal, proximal or axillary emphasized oedema.

Product name   Price category	Sizes   Item No.   Colour	Features   Material
<p><b>LYMPH FLOW</b> Pressure Pad <b>basic</b></p> 	<p>one size – 100 x 110 mm</p> <p>020   clear</p>	<ul style="list-style-type: none"> <li>• Silicone pad, rectangular (medical grade silicone, biocompatibility tested according to ISO 10993)</li> <li>• Ideal as an insert into the garment to increase pressure when required, to support localised oedema therapy</li> <li>• Textured surface encourages a light massage effect and supports the loosening of fibrous tissue, as well as a light massage of the scars</li> <li>• Washable and reusable – easy to clean for daily use</li> </ul> <p>90% Polydimethylsiloxane 10% TPU</p>
<p><b>NEW</b> <b>LYMPH FLOW</b> Breast Shell <b>advanced</b></p> 	<p>one size</p> <p>030   clear</p>	<ul style="list-style-type: none"> <li>• Silicone breast shell (medical grade silicone, biocompatibility tested according to ISO 10993) ideal as an insert in the compression textile, increasing pressure and supporting oedema therapy for oedema specifically localised in the breast area</li> <li>• Structured surface: the structure on the skin side provides a massaging effect and stimulates microcirculation, thereby supporting the loosening of fibrotic tissue and a light scar massage</li> <li>• Washable and reusable for daily use</li> </ul> <p>100% Polydimethylsiloxan, 100% medical silicone (Biocompatibility tested according to ISO 10993)</p>

Product colours may vary slightly from those shown in the photos.

# CURALYMPH SWIMWEAR

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material   Shaping Level
<p><b>LAGOS</b> Tankini <b>premium</b></p> 	<p>34–52 B, C, D, DD</p> <p>71666   black/multi</p>	<ul style="list-style-type: none"> <li>• Tight fit and use of shaping material provides a slight shaping effect and is ideal for large sizes</li> <li>• High neckline hides scarring</li> <li>• High back and wide straps for additional comfort and to relieve the shoulders, to avoid cutting in and therefore not to hinder the lymphatic flow</li> <li>• Ideal for larger sizes</li> </ul> <p>68% Polyamide 32% Elastane</p>
<p><b>LAGOS</b> Swim Bermuda <b>premium</b></p> 	<p>10–28</p> <p>71667   black</p>	<ul style="list-style-type: none"> <li>• Classic black can be worn with many other tops in the collection</li> <li>• Use of shaping material provides a slight shaping effect and is ideal for large sizes</li> <li>• Bermuda length for maximum coverage</li> <li>• Seamless finish at the leg hem to avoid cutting in and therefore does not impede lymphatic drainage</li> </ul> <p>68% Polyamide 32% Elastane</p>

Product colours may vary slightly from those shown in the photos.

### EXPERT TIP:

Exercise is very important to help prevent and/or relieve lymphoedema. Swimming is particularly helpful – the pressure of the water and the movement stimulate lymphatic drainage.

# RECOVERY CARE MEASURING TIPS

## CuraSupport Comfort

For more measuring tips, see page 96.

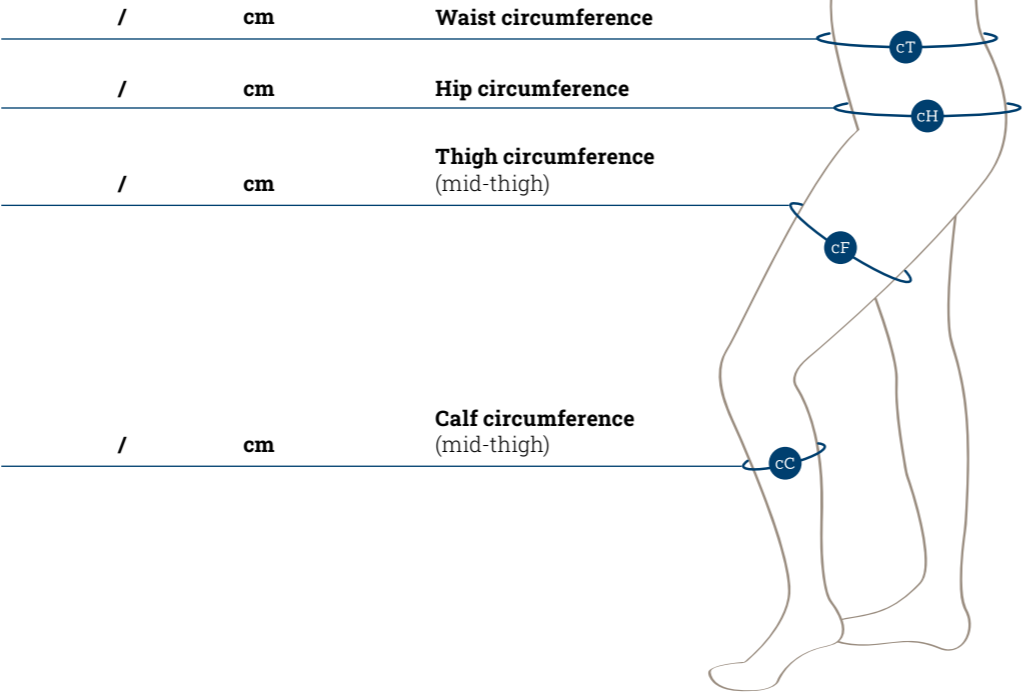
## CuraSupport Compression

The underbust measurement is the only thing required to determine which size is required for our compression bras. There is no need to measure the chest circumference with our universal cup sizes, which can be individually adapted to the size required thanks to the flexible material.

## CuraScar Garments

- Ask the patient to undress. She can keep her underwear on if it makes her more comfortable.
- Ask the patient to stand up straight, avoid tensing her stomach, and breathe normally.
- Make sure the measuring tape is in a horizontal position. The tape must not twist or slip.
- When measuring, make sure the measuring tape isn't too tight or too loose against the skin.
- Write down all the measurements you have taken directly onto the dimension sheet and measure again.
- The measuring sheet is available from Amoena upon request.

Left/right leg



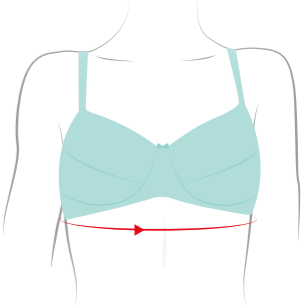
# RECOVERY CARE SIZING CHART

## CuraSupport Comfort

For sizing, see page 97 (lingerie sizing chart)

## CuraSupport Compression (seamless)

Size	[cm   Inches]
	Underbust circumference
28/30	58 – 67   23 – 26.5
32/34	68 – 77   27 – 30.5
36/38	78 – 87   31 – 34
40/42	88 – 97   34.5 – 38
44/46	98 – 107   38.5 – 42
48/50	108 – 117   42.5 – 46
52/54	118 – 127   46.5 – 50
56/58	128 – 137   50.5 – 54

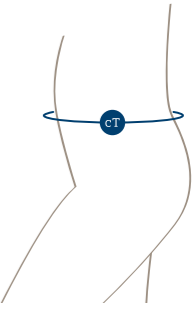


## CuraScar Garments

### Belly bandage 3-VE

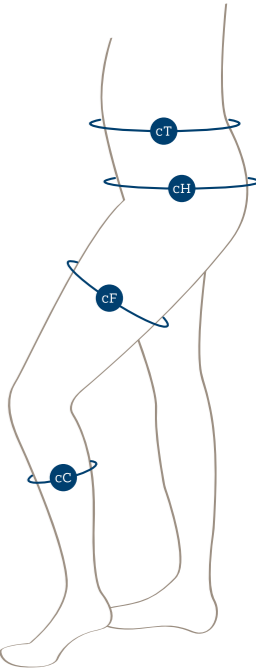
Size	[cm   Inches]
	cT
S/M	63–76   24.5–30
L/XL	77–94   30.5–37
2XL/3XL	95–112   37.5–44

Height compression bandage: 24 cm | 9.5 inches



### Briefs 2-ZIP-BO

Size	[cm   Inches]	
	cT	cH
XS	61–66   24–26	86–91   34–36
S	66–71   26–28	91–97   36–38
M	71–76   28–30	97–102   38–40
L	76–81   30–32	102–107   40–42
XL	81–89   32–35	107–114   42–45
2XL	89–99   35–39	114–124   45–49



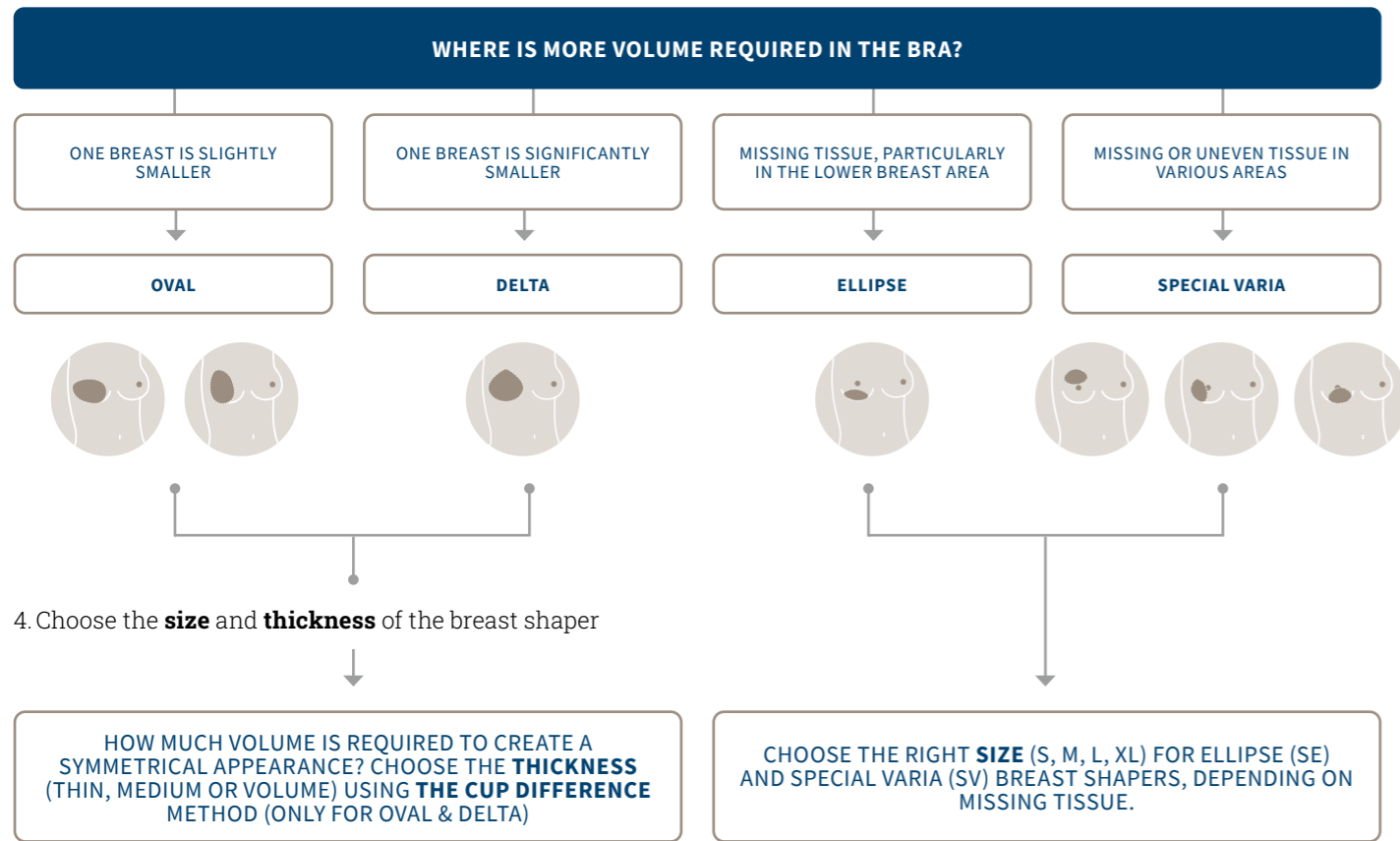
### Bermuda 2-ZIP-BO long

Size	[cm   Inches]			
	cT	cH	cF	cC
XS	61–66   24–26	86–91   34–36	48–51   18.5–20	26–29   10.5–11.5
S	66–71   26–28	91–97   36–38	51–54   20–21.5	29–32   11.5–12.5
M	71–76   28–30	97–102   38–40	54–57   21.5–22.5	32–35   12.5–13.5
L	76–81   30–32	102–107   40–42	57–60   22.5–23.5	35–38   13.5–15
XL	81–89   32–35	107–114   42–45	60–65   23.5–25.5	38–41   15–16.5
2XL	89–99   35–39	114–124   45–49	65–70   25.5–27.5	41–44   16.5–17.5

# BALANCE – SHAPERS SIZING

## Find the perfect breast shaper in 4 steps

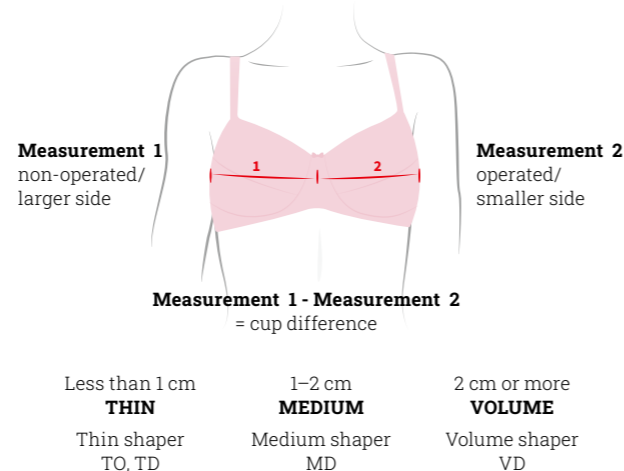
1. First, find **the right sized bra** for your patient (see the fitting guide on page 96).
2. Ask about your **patient's specific requirements** to determine which product range you need (see care concepts on page 29).
3. Determine which **shape** your patient needs (Oval, Delta, Ellipse or Special Varia).



### CROSS CUP DIFFERENCE METHOD (CCD)

The cup is measured in centimetres from the centre front of the bra (breastbone) to the side seam.

1. Measure the fullest part of the cup on the non-operated / larger side (measurement 1)
2. Measure the fullest part of the cup on the operated / smaller side (measurement 2)
3. Subtract measurement 2 (operated / smaller side) from measurement 1 (non-operated / larger side)
4. The result is the cup difference (CD), which will help you to determine the thickness you need (thin, medium, or volume)



# BALANCE – SHAPER SIZING CHART

## Find the right size for breast shapers:

Cup size	Underbust measurement											
AA	32	34	36	38	40	42	44	46	48	50	52	
A	30	32	34	36	38	40	42	44	46	48	50	52
B		30	32	34	36	38	40	42	44	46	48	50
C			30	32	34	36	38	40	42	44	46	48
D				30	32	34	36	38	40	42	44	46
DD					30	32	34	36	38	40	42	44
E						30	32	34	36	38	40	42
F									34	36	38	40
Shaper Delta	1	2	3	4	5	6	7	8	9	10	11	12
Shaper Oval, Ellipse, Varia	S			M			L			XL		
Balance Aqua Wave	1/2		3/4		5/6		7/8		9/10		11/12	

Cup difference method	Shape	Shaper size												
CD < 1 cm <b>Thin shaper</b>	Oval	S			M			L			XL			
	Delta	1	2	3	4	5	6	7	8	9	10			
CD 1–2 cm <b>Medium shaper</b>	Delta		2	3	4	5	6	7	8	9	10	11	12	
CD ≥ 2 cm <b>Volume shaper</b>	Delta	3/4			5/6			7/8			9/10		11/12	

The CD method cannot be used for Ellipse and Varia shapers.

## Balance Premium FIT KIT 245

Our Premium Fit Kit includes 15 breast shapers in different sizes and thicknesses to help you find the right breast shaper for your patient and keep your stocks to a minimum.

Item no.	Product name	Sizes
227	Balance Natura TO	M, L
217	Balance Natura TD	3, 5
220	Balance Natura MD	4, 8
231	Balance Natura SE	M, L
285	Balance Natura SV	S
221	Balance Natura Light VD	5/6, 9/10
230	Balance Contact VD	7/8
286	Balance Contact SV	L
233	Balance Adapt Air MD	6
234	Balance Adapt Air SV	M

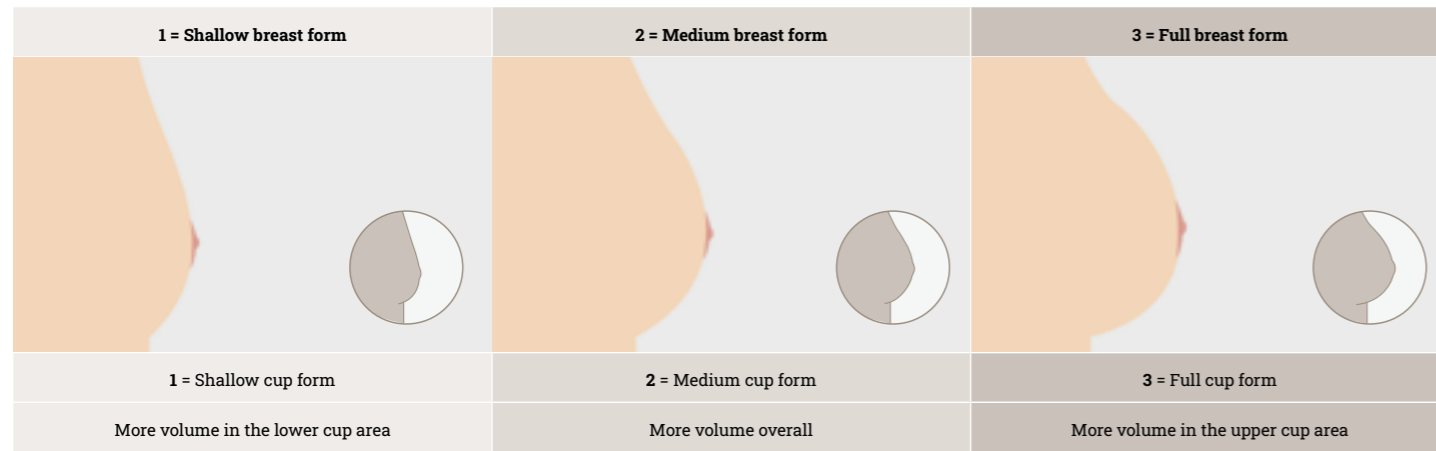
Includes Adapt Air Pump, use and care instructions, and overview of the whole Balance range



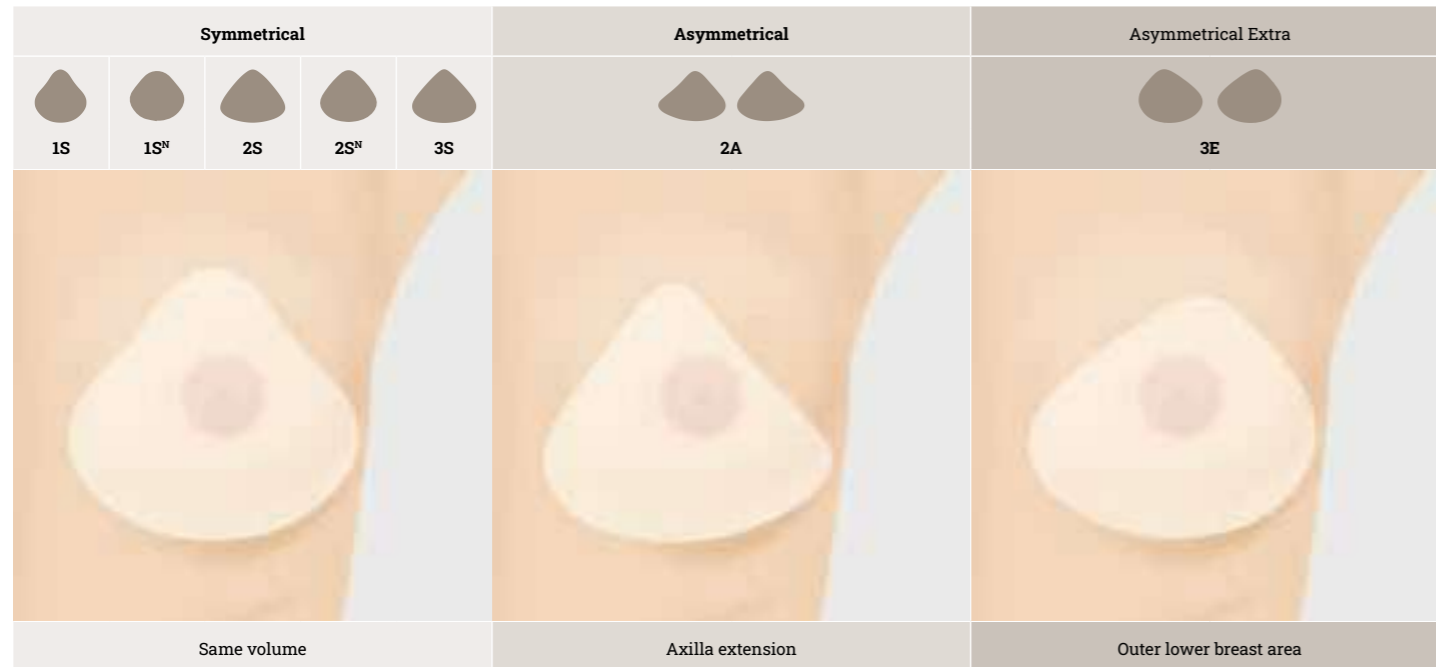
# BREAST FORMS – SIZING

## Find the perfect breast form in 4 steps

1. First, find **the right sized bra** for your patient (see the fitting guide on page 96).
2. Ask about your **patient's specific requirements** to determine which product range you need (see care concepts on page 29).
3. Determine the **cup form** required for the bra (**1 = shallow, 2 = medium, 3 = volume**)  
Cup form refers to the shape of the breast or cup size in the bra.



4. Determine the breast form shape (**S = Symmetrical, A = Asymmetrical, E = Asymmetrical Extra**)



# BREAST FORMS – SIZING CHART

This table helps you find the **right breast form size** based on **bra size**. Try out the breast form with a T-shirt to find out whether you've found the right fit.

**Example:** If the patient's bra size is 42 C, this corresponds to a size 9 breast form

Cup size	Underbust measurement																		
	30	32	34	36	38	40	42	44	46	48	50	52							
AA																			
A	28	30	32	34	36	38	40	42	44	46	48	50	52						
B			30	32	34	36	38	40	42	44	46	48	50	52					
<b>C</b>				30	32	34	36	38	40	<b>42</b>	44	46	48	50	52				
D					30	32	34	36	38	40	42	44	46	48	50	52			
E						30	32	34	36	38	40	42	44	46	48	50	52		
F							30	32	34	36	38	40	42	44	46	48	50	52	
G											34	36	38	40	42	44	46	48	50
Overview of sizes																			
	0	1	2	3	4	5	6	7	8	<b>9</b>	10	11	12	13	14	15 <sup>2</sup>	16 <sup>2</sup>	17 <sup>2</sup>	
Priform sizes																			
		1/2	3/4	5/6	7/8	9/10	11/12	13/14											

Sizing chart also applies to the Aqua Wave Swimform.

# LINGERIE AND SWIMWEAR FITTING GUIDE

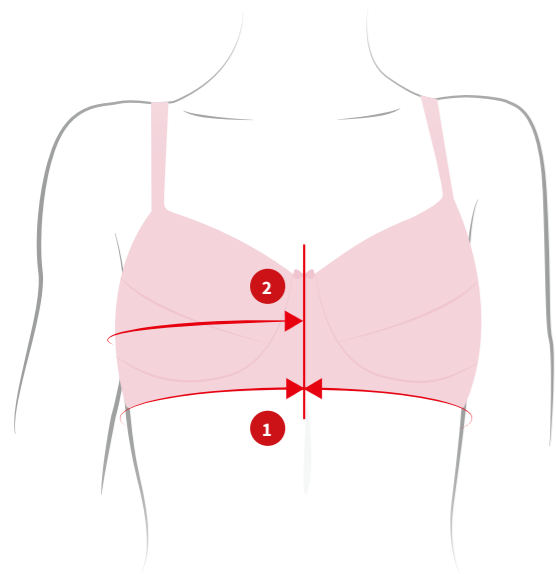
The following pages outline all the necessary steps that will enable you to provide optimal care for your patients.

## Finding the perfect bra

**Get the perfect fit in 3 easy steps. Here's how to determine the right bra size for your patient**

1. Underbust measurement: measure the circumference around the underbust band while the patient is still wearing her bra.
2. Half overbust measurement: Measure from the middle of the chest (sternum) over the fullest part of the remaining or non-operated breast to the centre of the spine. Multiply this measurement by 2 to determine the cup size.
3. Find the bra size required using the sizing chart.

These instructions are intended as guidelines only. You may need to choose a slightly different size for the perfect fit.



## Example:

An alternative size for a 34 B would be a 32 C or an 36 A. When trying a bra on, close the bra using the middle hooks.

SIZE YOU TRIED	Your cup fits perfectly but the <b>band is tight</b>	Your cup fits perfectly but the <b>band is loose</b>
	<b>Solution:</b> Go up a band size down a cup size	<b>Solution:</b> Go down a band size and up a cup size
34 A	36 AA	32 B
34 B	36 A	32 C
36 B	38 A	34 C
38 B	40 A	36 C
40 B	42 A	38 C
32 C	34 B	30 D
34 C	36 B	32 D
36 C	38 B	34 D
38 C	40 B	36 D
40 C	42 B	38 D
36 D	38 C	34 DD
38 D	40 C	36 DD
40 D	42 C	38 DD
36 DD	38 D	34 E
38 DD	40 D	36 E

# LINGERIE AND SWIMWEAR SIZING CHART

## Measurement based on body height: 5-5'6"

Underbust measurement in inches	25-26	27-28	29-30	31-32	33-35	36-38	39-41	42-44	45-46	47-49	50-52	53-55
<b>1</b>	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
Band Size	30	32	34	36	38	40	42	44	46	48	50	52

## Overbust measurement in inches results in the corresponding cup size

<b>AA</b>	29-30	31-32	33-34	35-36	37-38	39-40	41-42	43-44	45-46	47-48	49-50	51-52
<b>A</b>	30-31	32-33	34-35	36-37	38-39	40-41	42-43	44-45	46-47	48-49	50-51	52-53
<b>B</b>	31-32	33-34	35-36	37-38	39-40	41-42	43-44	45-46	47-48	49-50	51-52	53-54
<b>C</b>	32-33	34-35	36-37	38-39	40-41	42-43	44-45	46-47	48-49	50-51	52-53	54-55
<b>D</b>	33-34	35-36	37-38	39-40	41-42	43-44	45-46	47-48	49-50	51-52	53-54	55-56
<b>DD</b>	34-35	36-37	38-39	40-41	42-43	44-45	46-47	48-49	50-51	52-53	54-55	56-57
<b>E</b>	35-36	37-38	39-40	41-42	43-44	45-46	47-48	49-50	51-52	53-54	55-56	57-58
<b>F</b>	36-37	38-39	40-41	42-43	44-45	46-47	48-49	50-51	52-53	54-55	56-57	58-59

**2**

Briefs, swimwear, and tops	6	8	10	12	14	16	18	20	22	24	26	28
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Waist measurement in inches	23-24	25-26	27-28	29-30	31-32	33-34	35-36	37-38	39-40	41-42	43-44	45-46
-----------------------------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

Hip measurement in inches	34½-36	36-37½	37½-39	39-41	41-42½	42½-44	44-45½	45½-47	47-48½	48½-50	50-51½	51½-53
---------------------------	--------	--------	--------	-------	--------	--------	--------	--------	--------	--------	--------	--------

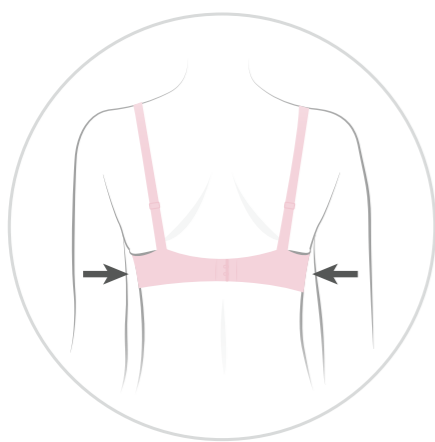
International dress size	XS	S	M	L	XL	2XL	3XL
--------------------------	----	---	---	---	----	-----	-----

## International dress size and corresponding cup size

<b>A</b>			S	S	M	M	L	L	XL	XL	2XL	2XL
<b>B</b>	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL
<b>C</b>	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL
<b>D</b>	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL	3XL

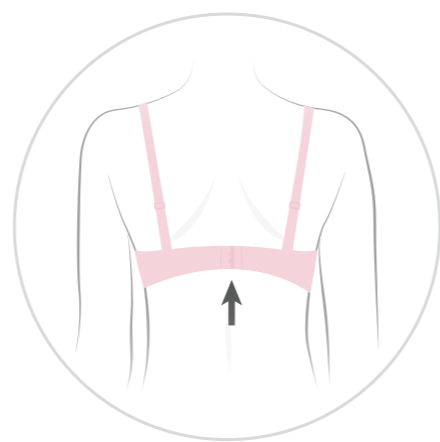
# LINGERIE AND SWIMWEAR

## PERFECT FIT – WHAT TO CONSIDER



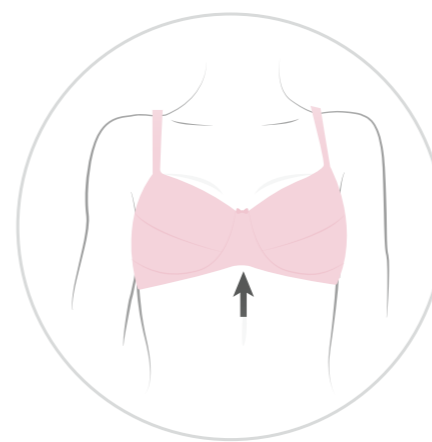
### Underbust band too tight

The underbust band feels too tight and uncomfortable. Try a larger underbust size or use an Amoena bra extender. Make sure the underbust fits properly: It should sit securely in place but still be comfortable and run in a straight horizontal line.



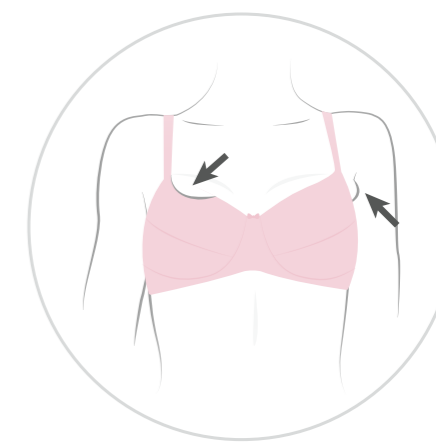
### Underbust band too loose

The underbust band is loose and slides up and down the patient's back. Choose a smaller underbust size. Make sure the underbust fits properly: It should sit securely in place but still be comfortable and run in a straight horizontal line.



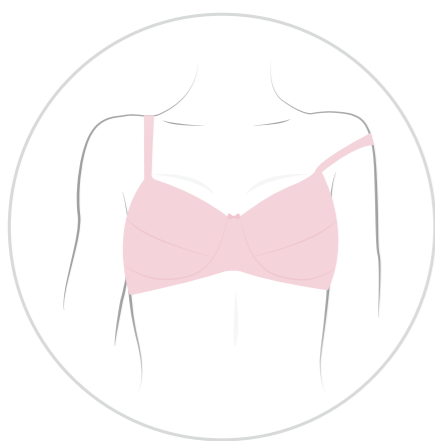
### Bra keeps sliding upwards

If the slightest movement causes the bra to slide up, this is a sign that the underbust band of the bra is too wide. Choose an underbust band one size smaller and a cup one size larger.



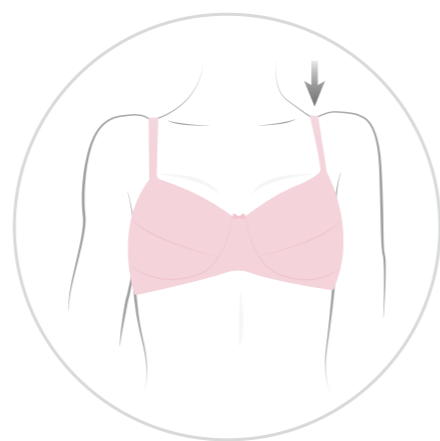
### Bra cup digs in

If the cup squeezes or presses the breast in certain places, this usually means the cup is too small. Choosing a larger cup size will usually solve this issue.



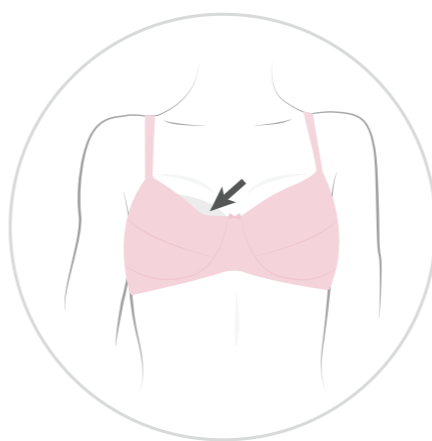
### Bra straps are slipping down

The straps on the bra slide off the patient's shoulders. Generally, tightening the straps slightly should solve this issue.



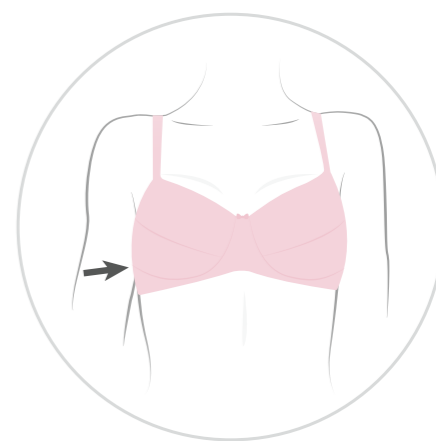
### Bra straps are digging in

In this case, the straps may need to be loosened slightly. Alternatively, if the patient has a larger underbust, a wider strap may be required. If this does not solve the issue, the underbust band may be causing the issue (see above).



### Bra cup protrudes

If tightening the bra straps doesn't make the gaps or folds in the cup disappear, try a smaller cup size.



### Bra underwiring digs in

For a perfect fit, the underwiring should follow the shape of the breast, gently enclosing it. The centre of the bra should sit close to the body. If the underwire digs in, the cup is probably too small. Choose a larger cup size and, if necessary, a smaller underbust.

# LYMPH CARE SIZING CHART

## CuraLymph Comfort

For sizing, see page 97 (lingerie sizing chart)

## CuraLymph Compression

	Cup	Measurements based on a body height of: 5'-5"6"											
Size	-	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL
Underbust measurement in inches	-	25-26	27-28	29-30	31-32	33-35	36-38	39-41	42-44	45-46	47-49	50-52	53-55
Underbust measurement	-	30	32	34	36	38	40	42	44	46	48	50	52
Overbust measurement in inches results in the corresponding cup size	A	30-31	32-33	34-35	36-37	38-39	40-41	42-43	44-45	46-47	48-49	50-51	52-53
	B	31-32	33-34	35-36	37-38	39-40	41-42	43-44	45-46	47-48	49-50	51-52	53-54
	C	32-33	34-35	36-37	38-39	40-41	42-43	44-45	46-47	48-49	50-51	52-53	54-55
International dress size	A	-	S (2)	S (3)	M (4)	M (5)	L (6)	L (7)	XL (8)	XL (9)	2XL (10)	2XL (11)	3XL (12)
	B	-	S (3)	S (4)	M (5)	M (6)	L (7)	L (8)	XL (9)	XL (10)	2XL (11)	2XL (12)	3XL (13)
	C	-	S (4)	M (5)	M (6)	L (7)	L (8)	XL (9)	XL (10)	2XL (11)	2XL (12)	3XL (13)	-



# ALWAYS HERE FOR YOU

Our friendly team is here to take care of you every step of the way.

When it comes to breast surgery aftercare, there's no such thing as one size fits all. That's why we're here to help you provide your patients with the right products to make their treatment a success. Optimal care for your patients is our priority. Together, we can help women regain their confidence after breast cancer.



## Our customer service department is here to:

- Answer any specific questions you have about our products
- Take orders, send samples and deal with enquiries
- Provide information regarding your order status, as well as shipment tracking details

### Available

- By telephone**
- Monday to Friday from 9am–4pm

- Via email**
- [ukenquiries@amoena.com](mailto:ukenquiries@amoena.com)

- Using our chat service**
- [b2b.amoena.co.uk](http://b2b.amoena.co.uk)

### Reliable

- Next-day delivery of orders placed before 12noon
- 48 hour delivery, subject to stock availability

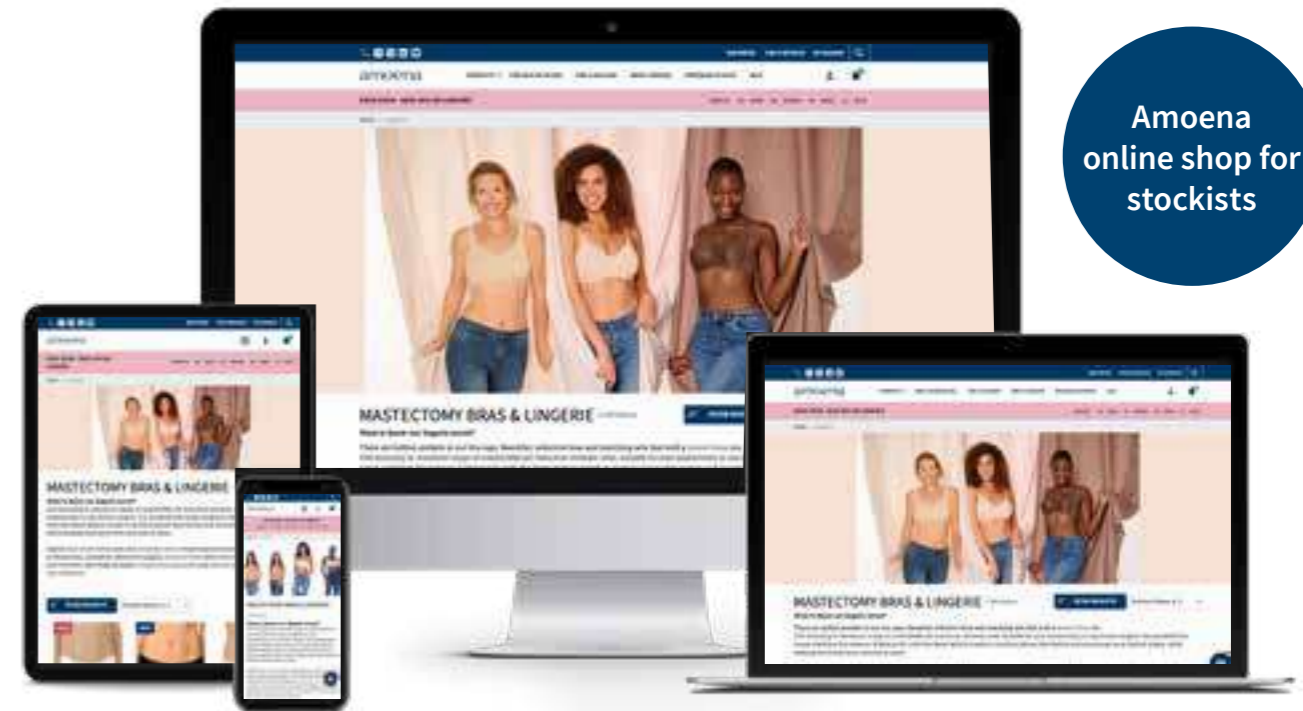
### Simple

- No minimum order requirement
- Order confirmation sent via email or EDI
- Invoices, credit notes and receipts sent via email or EDI

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- Product availability and delivery dates at a glance
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- Access to our SALE page featuring special offers
- Editable shopping cart
- Price list

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- Complaint forms
- DIN ISO certificates
- Terms and conditions

### Information and support

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- Access our latest catalogue
- Option to hide prices when advising patients
- Overview of product weights
- Instructions for use and care

## CONTACT US



By telephone  
0845 072 4024\*



By email  
[ukenquiries@amoena.com](mailto:ukenquiries@amoena.com)



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Amoena UK, 1 Eagle Close, Chandlers Ford, Eastleigh, Hampshire, SO53 4NF

\*Calls cost 1p to 12p per minute plus your telephone company's network access charge

## WHAT OUR CUSTOMERS HAVE TO SAY:

” User friendly portal. Reliable delivery, very good quality. Friendly and helpful customer service. Very happy. Thank you!

” Online shop easy to navigate!

” The whole process was very smooth. Filter function and options are excellent. Thank you.

# RESOURCES INFORMATION & SERVICES

Your time is precious, and our territory managers and fitting consultants are here to help address any fitting issues your patients may be experiencing. If you would like help at your fitting clinic, just call our territory manager to arrange an appointment. Alternatively, we also provide a range of fitting and training services:

## Premium Fitting Service

Designed to save you time and money, our premium breast form fitting service is a bespoke clinic designed and run for your hospital and your patients, exclusively by Amoena's expert fitting consultants. We create a clinic according to your specific needs and you can rely on our experts to deliver the highest standards of care. We also understand that patient choice is paramount and even with an exclusively run Amoena fitting clinic, you can be sure we will always fit the product that is most appropriate for your patient in each case.



## Trouble Shooting Clinic

In addition, our fitting consultants will be happy to run a one-off trouble-shooting clinic for you. Invite any patients along who have questions about Amoena products or have specific fitting issues.

# AMOENA ACADEMY TRAINING ONLINE OR IN PERSON

Amoena seminars are designed to provide you with the support you need to help you in your day-to-day work. Our workshops provide training on how to match our products with different surgery types, gain practical hands on fitting experience and master key fitting techniques. Amoena seminars give you the chance to update your fitting skills and meet with other breast care professionals either online or in informal relaxed surroundings. Delegates are awarded a certificate at the end of each seminar.

<b>Workshop 1</b> <b>Fitting post-surgery lingerie</b>	<b>Workshop 2</b> <b>Introduction to breast form fitting</b>	<b>Workshop 3</b> <b>Advanced fitting skills</b>
<p>Learn the most important basics for fitting post-surgery lingerie. Gain first-hand experience from breast-operated women and get all the practice you need to be able to measure and fit your patients. You'll also learn about the Amoena portfolio so that you can recommend the best product in any fitting situation.</p>	<p>This workshop offers a step-by-step introduction to breast form fitting, which is ideal for breast care nurses who are new to the post, as well as providing a refresher for more experienced fitters. You'll work with women who have undergone breast surgery as we demonstrate fitting techniques for different surgery types and look at some of the fitting situations you may encounter.</p>	<p>This workshop is aimed at more experienced fitters with focus on trouble-shooting and how to help patients with more intricate fitting requirements. You'll learn how breast forms are changing to accommodate the latest surgery techniques, how to fit women who have had partial or bilateral surgery, plus how to deal with more complicated fitting situations such as uneven scarring.</p>

## Amoena Online Academy

### Unable to travel?

Alongside our in-person training sessions, we also provide online courses with content delivered in a variety of media. These certified courses provide beginners with all the basics they need, and give advanced learners the materials they need for independent study.



In addition, we can also provide you with one-to-one training, just get in touch with us for more information.

You can find our most recent training catalogue and more details about our courses at:  
[www.amoena.com/uk-en/about-us/academy-registration](http://www.amoena.com/uk-en/about-us/academy-registration)



### WHAT OUR CLIENTS HAVE TO SAY ABOUT OUR TRAINING SESSIONS:

” I was impressed with this course! I'd be happy to take part in online sessions in the future. The training session didn't take up too much of my work day. *Christine T. (online course)*

” I was very pleased with the practical approach. I was also sent an exercise box to use for the duration of the course. This meant I could learn through doing. *Sybille Z. (online course)*

# INDEX – RECOVERY CARE

Article	P.	Item No.   Colour	Medical requirements/Features											Sizes	Price category	
			Easy handling with limited movement	Fixation and support	Postoperative oedema	Front Closure	Wider straps relieve the shoulders	Seamless knit technology	Ready for clinical use	Adhesive technology/ flat seams	Supports scar healing	No pockets	Integrated pockets			High cotton content
Clara Soft Bra Front Closure	26	44743   blush	✓			✓	✓	✓					✓		S-2XL	Basic
Fleur Soft Bra Front Closure	26	44672   white; 44671   sand; 44853   black	✓			✓	✓						✓	✓	XS-2XL; Cups: A/B-DD/E	Basic
Frances Soft Bra Front Closure	26	2128   white; 2128   sand; 2128   black	✓			✓	✓						✓	✓	XS-2XL; Cups: A/B-DD/E	Basic
Priform	27	214   nude												✓	1/2-13/14	Basic
Removable drain pouch	27	2107   white												✓	S (ca. 15x18 cm); L (ca. 20x20 cm)	Basic
Sandra Soft Bra Front Closure	27	0622   white	✓			✓							✓		S-4XL	Basic
Anchors	23	013   clear												✓	Measurements: 230 x 145 mm	Advanced
Bermuda*	21	45002   nude; 45003   black		✓	✓	✓					✓	✓			XS-2XL	Premium
Compression belt	18	0776N   white; 45043   rose nude; 0789N   black		✓		✓									30-54	Advanced
Emilia Soft Bra Front Closure	25	45013   white; 45012   blush; 45014   black	✓			✓		✓					✓		32/34-52/54 Cups: Universal	Advanced
Hannah Soft Bra Front Closure	25	2160   white	✓			✓							✓	✓	XS-XL; Cups: A/B; C/D	Advanced
Mammilla Circles	23	012   clear											✓		Measurements: Ø interior: 20 mm; Ø outer: 75 mm	Advanced
Michelle Camisole	25	2105   white	✓				✓						✓	✓	S-2XL	Advanced
Sarah Soft Bra Front Closure	19	0778   white; 0779   black	✓	✓	✓	✓	✓						✓	✓	34-46 A-E	Advanced
Squares	23	011   clear											✓		Measurements: 260 x 100 mm	Advanced
Strips	23	010 (1) clear   010 (4) clear											✓		Measurements: 260 x 35 mm	Advanced
Theraport	19	2161   white	✓	✓	✓	✓	✓	✓					✓	✓	S-2XL	Advanced
Anatomic Compression belt	18	45044   white; 45046   rose nude; 45045   black		✓		✓									30-54	Premium
Belly Bandage	21	45004   nude; 45005   black		✓	✓	✓							✓		S/M-2XL/3XL	Premium
Leyla Soft Bra Front Closure	17	44605   white; 44604   rose nude; 44606   black	✓	✓	✓	✓	✓	✓	✓				✓		28/30-56/58; Cup: Universal	Premium
Pamela	17	45010   white; 45009   rose nude; 45011   black	✓	✓	✓	✓	✓	✓	✓				✓		28/30-56/58; Cup: Universal	Premium
Panty*	21	45000   nude; 45001   black		✓	✓	✓									XS-2XL	Premium
Priform	27	216   nude												✓	1/2-13/14	Premium
Sina	17	45007   white; 45006   rose nude; 45008   black	✓	✓	✓	✓	✓	✓	✓				✓		28/30-56/58; Cup: Universal	Premium

\*while stocks last

# INDEX – BREAST FORMS

Product line		Weight	1 = Shallow breast form		2 = Medium breast form		3 = Full breast form	
			Symmetrical		Symmetrical	Asymmetrical	Symmetrical	Asymmetrical Extra
			1S	1S <sup>N</sup>	2S	2S <sup>N</sup>	2A	3S
premium	<b>CUSTOM</b> Custom-made breast form	<b>Xtra Light -40% Light -25%, Standard</b>	<b>Individual fit:</b> The footprint, back and cup form are precisely and specially created to your patient's body.		<b>Other product features available depending on indication:</b> <ul style="list-style-type: none"> <li>• Weight option</li> <li>• Temperature-equalising (Comfort+)</li> <li>• Contact self-adhesive back</li> <li>• Individually adjustable back (AirChamber technology)</li> </ul>			
	<b>ADAPT AIR</b>	<b>-40% Extra light</b>	328   Adapt Air Xtra Light 1S <sup>N</sup> Sizes: 1-14		326   Adapt Air Xtra Light 2S <sup>N</sup> Sizes: 1-14 Tawny 1-14 (on request)	-	-	-
		<b>-25% Light</b>	329   Adapt Air Light 1S <sup>N</sup> Sizes: 1-14		327   Adapt Air Light 2S <sup>N</sup> Sizes: 1-14	-	-	-
	<b>CONTACT</b>	<b>-25% Light</b>	-		380   Contact Light 2S Sizes: 1-14	-	385   Contact Light 3S Sizes: 0-10	-
<b>Standard</b>		384   Contact 1S Sizes: 1-14		381   Contact 2S Sizes: 1-12	383   Contact 2A Sizes: 1-12 L/R	382   Contact 3S Sizes: 0-10 Tawny: 1-10	386   Contact 3E Sizes: 1-14 L/R Tawny 1-14 L/R (on request)	
advanced	<b>ENERGY</b>	<b>-25% Light</b>	-		342   Energy Light 2S Sizes: 1-14 Tawny 1-14 (on request)	-	-	-
		<b>-20% weight-reduced</b>	-		310   Energy Cosmetic 2S Sizes: 1-14	-	311   Energy Cosmetic 3S Sizes: 1-12	-
		<b>Standard</b>	349   Energy 1S Sizes: 1-12		-	-	-	-
	<b>NATURA</b>	<b>-40% Extra light</b>	401   Natura Xtra Light 1S <sup>N</sup> Sizes: 1-14		400   Natura Xtra Light 2S <sup>N</sup> Sizes: 1-17 Tawny 1-17	-	-	-
		<b>-25% Light</b>	664   Natura Light 1S Sizes: 1-14	402   Natura Light 1S <sup>N</sup> Sizes: 1-14	390   Natura Light 2S Sizes: 1-17 Tawny 1-17	392   Natura Light 2A Sizes: 0-14 L/R	391   Natura Light 3S Sizes: 0-12	-
		<b>-20% weight-reduced</b>	-		320   Natura Cosmetic 2S Sizes: 1-14 323   Natura Cosmetic 2S <sup>N</sup> Sizes: 1-14	-	321   Natura Cosmetic 3S Sizes: 1-12	322   Natura Cosmetic 3E Sizes: 1-14L/R
		<b>Standard</b>	396   Natura 1S Sizes: 1-14		398   Natura 2S Sizes: 1-10	393   Natura 2A Sizes: 0-12 L/R	395   Natura 3S Sizes: 0-12	397   Natura 3E Sizes: 1-14 L/R
	basic	<b>ESSENTIAL</b>	<b>-25% Light</b>	314   Essential Light 1S <sup>N</sup> Sizes: 1-14		442   Essential Light 2S Sizes: 1-17 Tawny 1-17	-	-
<b>Standard</b>			630   Essential 1S Sizes: 1-12		-	-	363   Essential 3S Sizes: 0-12	-
<b>ADDITIONAL SHAPERS</b>		149   Aqua Wave Sizes: 1 - 14	216   Priform Sizes: 1/2 - 13/14	214   Priform Sizes: 1/2 - 13/14				

# INDEX – BREAST SHAPERS

Thickness		Thin		Medium	Volumen	Special	
Cup difference		< 1 cm		1 - 2 cm	≥ 2 cm		
Shape		Oval	Delta	Delta	Delta	Ellipse	Varia
premium	<b>BALANCE ADAPT AIR</b>	-	-	<b>233   Balance Adapt Air MD</b> Sizes: 2-12	-	-	<b>234   Balance Adapt Air SV</b> Sizes: S-XL
	<b>BALANCE CONTACT</b>	-	-	<b>229   Balance Contact MD</b> Sizes: 2-12	<b>230   Balance Contact VD</b> Sizes: 3/4-9/10	-	<b>286   Balance Contact SV</b> Sizes: S-XL
advanced	<b>BALANCE NATURA</b>	-	-	-	<b>221   Balance Natura Light VD</b> Sizes: 3/4-11/12	-	-
		<b>227   Balance Natura TO</b> Sizes: S-XL	<b>217   Balance Natura TD</b> Sizes: 1-10	<b>220   Balance Natura MD</b> Sizes: 2-12	<b>222   Balance Natura VD</b> Sizes: 3/4-9/10	<b>231   Balance Natura SE</b> Sizes: S-XL	<b>285   Balance Natura SV</b> Sizes: S-XL
basic	<b>BALANCE ESSENTIAL</b>	-	-	-	<b>224   Balance Essential Light VD</b> Sizes: 3/4-11/12 Sizes Tawny: 3/4-11/12	-	-
		<b>228   Balance Essential TO</b> Sizes: S-XL	<b>218   Balance Essential TD</b> Sizes: 1-10	<b>223   Balance Essential MD</b> Sizes: 2-12 Sizes Tawny: 4-10	<b>225   Balance Essential VD</b> Sizes: 3/4-9/10	<b>232   Balance Essential SE</b> Sizes: S-XL	-
<b>ADDITIONAL SHAPERS</b>		<b>150   Balance Aqua Wave</b> Sizes: 1/2-11/12					

# INDEX – LINGERIE AND SWIMWEAR

# SIZE FINDER

available in over 70 different sizes

Article	Page	Product line	Features					Size							Price category	
			seamless Cups	padded Cups	removable cup	with Front Closure	high Cotton content	AA	A	B	C	D	DD	E		F
LINGERIE																
Amy Soft Bra	67	Seamless	✓					S, M, L, XL, 2XL							Basic	
Becky Soft Bra	68	Seamless	✓					S, M, L, XL, 2XL							Basic	
Eliza Soft Bra	68	Seamless	✓		✓			S, M, L, XL, 2XL							Basic	
Isabel Soft Bra	72	High Cut					✓	34-44	34-44	34-46	34-46	34-42	34-42			Basic
Kitty Soft Bra	68	Seamless	✓		✓			S, M, L, XL, 2XL							Basic	
Mara Soft Bra Padded	70	Seamless	✓	✓				32-46	32-46	32-46	32-46	32-46	32-44	32-44	34-42	Basic
Mara Soft Bra Padded Front Closure*	70	Seamless	✓	✓			✓	32-46	32-46	32-46	32-46	32-46	32-44	32-44	34-42	Basic
Nancy Soft Bra	63	Classic								32-44	34-52	34-52	34-50	34-50	34-50	Basic
Nancy Soft Bra Front Closure	63	Classic					✓			32-44	34-52	34-52	34-50	34-50	34-50	Basic
Rita Soft Bra	64	Classic							34-44	34-44	34-44	34-46	36-46			Basic
Ruth Soft Bra*	65	Classic						32-46	32-46	32-46	32-44	32-42	32-42	32-42		Basic
Tessa Soft Bra*	65	Classic	✓						32-46	32-46	32-46	32-46	32-46	34-46		Basic
Aylin Soft Bra	67	Seamless	✓					S, M, L, XL, 2XL							Advanced	
Barbara Wired Bra Padded	67	Seamless	✓	✓					32-40	32-40	32-40	32-38				Advanced
Camilla Soft Bra <b>NEW</b>	61	Elegant							34-42	34-42	34-42	34-42				Advanced
Camilla Soft Bra Padded <b>NEW</b>	61	Elegant		✓					34-42	34-42	34-42	34-42				Advanced
Camilla Wired Bra <b>NEW</b>	61	Elegant								34-42	34-42	34-42	34-42	34-42		Advanced
Ester Soft Bra Front Closure	75	Active					✓		32-44	32-44	32-44	32-44	36-42			Advanced
Gloria Soft Bra Front Closure	75	Active					✓	S, M, L, XL, 2XL							Advanced	
Isadora Soft Bra	62	Classic							34-50	34-50	34-50	34-50	34-50	34-44	34-44	Advanced
Jasmin Soft Bra	62	Classic						32-42	32-42	32-42	32-42					Advanced
Jenna Soft Bra <b>NEW</b>	62	Classic							34-46	34-46	34-46	34-46	34-46	34-46		Advanced
Jolie Soft Bra	75	Active	✓					32-42	32-42	32-42	32-42	32-42	32-42			Advanced
Kitty Top*	69	Seamless	✓		✓			S, M, L, XL, 2XL							Advanced	
Lara Soft Bra Padded	69	Seamless	✓	✓				32-44	32-44	32-44	32-44	32-44	32-44			Advanced
Lara Satin Soft Bra Padded	70	Seamless	✓	✓				32-44	32-44	32-44	32-44	32-44	32-44			Advanced
Mira Soft Bra	71	Seamless	✓					32-42	32-42	32-42	34-40	34-40	34-38			Advanced
Mona Soft Bra	71	Seamless	✓					32-42	32-42	32-42	34-40	34-40	34-38			Advanced
Nora Soft Bra*	64	Classic							36-46	36-46	36-46	36-46				Advanced
Tiana Soft Bra	71	Seamless	✓					32-46	32-46	32-46	32-46	32-46	32-46	32-46		Advanced
Alina Soft Bra	57	Elegant							34-42	34-42	34-42	34-42				Premium
Alina Soft Bra Padded	57	Elegant		✓					34-42	34-42	34-42	34-42				Premium
Alina Briefs	57	Elegant						10-18							Premium	
Karolina Soft Bra	58	Elegant							32-44	32-44	32-44	32-44	32-44			Premium
Karolina Soft Bra Padded	58	Elegant		✓				34-44	34-44	34-44	34-44	34-44				Premium
Karolina Wired Bra	58	Elegant							34-44	34-44	34-44	34-44	34-44			Premium
Karolina Briefs	58	Elegant						8-18							Premium	
Leslie Soft Bra	63	Classic	✓	✓					34-54	34-54	34-54	34-54	34-54	34-52	34-50	Premium

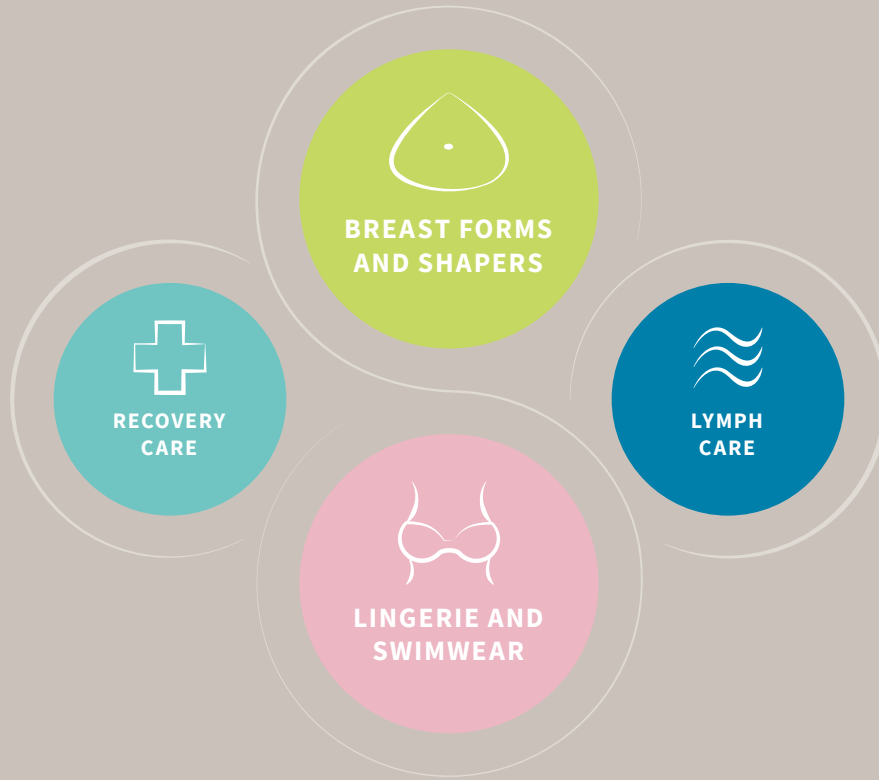
# INDEX – LINGERIE AND SWIMWEAR SIZE FINDER

available in over 70 different sizes

Article	Page	Product line	Sizes						Price category
			A	B	C	D	DD	E	
<b>WELLNESS</b>									
<b>Valletta Top</b>	77	Wellness	8-28						Advanced
<b>SWIMWEAR</b>									
<b>Manila One Piece High Neck</b>	79	Elegant		34-48	34-48	34-48			Advanced
<b>Manila Full Bodice</b>	79	Elegant		34-52	34-52	34-52	34-52		Advanced
<b>Manila Sarong</b>	80	Elegant		34-48	34-48	34-48			Advanced
<b>Manila Blouson</b>	80	Elegant		34-48	34-48	34-48			Advanced
<b>Manila Soft Bikini Top High Neck</b>	81	Elegant	32-42	32-42	32-42				Advanced
<b>Manila High Waisted Briefs</b>	81	Elegant	10-28						Advanced

# INDEX – LYMPH CARE

Article	P.	Item No.   Colour						Sizes	Price category
			Medical grade pressure	Massage effect	Front Closure	Wide straps to encourage lymph flow	Seamless knit technology		
<b>Lymph Pressure Pad</b>	88	020   clear		✓				one size	Basic
<b>Lymph Massage Shell</b>	88	030   clear		✓				one size	Advanced
<b>Liane Top</b>	84	44812   sand/light sand; 44934   black		✓		✓	✓	S-3XL	Advanced
<b>Lymph Flow Long Soft Bra Front Closure</b>	87	44813   white; 44815 black	✓		✓	✓	✓	S-2XL	Advanced
<b>Lymph Flow Soft Bra Front Closure</b>	87	44814   white; 44816 black	✓		✓	✓		S-3XL	Advanced
<b>Liane Leggings</b>	85	44935   black/grey		✓		✓		S-3XL	Advanced
<b>Lagos Tankini</b>	89	71666   black/multi				✓		34-52 B, C, D, DD	Premium
<b>Lagos Swim Bermuda</b>	89	71666   black						10-28	Premium
<b>Linda Soft Bra</b>	85	44811   sand; 44936   black		✓		✓		S-3XL	Premium



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Breast Care. Empowering women.

**Amoena UK**

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